



ASCENSION CATHOLIC PARISH

"Sharing the Spirit Together in Christ"

UNITED IN FAITH, TOGETHER IN ACTION

"For where your treasure is, there will your heart be also" Lk 12:33

Our TIA Campaign supports many important diocesan programs and ministries and over 40 southern Alberta charities. It is one of the main ways in which we, our Parish community, can offer financial assistance to educational and pastoral programs throughout our Diocese and beyond. TIA, which is led by and supported by Bishop McGrattan, gives us an opportunity to effectively fulfill the mission of compassion by working together in an organized expression of care. Last year our Parish contributed \$62,735 to the annual campaign. **This year our TIA Parish target is \$61,355.00.**



The estimated Catholic population in our Parish boundaries is 50,000 and there are 20,447 parishioners registered in our Parish. An average of 4,100 people participate in the weekend Masses. If each member of your family donates at least \$15.00 we will reach our target. Donation envelopes can be found in the pews. Place your donations in the collection baskets. Please make cheques payable to "Ascension Parish - Together in Action". In the event that we exceed our target for our 2018 campaign, the surplus collected will be utilized for our building fund. During Lent look for bulletin inserts telling the stories of organizations that benefitted from our 2017 Together in Action Campaign. Thank you and God bless you.

MASS INTENTIONS:

February 17th – 23rd, 2018

Day	Date	Time	Intentions
Sat	Feb 17	5:00pm	SI of Thanksgiving
Sat	Feb 17	7:00pm	Felomena Dela Rosa (+)
Sun	Feb 18	8:30am	Francisco Sorbara (+)
Sun	Feb 18	10:30am	Elsie McManus (+)
Sun	Feb 18	12:30pm	Deonna Okwurawe (+)
Sun	Feb 18	5:00pm	Rose Onmonya Ali (+)
Mon	Feb 19	9:00am	Anti Matic (+)
Tue	Feb 20	9:00am	SI of Jessica Jaramillo
Wed	Feb 21	9:00am	SI of Francis Azichoba Jr.
Wed	Feb 21	6:30pm	Holy Souls in Purgatory (+)
Thur	Feb 22	9:00am	Josefina Tropicales (+)
Fri	Feb 23	9:00am	SI of Johanna Malabug

FAMILY DAY – FEBRUARY 19th

The office will be closed for Family Day to allow the staff to spend time with their families. Mass will be celebrated at 9:00 am. The Church will close directly after the Mass.

OFFICE CLOSED – FEBRUARY 21st

The office will be closed on Wednesday, February 21st for the installation of new telecommunication equipment. Thank you for your patience and understanding.

PARISH STAFF:

- **Pastor:** Fr. Avinash Colaco
- **Associates:**
Fr. Rodel Abanto
Fr. Anthony Pudota (weekends)
- **Secretary:** Nancy Mitchell
- **Sacraments:** Vicki Hayles
- **Baptisms:** Jennifer Pashula
- **Bookkeeper:** Nora Alzamora Torres
- **Custodian:** Jose Gil
- **Evening Staff:** David Cadegan
- **Volunteer Resource Coordinator:**
Sharron Robinson (Volunteer Position)

OFFICE HOURS:

Monday to Friday: 9:30am – 4:30pm
Lunch: 12:30pm – 1:00pm

MASS TIMES:

Weekday Masses:

Monday to Friday: 9:00am
Wednesday: 6:15pm (Mother of Perpetual Help Novena)

Rosary:

Prayed daily in the Sanctuary

Monday to Friday: 8:30am
Saturday 4:30pm
Sunday 8:00am

Adoration of the Blessed Sacrament:

Fridays after Mass followed by Benediction at 10:00am

First Friday Adoration: Sacred Heart Novena following 9:00am Mass and Benediction at 10:20am

Reconciliation:

½ hour before Weekday Masses (except Mondays)
Saturday 4:00pm to 4:45pm
Sunday 7:30am to 8:15am and by appointment

Weekend Masses:

Saturday: 5:00pm & 7:00pm
Sunday: 8:30am, 10:30am, 12:30pm & 5:00pm

**TIME CHANGE
WEDNESDAY NOVENA**

To ensure that we are always ready to start Mass on time, the Mother of Perpetual Help Novena will start at 6:15 pm rather than 6:20 pm on Wednesday evenings before the 6:30 pm Mass.

