



ASCENSION CATHOLIC PARISH

"Sharing the Spirit Together in Christ"

Mark 4:26-34 – "The Kingdom of God...is like a mustard seed."

What can mustard seeds teach us about the kingdom of God? The tiny mustard seed literally grew to be a tree which attracted numerous birds because they loved the little black mustard seed it produced. God's kingdom works in a similar fashion. It starts from the smallest beginnings in the hearts of men and women who are receptive to God's word. And it works unseen and causes a transformation from within. Just as a seed has no power to change itself until it is planted in the ground, so we cannot change our lives to be like God until God gives us the power of his Holy Spirit. The Lord of the Universe is ever ready to transform us by the power of his Spirit. Are you ready to let God change you by his life-giving Word and Spirit? The kingdom of God produces a transformation in those who receive the new life which Jesus Christ offers. When we yield to the Lord Jesus and allow his word to take root in us, our lives are transformed by the power of the Holy Spirit who dwells within us. Paul the Apostle says, "we have this treasure in earthen vessels, to show that the transcendent power belongs to God and not to us" (2 Corinthians 4:7). Do you believe in the transforming power of the Holy Spirit? **2018 Don Schwager** www.dailyscripture.net



MASS INTENTIONS:
June 16th – 22nd, 2018

Day	Date	Time	Intentions
Sat	June 16	5:00pm	Zaheer Chaudhri (+)
Sat	June 16	7:00pm	Kunjuvareed (+)
Sun	June 17	8:30am	SI of Dr. Zamarino Jaramillo
Sun	June 17	10:30am	Michael Sorbara (+)
Sun	June 17	12:30pm	SI of Francis & Ufuoma Okwuraiwe
Sun	June 17	5:00pm	SI of Marilyn & Edgar Paradis
Mon	June 18	9:00am	SI of Andrea Griffin
Tue	June 19	9:00am	Jose Rubiano (+)
Wed	June 20	9:00am	Eliza Ceniza Delanter (+)
Wed	June 20	6:30pm	SI of Andrea Griffin
Thur	June 21	9:00am	SI of Alvin, Emily & Family
Fri	June 22	9:00am	Nena GaCosta (+)

**WORSHIP AND ADORATION
FOR YOUTH & YOUNG ADULTS**

Youth and Young Adults at Ascension Parish are invited to an evening of rediscovering Jesus on **Friday, July 6th at 7:00 pm**. This will be a wonderful opportunity to encounter the Lord in the Blessed Sacrament and to receive the Sacrament of Reconciliation. Free food and fellowship to follow. Please extend this invitation to family and friends, especially those who haven't been to Church in a while. For more information, visit Ascension's Facebook page at facebook.com/ascensionparishcalgary

PARISH STAFF:

- **Pastor:** Fr. Avinash Colaco
- **Associates:**
Fr. Rodel Abanto
Fr. Anthony Pudota (weekends)
- **Secretary:** Nancy Mitchell
- **Receptionist:** Angelina Ling
- **Sacraments:** Monica Purnama
- **Baptisms:** Jennifer Pashula
- **Youth:** Vicki Hayles
- **Bookkeeper:** Nora Alzamora Torres
- **Custodian:** Jose Gil
- **Evening Staff:** David Cadegan
- **Volunteer Resource Coordinator:**
Sharron Robinson (Volunteer Position)

OFFICE HOURS:

Monday to Friday: 9:30am – 4:30pm
Lunch: 12:30pm – 1:00pm

MASS TIMES:

Weekday Masses:

Monday to Friday: 9:00am
Wednesday: 6:15pm (Mother of Perpetual Help Novena)

Weekend Masses:

Saturday: 5:00pm & 7:00pm
Sunday: 8:30am, 10:30am, 12:30pm & 5:00pm

Rosary:

Prayed daily in the Sanctuary

Monday to Friday: 8:30am
Saturday 4:30pm
Sunday 8:00am

Adoration of the Blessed Sacrament:

Fridays after Mass followed by Benediction at 10:00am

First Friday Adoration: Sacred Heart

Novena following 9:00am Mass and Benediction at 10:20am

Reconciliation:

½ hour before Weekday Masses (except Mondays)
Saturday 4:00pm to 4:45pm
Sunday 7:30am to 8:15am and by appointment

SACRAMENTS

Baptism: Baptisms are celebrated on the 2nd, 3rd & 4th **Saturdays** of each month at 10:00 am (except during Lent). Visit our website to download the registration form. Completed forms can be emailed or dropped off at the office and must include a copy of the child's Birth Certificate, one parent's Catholic Baptism Certificate & the Godparents' Catholic Baptism Certificates.

