



1ST DEGREE
OCT. 22 - ASCENSION
2ND/3RD DEGREE.
OCT 22 - ST. CECILIA



COUNCIL MEETING
OCT 12, 2016 7:30PM



Blood Donor Clinic

OCTOBER 7
4 VOLUNTEERS
CONTACT BR. KEVIN
403-992-3151



OUR LADY OF THE ROSARY
7 OCTOBER



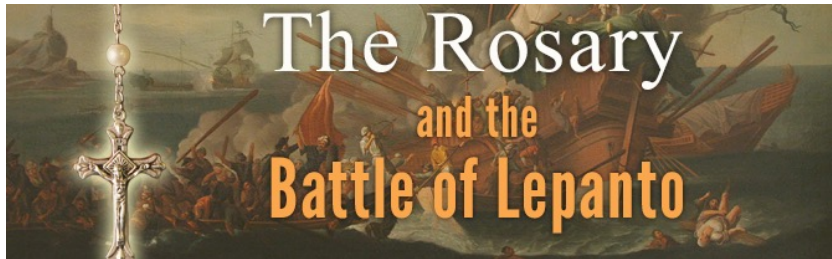
Executive Council

- Grand Knight - Br. Kevin Power
gk10065@kofc.ab.ca
- Dep. Gr. KNT - Br. Dale Rundell
- Chancellor - Vacant
- Fin. Sec. - Br. Chris Rappel
fs10065@kofc.ab.ca
- Treasurer - Br. Larry Molnar
- Recorder - Br. Phil Fitzgerald
- Advocate - Br. Larry Cox
- Warden - Br. Michael Crichton
- Inside Guard - Br. Trevor Bloski
- Outside Guard - Br. Pete Jemus
- T - 1 Year - Br. Russell Todd
- T - 2 Year - Br. David Cooper
- T - 3 Year - Br. Karl Senger
- Chaplain - Father Avinash
- Field Agent - Br. Robert Pettigrew
robert.pettigrew@kofc.org

EMAIL US AT
KOFNEWSLETTER10065@SHAW.CA

Visit Ascension Parish website for all your Parish News including Knights of Columbus activities

www.ascensionparish.ca



“No discussion of the history of the Rosary would be complete without a description of the epic and historic Battle of Lepanto. While engaged in a protracted war with the Muslim Turks over the control of Eastern Europe and in particular the Mediterranean, Pope Pius V organized a fleet of ships to engage the Muslim Turkish navy. Pope Pius V implored all the faithful to fervently pray the Rosary and ask our Blessed Mother to intercede on behalf of the Christians. Despite being hopelessly outnumbered in quantity of ships and fighting men, the Muslim Turks were defeated at the Battle of Lepanto on October 7, 1571. Pope Pius V declared this day to be the Feast of the Holy Rosary and asked all to give thanks to “Our Lady of Victory” for her timely intercession in answer to the faithful’s praying of the Rosary. This feast remains important in our church to this day, testifying to the Rosary’s significance in our Church’s history.”

-Excerpt from “Real Men Pray The Rosary: A Practical Guide to a Powerful Prayer” published by Ave Maria Press

Installation of Council Officers



On September 8, the Installation of Officer's ceremony took place at St. Thomas Moore Parish. Each fraternal year, Council Officers participate in this traditional ceremony.... Pictured from left to right are: Br. Brian Strawford, Br. David Cooper, Br. Russel Todd, Fr. John Pinto, GK Kevin Power, Br. Karl Senger, Br. Larry Cox and District Deputy Roone Learmont.

St. Peter's Men's Night Out



St. Peter's Knights of Columbus #8146 is hosting its Flagship Fundraising event on October 21st. The 2016 MNO Event will again be an all inclusive gourmet Italian themed Buffet, Open Bar, Scotch and Cigar Tent with extensive silent auction items that will be complimented with friendship, fraternity and in the financial spirit of raising funds for KofC charities. Cost is \$225 per plate and there will

over \$10,000 in cash and prizes to be given away. Contact Greig Hyland @ 403-827-8216.

Founder's Award



Achieve insurance membership quota
Ascension Council requires 6 additional insurance members before 30 June 2017. Additions will be credited for new insurance members, reinstatements, reactivations, juvenile to adult insurance membership and associate to insurance transfers.

Deductions that are charged against the quota include all insurance suspensions and withdrawals and transfers from insurance to associate membership.

To transfer from associate to insured member you only need to take out a TFSA. KofC is paying 2% right now until July 31, 2017; with a guarantee of 1.5% over the life of the account.

Contact Br. Robert @

robert.Pettigrew@KOFK.ORG

**WORLD
SUICIDE
PREVENTION
DAY**

10th September

**World Suicide Prevention Day
- by GK Kevin Power**



Serving as Chaplain with the Calgary Police Service, I had the opportunity to participate in a conference on suicide prevention. I would like to share some information on this topic because as members of the Knights of Columbus we have a fraternal obligation and a duty of care to support each other, our Brother Knights.

In the past 10 years, suicide rates among men in their 50's has risen by over 50% and for women aged 60-65, their suicide rate has risen by 60%. Men are 5 times more likely to be successful in their attempt to take their lives. In North America, suicide is the 6th leading cause of death and is becoming one of the most pressing issues facing men's health.