SACRAMENTS

Baptism: Baptisms are celebrated on the 2nd, 3rd & 4th **Saturdays** of each month at 10:00 am (except during Lent). Visit our website to download the registration form. Completed forms can be emailed or dropped off at the office and must include a copy of the child's Birth Certificate, one parent's Catholic Baptism Certificate & the Godparent's Catholic Baptism Certificates.

Baptism Preparation Class: Preparation classes take place on the 1st **Saturday** of each month at 10:00 am in the Sanctuary. Parents and Godparents are to attend the class at least 3 weeks prior to the Baptism Celebration.

First Holy Communion: Registration March 21, 2018.

First Reconciliation: Completed for 2017.

Confirmation: Session 2 for parents and candidates is scheduled for February 7th (7:00-8:00 pm) **OR** February 10th (11:30am-12:30 pm).

Marriage: By appointment, 6 months in advance

Marriage Preparation Class: Upcoming Dates: **Feb. 17, Mar. 17 & Apr. 21.** To register for a Saturday class please email Ferdie: marriageprepatascension@gmail.com Registration fee is \$100 per couple and includes course materials, snacks and lunch.

RCIA: The Rite of Christian Initiation of Adults. For more information contact the Church office.

CATECHISTS NEEDED

We are looking for volunteers to help teach our New Sacramental Program beginning this fall. The program is already prepared and we will have several other adults helping to teach the children. No previous experience is needed and all training will be provided. We need many hands to make this program work for our Parish. If you can volunteer or would like more information, please contact Vicki at sacraments@ascensionparish.ca.

ALTAR SERVER TRAINING

There will be an Altar Server Training session on Saturday, February 24th from 2:00-3:30pm for new servers. Your child must have had their First Communion as a prerequisite. If your child is interested in being a part of this ministry please email the Altar Server Coordinator as soon as possible because there is only a limited number of people that can be trained in one day. Email: server@ascensionparish.ca

YOU CAN HELP YOUR MARRIAGE

Feeling alone, frustrated, angry with each other? Does talking about it only make things worse? Thousands of married couples experiencing difficulty in their relationship have found the help they needed by taking the **Retrouaille** program. The program begins March 9-11, 2018. For information about registering access their website or call 403-879-7893 if you have further questions. www.helpourmarriagecalgary.com

WE NEED YOUR HELP – FLU OUTBREAK

Over the past few weeks our pews have been used as a receptacle for used Kleenexes, food wrappers and other personal items. We are very concerned that with the flu season upon us, our donation envelopes are being contaminated and can potentially harm our parishioners. The pew holders are designed to hold donation envelopes, missals and hymnals only. Please put your personal items in your pockets to be taken home after the Mass. Help us to keep everyone safe, including our volunteers and custodian, who cleans the pew on a regular basis.

K of C - 40 CANS FOR 40 DAYS

Inspired by Christ's fasting in the desert for 40 days, the 40 Cans for 40 Days helps us to connect with the three pillars of Lent; Prayer, Fasting and Almsgiving. We encourage each family to prayerfully give up one daily pleasure and give one non-perishable food item per day for the 40 days of Lent. The 40 Cans for 40 Days is a real tangible way for families to live and practice their Catholic faith in a truly meaningful way.