Baptism Preparation Class: Preparation classes take place on the 1st **Saturday** of each month at 10:00 am in the Sanctuary. Parents and Godparents are to attend the class at least 3 weeks prior to the Baptism Celebration.

First Holy Communion (Gr. 2 & up): Fall 2018

First Reconciliation (Gr. 2 & up): Fall 2018

Confirmation (Gr. 6 & up): Winter 2018

Marriage: By appointment, 6 months in advance

Marriage Preparation Class: 3rd **Saturday** of each month (Some exceptions apply; no summer classes). To register for a Saturday class, please email Ferdie: marriageprepatascension@gmail.com Registration fee is \$100 per couple and includes course materials, snacks and lunch.

RCIA: September to May (Tuesdays) - The Rite of Christian Initiation of Adults (RCIA) is a communal process of spiritual and educational formation for adults who seek to become full members of the Roman Catholic Church through a conversion of mind and heart. The process is open to all persons, regardless of religious background or philosophical persuasion, who genuinely seek, by God's grace, to live their lives in the distinctive Catholic Christian faith. For more information contact the Church office.

HELP BUILD OUR PARISH BUY A "SYMBOLIC" BRICK

Help build our Parish one brick at a time. By buying a 'symbolic' brick, you have a unique opportunity to leave a legacy for future generations of Ascension parishioners by helping to fund the renovation. Download the form from our website, purchase a brick for \$100 and drop the completed form in the collection basket or at the office. Our goal is to sell 200 bricks to raise \$20,000. All donations are tax deductible and will be added to your annual giving and receipted in early 2019.

MARIAN EUROPE PILGRIMAGE

Join the Marian Europe Pilgrimage tour under the Spiritual Guidance of **Fr. Anthony Pudota**, Judicial Vicar, Roman Catholic Diocese of Calgary. **This all-inclusive tour departs October 8, 2018.** 15 Days; 5 Countries. Visiting Rome, Vatican, Assisi, Padua, Turin, Barcelona, Lourdes, Fatima and Lisbon. **There is a planning meeting on Sunday, June 24th at 1:30 pm at Ascension Parish in Meeting Room #1 downstairs.** Contact Purple Orchid: Ernie Miranda at 587-777-1733 or Jaime Jimenez at 403-285-9499 or evening # 403-813-2097.

ABORIGINAL AWARENESS WEEK CALGARY JUNE 18-23

Calgary Opening Ceremonies – Giving Back to Community. June 18th at Olympic Plaza from 10:30 AM – 2:30 PM. For more information visit <https://www.aawc.ca>

Métis Kitchen Party at St. Mary's University - June 12th Celebrate Métis culture with fiddling, jigging, square dancing and lots of fun for the whole family. Light refreshments will be served. Visit <https://www.stmu.ca/event/metis-dance/>

A BIG THANK YOU COUPLES FOR CHRIST FUNDRAISER

Our Parish would like to extend a great big **THANK YOU** to the Couples For Christ Global - North A Cluster and all volunteers/service team of the Zumba Master Class Mother's Day Event held at Notre Dame High School Gym on May 12th. Their outstanding effort and dedication **raised a total amount of \$7,073.00 with 100% of the proceeds going towards our renovation!**

DAY RETREAT FOR WOMEN WITH SISTERS OF DIVINE MERCY

Theme: "Courage, my daughter, your faith has saved you. (Mt 9:22). Be renewed and inspired by the paradox of simplicity and the gift of faith. Date: **Saturday, August 11, 2018 from 10:30 AM to 4:00 PM** at the Divine Mercy Centre (15206 Township Road 262, Calgary, AB, T3P-1A7). For more information or to register, call Sr. Katrina at 587-755-1019 www.sistersofdivinemercury.org