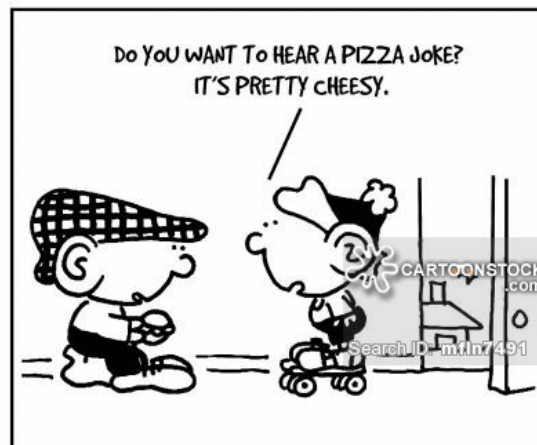
It is surprising to note that the top ten professions with the highest incidence of suicide are Doctors, Dentists, Financial Advisors, First Responders, Lawyers, Real Estate Agents, Farmers, Electricians, Pharmacists and Research Scientists. It is also interesting to note that in a recent study of medical students, 89% said they would not seek help for a mental health concern.

The top 3 risk factors include: depression, a sense of feeling trapped, and a feeling of hopelessness. As an active member of the Knights of Columbus we can insulate ourselves by: developing a solid support network (our council fraternity), know your purpose in life (Christian men helping our families get to heaven), understand what you can control and to be charitable.

Together we can help each build resiliency to protect us from the three risk factors. And resiliency is not about how much you can endure, it is about caring for yourself and each other, sleeping, eating and exercising appropriately. It is about building your support network and being an active participant in someone else's support network. It is also about asking for help, helping someone get help and receiving help.

“I know God will not give me anything I can't handle. I just wish He didn't trust me so much.”

--Blessed Mother Teresa of Calcutta





Overcome the challenges of your Family Financial Survival after your death – “Estate Planning for Your Family – a Better Way”

The Knights of Columbus of Ascension Parish are hosting guest speaker Russell Todd RFP, CFP, Retirement Planner for an informative talk on ‘Creating an Estate Plan for Your Family’ this year.

All parishioners are invited to attend this valuable educational presentation which will touch on many topics to ensure that you leave your family properly prepared legally and financially while you are with our Lord.

Advance registration is requested for the preparation of materials.

Date & time: Thursday November 10th at 1900hrs

Location: Ascension Parish Gym

Confirm attendance by email to: robert.pettigrew@kofc.org

Knights of Columbus Membership Recruitment Drive

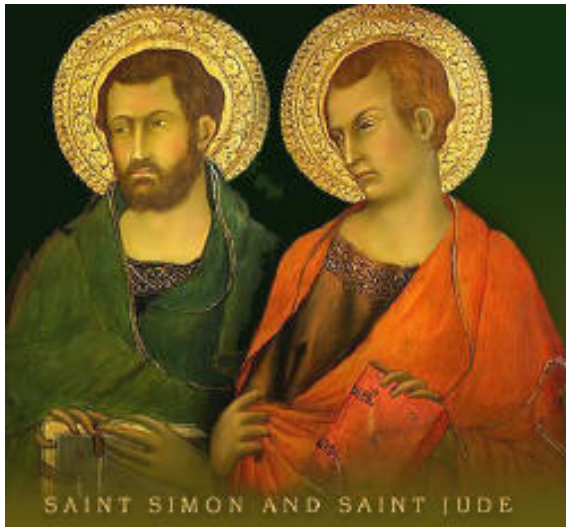


In support of our goal to achieve the Star Council Award, Ascension Council will be hosting a Membership Recruitment Drive. This event will take place on the 2nd and 4th Sundays during the month of October. After each Mass during the weekend of October 15-16 and October 29-30, all Brother Knights are requested to wear their KofC shirts with name tags when you attend Mass. After Mass, please remain to assist with distributing brochures to the parishioners and enjoy a coffee to share in fellowship and fraternity.

Family Pumpkin Carving



Please stay tuned for emails announcing the date for our annual Family Pumpkin Carving. This event has proven to be an exciting and popular activity for the youth of our parish. Come and enjoy a fun afternoon with your family. If you would like to help out just drop by.



Saints Simon and Jude Feast Day - October 28

Jude is so named by Luke and Acts. Matthew and Mark call him Thaddeus. He is not mentioned elsewhere in the Gospels, except, of course, where all the apostles are mentioned. Scholars hold that he is not the author of the Letter of Jude. Actually, Jude had the same name as Judas Iscariot. Evidently because of the disgrace of that name, it was shortened to “Jude” in English.

Simon is mentioned on all four lists of the apostles. On two of them he is called “the Zealot.” The Zealots were a Jewish sect that represented an extreme of Jewish nationalism. For them, the messianic promise of the Old Testament meant that the Jews were to be a free and independent nation. God alone was their king, and any payment of taxes to the Romans—the very domination of the Romans—was a blasphemy against God. No doubt some of the Zealots were the spiritual heirs of the Maccabees, carrying on their ideals of religion and independence. But many were the counterparts of modern terrorists. They raided and killed, attacking both foreigners and “collaborating” Jews. They were chiefly responsible for the rebellion against Rome which ended in the destruction of Jerusalem in A.D. 70.

Knight's Reflection

As in the case of all the apostles except for Peter, James and John, we are faced with men who are really unknown, and we are struck by the fact that their holiness is simply taken to be a gift of Christ. He chose some unlikely people: a former Zealot, a former (crooked) tax collector, an impetuous fisherman, two “sons of thunder,” and a man named Judas Iscariot. It is a reminder that we cannot receive too often. Holiness does not depend on human merit, culture, personality, effort, or achievement. It is entirely God’s creation and gift. God needs no Zealots to bring about the kingdom by force. Jude, like all the saints, is the saint of the impossible: Only God can create his divine life in human beings. And God wills to do so, for all of us.

- www.fransicanmedia.org

[Links to K of C Publications](#)

Columbia Magazine <http://www.kofc.org/un/en/columbia/index.html>

Knightline <http://www.kofc.org/un/en/publications/lc/knightline/index.html>

Chaplain's Report <http://www.kofc.org/un/en/officers/chaplains/index.html>