Last year we collected over 5 Tons of food and over \$6,000 in Store Cards which was donated to the Society of St. Vincent de Paul. We are very confident that we can exceed those numbers this year. Store Cards can be purchased from the Knights Table so that families can purchase perishable items such as: Milk, Meat, Produce, Cheese, etc. Your store card donations can be placed in the SVDP envelopes for a tax receipt. Your hampers of food can be left at the Knights Table. And a list of Needed Items can be picked up at the Knights Table. Thank you and God Bless!

REJOICE IN GOD'S MERCY

In addition to the regular Parish schedule, the Sacrament of Reconciliation will be available at Parishes throughout the Diocese of Calgary all the Wednesdays of Lent from 7:30-8:30 p.m.

As we begin Lent, the desert is not a place for us to fear, but a place of encountering the Holy Spirit. The Spirit can reveal what binds us, as well as what steals from our freedom to be the person God created us to be. **Action: Throughout the forty days of Lent, pray to the Holy Spirit to advocate for you and free you from whatever keeps you from greater intimacy with God.**

40 DAYS FOR LIFE LENTEN PRAYER CAMPAIGN

40 Days for Life Lenten Prayer Campaign is from Ash Wednesday, February 14th to Palm Sunday, March 25th. Since 2007, 14,000 babies had been saved from abortion worldwide. It is proven, it works! That is the last chance that we have to help those moms in an unplanned pregnancy. We can do it together, so come and pray by the Kensington Clinic 2431 – 5 Ave NW in Calgary. For more information call Gwen at 403-208-9427, Jairo at 403-870-3905 or email www.40daysforlife.com/calgary

40 DAYS FOR LIFE ASCENSION'S DAY OF PRAYER

Ascension's Day of Prayer is on Thursday, March 22nd. Please sign up for the Day of Prayer in the Narthex to pray to end abortion on the weekend of February 24th & 25th. Join other volunteers to witness in prayer at the Kensington (Abortion) Clinic at 2431 5th Ave., NW. Vigil hours are 7:00 am to 7:00 pm. Get involved and learn more at www.40daysforlife.com/calgary or contact Jairo at 40daysforlife.calgary@gmail.com.

LIVING GOD'S PROMISE – LENTEN RETREAT

Lenten Retreat at Holy Trinity Church (1525 – 45 St. SE, Calgary) **Saturday, February 24, 2018** for single women interested in looking at Religious life (ages 16-35); 8:30 a.m. to 4 p.m.; Includes Holy Mass, reflection time, presentations, interactions with the Sisters and prayer. Lunch and light refreshments provided at no charge. Contact: Sr. Terry FCJ at 403-228- 3623 or tksmithfcj@yahoo.ca



Roman Catholic Diocese of Calgary **Announcements from the Catholic Pastoral Centre for February 18th, 2018** **First Sunday of Lent**

REJOICE IN GOD'S MERCY - LENT 2018 – The Diocese of Calgary invites you to re-discover the meaning of the sacrament of Reconciliation in your life. In addition to the regular parish schedule, the sacrament of Reconciliation will be available at parishes throughout the Diocese of Calgary all the Wednesdays of Lent from 7:30 – 8:30 pm, starting February 21. For more information, please check: <http://Liturgy.calgarydiocese.ca>

COLDEST NIGHT OF THE YEAR – Coldest Night of the Year - Calgary is happening in one week! It's not too late to join our Feed the Hungry House Team (Registration fee is \$40.00). The event takes place February 24 beginning at 4:00 pm at Eau Claire Market. There are 2, 5 and 10 km routes so the event is accessible for all. Families are welcome, and kids under 10 walk for free. For more info visit www.cnoy.org/calgary or connect with Samantha at 403-218-5531 or samantha.jones@calgarydiocese.ca. Thanks to everyone for your support for this event over the past five years.