RETRouvaille

CONSIDERING SEPARATION OR DIVORCE? – Some marriage counsellors suggest to married couples that they attend the Retrouvaille program as a last recourse prior to filing for divorce because they have heard about the success of the methods of communication taught in this program. The program begins on September 7-9, 2018. For confidential information call **403-879-7893**. To register for the program visit their website at www.helpourmarriagecalgary.com

"LOVE MORE" - A BENEFIT CONCERT FOR RETIRED PRIESTS & ANCOP

Couples for Christ invite you to a benefit concert: "LOVE MORE" on **Saturday, July 14th at 7:00 PM** at St. Thomas More Catholic Church (15 Templebow Road NE). The concert will feature Laurie Callao, Calgary's inspirational singer, who will be performing original compositions of CFC songwriter's winner, Carlos Perez. Proceeds of this event will go to the Housing for the Retired Priests of the Diocese of Calgary and ANCOP (Answering the Cry of the Poor), a registered non-profit Canadian Charitable organization. Tickets are \$20. For more information or to get tickets, contact Jacque Beltran at 403-796-5130.

FCJ PRIVATE RETREATS DIRECTED AND NON-DIRECTED

A private retreat provides time away in a peaceful place for anyone seeking solitude, rest, renewal and prayer. You may choose to experience a directed private retreat for which you have a trained Spiritual Director (additional fees apply) as a guide for your retreat. A Spiritual Director will help structure your quiet time with scriptures, prayer and spiritual practices that will deepen your retreat experience. On a non-directed retreat, you may use your time as you wish. The cost for a Daytime Retreat is \$35.00 (includes a private room, lunch and access to the FCJ Centre's grounds). For Overnight Retreat (24-hour) the cost is \$90.00 (includes meals). Group rates are also available. Advance reservations are required. To schedule a Private Retreat, please call (403) 228-4215 or email info@fcjcentre.ca. A minimum of three (3) days' advance notice is required. The FCJ Retreat Centre is located at 219 - 19th Avenue SW, Calgary. For details about our various retreat offerings, please visit www.FCJCentre.ca.



Roman Catholic Diocese of Calgary
Announcements from the Catholic Pastoral Centre for June 17th, 2018
Eleventh Sunday in Ordinary Time

HOST A YARD/GARAGE SALE FOR ELIZABETH HOUSE – Looking for available backyard and some helping hands! Please help Elizabeth House host their Spring Cleaning rummage sale, either at your parish or your backyard, sometime in August or September. All revenue from the backyard sale will be matched up to 50% by AltaLink's Birdies for Kids Grant with all proceeds going to Elizabeth House to help vulnerable mothers and their babies. To find out how you or your ministry can help, contact Michelle Haywood at 403-228-9723 | michelle.haywood@calgarydiocese.ca

28TH ANNUAL BISHOP'S GOLF TOURNAMENT – Golf with us on Monday, August 27, 2018 and help support our unsponsored dinners at Feed the Hungry. The tournament will be held at the Silvertip Resort, Canmore. For more information, contact Sartre at 403-218-5522 | ftfgolf@calgarydiocese.ca | golf.feedthehungrycalgary.ca

PRISON MINISTRY WORKSHOP – The next Prison Ministry Education Workshop will be held on August 14, 16 and 21 at 7 - 9 PM, at the Catholic Pastoral Centre (120 – 17 Ave SW, Calgary). The workshop is open to current volunteers or anyone interested in prison ministry. To register or for more information, please contact Marilou at 403-218-5519 | marilou.legeyt@calgarydiocese.ca

MIKE MACDONALD SHARES ABOUT MISSION MEXICO – Mike MacDonald (Mission Mexico representative) will be in Calgary soon and he will share with you about the mission works in La Montaña, on the good work that you are doing through the support you offer to Mission Mexico! He will be at Corpus Christi Parish on June 23 & 24. He will also be speaking at St. Bonaventure on Thursday, June 21 at 7 PM. For more information, contact Sr. Rita Kim at 403-218-5513.