LENTEN REFLECTION – REDUCE WASTE – Laudato Si' is a call to conversion and action, an invitation to change direction by taking on the task of caring for our common home. This week as a Lenten "Fast for Creation" commitment, start using a reusable, BPA-free, lead-free water bottle. Tap water is cost-effective and using your reusable water bottle is environmentally friendly. Did you know bottled water can cost 500 times the cost of tap water? Using a reusable water bottle is also convenient, as most public facilities have water fountains.

LENTEN WORKSHOP ON FORGIVENESS – The Diocesan Office of Religious Education invites you to a Lenten Workshop on Forgiveness. Embracing forgiveness brings peace – to your life, to those around you and to your community. Are you ready to choose forgiveness as a way of life? Come hear Fr. Peter Doherty, PhD speak on the topic on Saturday Feb. 24 from 9:30 AM to 12:30 PM at the Catholic Pastoral Centre, 120 -17 Ave SW Calgary. To register call the Religious Education Office at 403-218-5501 or email: alicia.zubot@calgarydiocese.ca

YOUNG WOMEN VOCATION EVENT – Attention: Single Young Women between 16 and 35! The Vocation Committee of AWR (The Assembly of Women Religious) is planning a retreat on a Lenten theme. Saturday, Feb. 24. Beginning with 9 am Mass at Holy Trinity Parish (1525-45th Street SE) to 4 pm. To register or to learn more please contact Sr. Terry f.c.J. at tksmithfcj@yahoo.ca or 403-228-3623.

ALZHEIMER WORKSHOP – The Diocesan Health Care Apostolate will be hosting an Alzheimer Workshop on March 3, 2018 from 9 am - 2:30 pm at Mary Mother of the Redeemer Parish, Calgary. This workshop will provide participants with an understanding of Alzheimer's Disease and related dementias. Registration fee: \$25, lunch included. For more information and to register please visit our News and Events page at www.calgarydiocese.ca, call 403-218-5501, or email: healthcareprograms@calgarydiocese.ca

RETRouvaille CALGARY WEEKEND RETREAT – A Lifeline for Marriages. Two people are joined together in marriage. Along life's journey, we may lose our way and start to grow apart. Retrouvaille provides a 'road map' to help us find our way again by teaching communication skills and providing the tools to improve our relationships. Call for help today, 403-879-7893, coordinator@RetrouvailleCalgary.com or www.helpourmarriagecalgary.com. Next weekend retreat: March 9 - 11.

NEEDED - OUTDOOR WAY OF THE CROSS – The Outdoor Way of the Cross at St. Mary's Cathedral (Friday, March 30) needs your help. If you are a physician, nurse, medical practitioner, certified first aider or are willing to certify; please contact Linnea Ferguson at outdoorwayofthecross@calgarydiocese.ca or 403- 218-5500. More information: www.wayofthecross.ca

TRANSITIONS – Transition is a 15-week peer support program for those recently separated or divorced. Participants will meet every week to reflect upon and discuss topics such as self-esteem, stress, anger, guilt, blame, loneliness, forgiveness, blended families and more. The next program will begin in Wednesday, February 21, 2018. For more information or to register, call 403-218-5505 or email lifeandfamily@calgarydiocese.ca

EFFECTIVE CO-PARENTING: PUTTING KIDS FIRST – 'Effective Co-Parenting: Putting Kids First' is an educational 5-week program for separated and divorced parents to help raise their children through this difficult time and increase the understanding of needs of children for developing self-esteem and security. The next program will run 7 pm - 9 pm on Wednesdays, February 21 - March 21. For more information or registration contact the Life & Family Resource Centre at 403-218-5505 or email lifeandfamily@calgarydiocese.ca

LENTEN MISSION WITH FATHER EUGENE O'REILLY – Please join St Pius X Parish (2424 - 24 AVE NW) as we participate in a Lenten Mission with Father Eugene O'Reilly, CSsR, from Monday, February 26th to Thursday, March 1st, 7:30 to 8:30 pm. For more details check the parish website: <http://www.stpiusx.ca>