SENIOR'S GET-TOGETHER – June is Senior's Month! The Diocesan Office of Religious Education invites you to join in a special Pot-Luck Luncheon with Bishop Emeritus Henry at St. Joseph Parish (640 - 19 Ave NW, Calgary) on Wed, June 20, from 11:30AM to 2:00PM. Come enjoy the company of fellow seniors and be enriched with a special talk by Bishop Emeritus Henry. Desserts will be provided - just bring your potluck dish to share with all. For information or to register, call Noline or Nibal at 403-218-5501 | events.calgarydiocese.ca

CHOOSE TO REFUSE SINGLE-USE PLASTIC – Summer is a time of rest and a time to spend outdoors appreciating and experiencing this beautiful environment we live in. Let us continue to take care of our common home by living more simply and reducing waste. One way to do this is to avoid single use plastic. Take the 4-week challenge - Live without plastic: bags, bottles, takeaway coffee cups and straws – for a month! For more information, visit: <https://plasticfreeyc.com/> (Get Involved / Take the 4-Week Challenge)

JOIN THE SUMMER 2018 LAUDATO SI' ANIMATOR'S PROGRAM – Become Laudato Si' animators and be champions of creation care in your local communities/parishes. You are invited to join online webinars and be grounded in the science and Catholic teachings of Laudato Si. Everyone's talents and involvement are needed! To register, contact 403-218-5519 | marilou.legeyt@calgarydiocese.ca

ONE ROCK 2.0 (SEP 29) WITH PATRICK COFFIN, LIZZIE REEZAY AND BRIAN HOLDSWORTH – PREREGISTER – One Rock 2.0 is excited to announce that Patrick Coffin, Lizzie Reezay, and Brian Holdsworth will be joining us! Catholic young adults in the Diocese of Calgary (ages 18-35) are invited to pre-register: www.onerock.ca

ORDINATION OF DEACON DEREK REMUS TO THE PRIESTHOOD – Bishop William McGrattan is pleased to announce that he has called Rev. Mr. Derek Remus to be ordained to the priesthood on Friday, June 29 at 7 PM in St. Mary's Cathedral. All are welcome! First Masses schedule: Saturday, June 30 at 9 AM, at St. Bonaventure Parish (1600 Acadia Dr. SE, Calgary) and Sunday, July 1 at 9 AM, at St. Ambrose Parish (1513 23rd Ave, Coaldale).

DEVELOPMENT & PEACE MEMBERS APPRECIATION AND ANNUAL AGM – We invite all to join us as we recognize our D&P members and honour those who have made special contributions through the years. We will have our AGM, followed by member appreciation and lunch. The celebration happens on June 23, 10 AM at St. John's Convent 409 10A St. NW. On-street parking available. Please RSVP by June 20 to Marilou at 403-218-5519 | marilou.legeyt@calgarydiocese.ca

PROJECT RACHEL POST ABORTION COUNSELLING – The ministry offers a journey of healing and reconciliation for women and men who are suffering from a past abortion experience. Clients will be referred to a professional counselor who specializes in dealing with the trauma associated with this grief. For more information, call Project Rachel at 403-218-5506 or toll free at 1-877-597- 3223, or e-mail info@projectrachel.ca | www.projectrachel.ca

SPONSOR A TABLE FOR GRADE 12 STUDENTS – The Annual Calgary Leadership Prayer Breakfast is celebrating their 50th year! Every year, business owners, managers, and those serving in their community are invited to attend this Leadership Breakfast, and to bring neighbours, family, staff, and customers. They are keenly focused on inviting the “leaders of tomorrow” this year, and they need your help. Please consider sponsoring a table for Grade 12 students from the Catholic High Schools. For more information, contact Joy Humphrey at 403-836-1551 | CalgaryPrayerBreakfast.com

ROSE PRINCE LEJAC PILGRIMAGE IN BC – The Diocese of Prince George is hosting its Rose Prince Lejac Annual Pilgrimage on July 6 - 8 at Lejac, BC. For more information, contact Fr. Vincent James at 250-699-6593 | www.pgdiocese.bc.ca

MARRIAGE PREPARATION

- Catholic Family Services: July 20 - 22 at St. Joseph Parish (640 – 19 Ave NW). Cost: \$225/couple. For more information, contact CFS at 403-233-2360 | www.cfs-ab.org

- Life & Family Resource Centre: August 27 (followed by Sep 14-15), or September 24 (followed by Oct 12- 13). For more dates, registration or information, contact 403-218-5505 or email lifeandfamily@calgarydiocese.ca | events.calgarydiocese.ca

YOUNG WOMEN'S RETREAT: COME TO ME AND I WILL GIVE YOU REST (MT. 11:28) – Single, Catholic women, ages 18 to 35, are invited to a weekend of reflection to ponder these questions: Who is God calling me to be? What is God calling me to do that takes me beyond what I am doing now? When: Friday, August 17 (starts at 5 PM) to Sunday, August 19 (ends at 2 PM). This is a retreat with overnight accommodation in local convents. Please bring a bible and journal or notebook. Registration Fee: \$25/ further donations gratefully accepted. This event is sponsored by the Assembly of Women Religious. For more information or to register, contact Sr. Terry Smith, FCJ at 403-228-3623, ext. 258 | tksmithfcj@yahoo.ca

SECULAR FRANCISCAN ORDER INFORMATION SESSION – Save the date! Secular Franciscans are a community of practicing Catholic adults who strive to live the Gospel of Jesus Christ more profoundly in their daily lives, as St. Francis of Assisi did. You are invited to join their information session on Sunday, September 16 at Noon, at Canadian Martyrs Parish (835 Northmount Drive N.W., Calgary). For more information, contact: Lynn Spicer at 403-719-5852 | www.ofscalgary.com

UPCOMING EVENTS

MEN'S ROSARY LEAGUE: The Men's Rosary League gathers every third Tuesday of the month at Our Lady of Fatima Parish (4747 30 Street SE). Join us for Mass, prayer and song. Mass at 6:30 PM and Rosary at 7:00 PM. **Upcoming Dates: June 19th, July 17th, August 21st, and September 25th.**

JUNE 30: FIRST NATIONS FESTIVAL OF FAITH – All are invited to join the First Nations Festival of Faith on Saturday, June 30th at 10:30 am at the Strathmore Rodeo Grounds. Their hope is to present a gathering of Indigenous and non-Indigenous in a celebration of the faith that unites us. They will also hold their annual rodeo and art show on June 30th & July 1st. For more information please visit www.blackfootrodeo.ca or call 403-901-4902.

JUNE 30-JULY 1: SHALOM RETREAT CALGARY - All are invited to a retreat that will shine the light of Christ into your heart and lead you to forgiveness, freedom and healing. "Come to me, all who labor and are heavy laden, and I will give you rest. (Matt. 11:28). Join us at Mary, Mother of the Redeemer Church (1714 – 14 Ave NE) for Holy Mass, Eucharistic Adoration, inspiring talks, praise and worship, spiritual counselling and powerful testimonies. **June 29th 9:00 am-7:00 pm, June 30th 9:00 am-7:00 pm & July 1st 9:00 am –4:00 pm.** Registration fee \$75/person, meals included. Register at www.shalommedia.org/retreat or contact John at 587-700-9658.

MOUNT ST. FRANCIS RETREATS:

41160 Retreat Road Cochrane, AB

6-DAY PREACHED RETREAT - June 18-24, 2018,

"A Radical Spirituality for Our Times: With Jesus As Our Model" facilitated by Fr. Robert Mitchell, and the Retreat Team. Cost \$600.00, Retreats begin with Supper at 5:30 on Monday.

"GRACE" 7-DAY DIRECTED RETREAT - July 22-29, 2018,

An individual Director will accompany you on your spiritual journey. Cost \$650.00, Retreats begin with Supper at 5:30 on Sunday. To register call: [403-932-2012](tel:403-932-2012) or Email: mtfrancis@shaw.ca Booking deposit of \$50.00 is required for each retreat.