COURAGE, UNITY, FAITH: GOD SQUAD 2018 ANNUAL MEN CONFERENCE – Attention Catholic Men: You are called to be disciples of Jesus Christ who are filled with courage and conviction. Recognize God's calling "for such a time as this" (Esther 4:14), and face the challenge against the Catholic Faith, Identity and Practice. Speakers: Fr. Raymond DeSouza, Fr. Cristino Bouvette, Msgr. Owen Keenan and Fr. Jerome Lavigne. Join us at St. Peter's Roman Catholic Church on Mar. 16 & 17. To register visit: <https://godsquad.ca/>

20TH ANNIVERSARY OF ST. ALBERT THE GREAT PARISH, CALGARY – St. Albert the Great Parish is celebrating its 20th anniversary as a parish, and 15th anniversary of the church building, with a special mass on Sunday March 18th at 11:00am. The Mass will be celebrated by Bishop William McGrattan. Everyone is welcome to join us for this special occasion – especially former parishioners.

NATIONAL CONFERENCE ON EVANGELIZATION AND CATECHESIS – The CCCB Commission for Evangelization and Catechesis will be hosting a National Conference on Evangelization and Catechesis, 21-23 March 2019 in Ottawa. The theme of the conference is "He Thirsts for You". The keynote speaker is Father Ronald Rolheiser, O.M.I., with Bishop Douglas Crosby, O.M.I., and Dr. Josephine Lombardi as featured speakers. The conference is open to all those working in the area of evangelization and catechesis. For more information, please contact CCCB Office for Evangelization and Catechesis, oec@cccb.ca

EMPLOYMENT OPPORTUNITIES IN THE DIOCESE OF CALGARY

Full time or Part time Secretary, Canadian Martyrs Parish, Calgary

Full Time Maintenance/Caretaker, St. Mary's Cathedral, Calgary

Full Time Receptionist, Ascension Parish, Calgary

Part Time Office Assistant, St. Anthony's Parish - Calgary

For more information about these positions, qualifications and application details see the Diocesan website at <http://www.calgarydiocese.ca/articles/employment-opportunities.html>.

UPCOMING EVENTS

MARCH 11-14: CANADIAN MARTYRS LENTEN MISSION

All are invited to attend Canadian Martyrs Parish Mission (835 Northmount Drive NW) March 11th to 14th from 7:00-8:00 pm featuring the Redemptorist team Deacon Bob Williston and Joan Williston. Deacon Bob completed his Master of Divinity degree from Newman Theological College in Edmonton. He and Joan his wife were Lay Missionaries of the Most Holy Redeemer, working for 30 years with the Redemptorist Mission Team.

Their Mission will cover the following topics over the four nights with:

1. Sunday evening - Receive the Mercy of God.
2. Monday evening - Give Thanks for God's Mercy.
3. Tuesday evening - Our Brokenness Needs the Merciful Touch of Jesus.
4. Wednesday evening - Sharing the Mercy of God with a World in Need.

2017 TAX RECEIPTS: 2017 tax receipts for Church donations have been mailed. Thank you for your generous support of our Parish throughout 2017.

STATIONS OF THE CROSS: St. Luke's Parish - Fridays, February 23, March 2, 9, 16 & 23 after the 7:00 pm Mass.

KNIGHTS OF COLUMBUS STORE CARDS Please participate routinely in the store card program to help support Parish ministries and the needy. **A portion of the proceeds will also go towards our Renovation Fund.**

MOUNT ST. FRANCIS RETREATS:

41160 Retreat Road Cochrane, AB

POSTULANCY NIGHT – Tuesday, Feb. 20, 2018 – Evening Prayer, with the Postulants, 5:15 pm start. RSVP 403-932-2012 mtfrancis@shaw.ca Supper (free will offering).