KNIGHTS OF COLUMBUS STORE CARDS: Please participate routinely in the store card program to help support Parish ministries and the needy. **A portion of the proceeds will also go towards our Renovation Fund.**

CATHOLIC CHARISMATIC RENEWAL - NIGERIAN COMMUNITY

Come let us Praise the Lord! Weekly prayer meetings: **Every Friday from 7:00-9:00 pm** at Our Lady Queen of Peace Parish (2111 Uxbridge Drive NW – opposite Foothills hospital).

THE POPE'S MONTHLY INTENTION FOR JUNE

Social Networks: That social networks may work towards that inclusiveness which respects others for their differences.

PARISH TEAM CONTACT INFORMATION

MINISTRY

CONTACT NAMES

EMAIL ADDRESSES

Altar Servers.....	Jehan Esguerra & Brooklyn Kerner.....	server@ascensionparish.ca
Art & Environment	Constance Mak	cylnqmk@gmail.com
Ascension Renovations Committee.....	John Arbeau.....	jarbeau@telus.net
Baptism Preparation.....	Jenn Pashula.....	baptism@ascensionparish.ca
Bible Study.....	Murray Britt.....	britmur127@gmail.com
Capital Campaign.....	Mark Holland.....	markholland@shaw.ca
Collection Counters.....	DeeDee Hedley.....	ddhedley@shaw.ca
CWL.....	Sheena Koett.....	cwl.ascension@gmail.com
Ex-ord. Ministers of Holy Communion....	Nadia Oliverio.....	nadia.oliverio@shaw.ca
Finance Council.....	Christina Dao.....	c_dc_d@hotmail.com
Funeral Lunch Committee.....	Irene Woytas.....	office@ascensionparish.ca
Funeral Mass Coordinator.....	Jocelyn Mogleston.....	gjmug@shaw.ca
Greeters.....	Elizabeth De Guzman.....	edeguzman7@gmail.com
Knights of Columbus.....	Kevin Power.....	gk10065@kofc.ab.ca
Lectors.....	Donna Hickie.....	donna.hickie@cssd.ab.ca
Legion of Mary.....	Garry Bahen.....	gbahen03@shaw.ca
Liturgy Committee.....	Holly Davidson.....	hollyd@telus.net
Marriage Preparation Classes.....	Ferdie Gayos.....	marriageprepatascension@gmail.com
Music Ministry.....	Jenny Biegun.....	biegunj@hotmail.com
Music Ministry.....	Nicole Nguyen.....	nhi.t.p.nguyen@gmail.com
Parish Pastoral Council.....	Sandra Will-Krile.....	samandrafo@shaw.ca
Pastoral Care.....	Diane Lincoln.....	lincolnfamily@gmail.com
Prayer Warriors.....	Mary Keizer.....	maryckeizer@gmail.com
RCIA.....	Rob Kehrig.....	robkehrig@gmail.com
Rosary.....	Theresa D'Costa.....	dcostas@telus.net
R.S.V.P.....	Lucy Reyes.....	lucy.reyes@me.com
Sacramental Preparation.....	Monica Purnama.....	sacraments@ascensionparish.ca
Sacristans.....	Holly Davidson.....	hollyd@telus.net
Sacristy Care.....	Rita Johnson.....	office@ascensionparish.ca
St. Vincent de Paul Society.....	Hamper Request.....	403.275.0994
St. Vincent de Paul Society.....	Terry Moynihan.....	moynihan@telusplanet.net
Seniors Committee.....	Marietta Archer.....	office@ascensionparish.ca
Ushers.....	Chris Rappel.....	crappel@shaw.ca
Volunteer Resource.....	Sharron Robinson.....	resource@ascensionparish.ca
Weekday Masses.....	Connie Raz.....	connieraz@gmail.com
Youth.....	Vicki Hayles.....	youth@ascensionparish.ca

If you do not have access to email, please call the office at 403.275.2240 and we will forward your request.