SILENT RETREAT – Feb. 28, 2018 – Enjoy a silent day away in the beautiful setting of Mount St. Francis Retreat (9:00 a.m. – 3:00 p.m.). This year's theme is "Doorways to the Sacred". The day includes a prayerful reflection on the focus of the day, celebration of the Eucharist and a home-cooked lunch. Please call or email ahead to register. Come after 8:30 to enjoy a coffee or tea and muffins before we begin the program. Suggested contribution is \$30.00 or \$40.00 with a private room. Phone 403-932-2012 or email: mtfrancis@shaw.ca

WOMEN'S SERENITY WEEKEND – March 9-11, 2018

To register contact: Karen C. at 403-479-6883 or

ckcleans@gmail.com

WOMEN'S WEEKEND – March 23-25, 2018

To register contact: Teresa Grice at 403-329-8967

teresa.grice2@alumni.uleth.ca or Jane Gainer at 403-854-3543 or jgainer@ualberta.ca

PARISH TEAM CONTACT INFORMATION

MINISTRY

CONTACT NAMES

EMAIL ADDRESSES

Altar Servers.....	Jehan Esguerra	server@ascensionparish.ca
Art & Environment	Constance Mak	cyIngm@gmail.com
Ascension Renovations Committee.....	John Arbeau.....	jarbeau@telus.net
Baptism Preparation.....	Jenn Pashula.....	baptism@ascensionparish.ca
Bible Study.....	Murray Britt.....	britmur127@gmail.com
Capital Campaign.....	Mark Holland.....	markholland@shaw.ca
Collection Counters.....	DeeDee Hedley.....	ddhedley@shaw.ca
CWL.....	Sheena Koett.....	cwl.ascension@gmail.com
Ex-ord. Ministers of Holy Communion....	Nadia Oliverio.....	nadia.oliverio@shaw.ca
Finance Council.....	Christina Dao.....	c_dc_d@hotmail.com
Funeral Lunch Committee.....	Irene Woytas.....	office@ascensionparish.ca
Funeral Mass Coordinator.....	Jocelyn Mugleston.....	gjmug@shaw.ca
Greeters.....	Elizabeth De Guzman.....	edeguzman7@gmail.com
Knights of Columbus.....	Kevin Power.....	gk10065@kofc.ab.ca
Lectors.....	Donna Hickie.....	donna.hickie@cssd.ab.ca
Legion of Mary.....	Garry Bahen.....	gbahen03@shaw.ca
Liturgy Committee.....	Holly Davidson.....	hollyd@telus.net
Marriage Preparation Classes.....	Ferdie Gayos.....	marriageprepatascension@gmail.com
Music Ministry.....	DeeDee Hedley.....	ddhedley@shaw.ca
Parish Pastoral Council.....	Sandra Will-Krile.....	samandrafo@shaw.ca
Pastoral Care.....	Carol Johnson.....	carol@subwaycalgary.com
Prayer Warriors.....	Mary Keizer.....	maryckeizer@gmail.com
RCIA.....	Rob Kehrig.....	robkehrig@gmail.com
Rosary.....	Theresa D'Costa.....	dcostas@telus.net
R.S.V.P.....	Lucy Reyes.....	lucy.reyes@me.com
Sacramental Preparation.....	Vicki Hayles.....	sacraments@ascensionparish.ca
Sacristans.....	Holly Davidson.....	hollyd@telus.net
Sacristy Care.....	Rita Johnson.....	office@ascensionparish.ca
St. Vincent de Paul Society.....	Hamper Request.....	403.275.0994
St. Vincent de Paul Society.....	Terry Moynihan.....	moynihan@telusplanet.net
Seniors Committee.....	Marietta Archer.....	office@ascensionparish.ca
Ushers.....	Chris Rappel.....	crappel@shaw.ca
Volunteer Resource.....	Sharron Robinson.....	resource@ascensionparish.ca
Weekday Masses.....	Connie Raz.....	connieraz@gmail.com

If you do not have access to email, please call the office at 403.275.2240 and we will forward your request.