

Ascension Catholic Parish

Sharing the Spirit Together in Christ

1100 Berkshire Boulevard NW, Calgary, AB T3K 3M3 | Phone: 403.275.2240 | Fax: 403.274.3969 | www.ascensionparish.ca

Mass Times:

Weekday Masses:

Monday - Saturday:
9:00 AM

Tuesday - Friday:
6:30 PM

Wednesday: *Mother of Perpetual Help Novena at 6:15 PM*

Weekend Masses:

Saturday: 5:00 PM

Sunday:
9:00 AM, 11:00 AM,
& 4:00 PM

Reconciliation:

Tuesday - Saturday:
8:30 AM - 8:55 AM

Tuesday - Thursday:
6:00 PM - 6:25 PM

Saturday:
4:00 PM - 4:45 PM

Sunday:
8:00 AM - 8:45 AM

By Appointment

Adoration & Benediction:

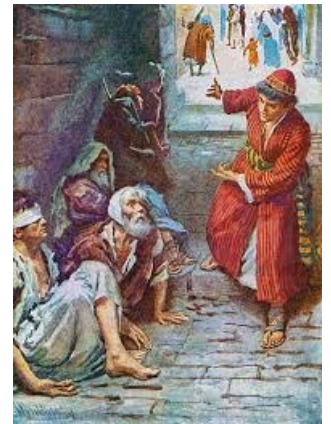
Monday - Friday:
9:30 AM - 10:00 AM

First Friday:
9:30 AM - 10:30 AM
(*Sacred Heart Novena & Benediction*)

"He who exalts himself will be humbled"

Who wants to be last? Isn't it only natural to desire respect and esteem from others? Jesus' parable of the guests invited to the marriage feast probes our motives for seeking honor and position. Self-promotion is most often achieved at the expense of others! Jesus' parable reinforces the teaching of Proverbs: Do not put yourself forward in the king's presence or stand in the place of the great; for it is better to be told, "Come up here," than to be put lower in the presence of the prince (Proverbs 25:6-7). What is true humility and why should we make it a characteristic mark of our life and action? True humility is not feeling bad about yourself, or having a low opinion of yourself, or thinking of yourself as inferior to others. True humility frees us from preoccupation with ourselves, whereas a low self-opinion tends to focus our attention on ourselves. Humility is truth in self-understanding and truth in action. Viewing ourselves truthfully, with sober judgment, means seeing ourselves the way God sees us (Psalm 139:1-4). A humble person makes a realistic assessment of himself or herself without illusion or pretense to be something he or she is not. The humble regard themselves neither

smaller nor larger than they truly are. True humility frees us to be our true selves and to avoid despair and pride. A humble person does not have to wear a mask or put on a facade in order to look good to others, especially to those who are not really familiar with that person. The humble are not swayed by accidentals, such as fame, reputation, success, or failure. Humility is the queen or foundation of all the other virtues because it enables us to view and judge ourselves correctly, the way God sees us. Humility leads to true self-knowledge, honesty, realism, strength, and dedication to give ourselves to something greater than ourselves. Humility frees us to love and serve others selflessly, for their sake, rather than our own. Paul the Apostle, gives us the greatest example and model of humility in the person of Jesus Christ, who emptied himself, taking the form of a servant, ...who humbled himself and became obedient unto death, even death on a cross (Philippians 2:7-8). The Lord Jesus gives grace to those who seek him humbly. Do you want to be a servant as Jesus served?
Don Schwager
www.dailyscripture.net



Luke 14:1, 7-11

Let us Pray:
"Lord Jesus, you became a servant for my sake to set me free from the tyranny of sin, selfishness, and conceit. Help me to be humble as you are humble and to love freely and graciously all whom you call me to serve." Amen



New Weekend Mass Times

Effective the September 07th/08th weekend, our Mass times will be as follows:

- Saturday at 5:00 PM
- Sunday: 8:00 AM, 10:00 AM, Noon & 4:00 PM



First Reconciliation & First Communion

Registration for the Sacraments of First Reconciliation & First Holy Communion is now open! Please visit our Parish website <https://www.ascensionparish.ca/first-reconciliation-holy-communion.html> for more information and to register your child for these Sacraments.

We will need many volunteers to teach and support our Sacraments program, so if you are a teacher or a parent of a child who has already completed the Sacrament program and are willing to help, please contact Monica at sacraments@ascensionparish.ca.



Weekly Bible study is starting **Tuesday, September 17th** immediately following the 6:30 PM Mass, ending at 8:50 PM. There will be 20 sessions in total, following the DVD Bible Timeline series with Jeff Cavins. These sessions will focus on the Book of Acts and are a great opportunity to enhance your understanding of Scripture. For more information, contact Murray at britmur127@gmail.com



This is the final week for the Saint Vincent de Paul school supply drive to help families in our local Catholic Schools. A list of suggested donations can be found on the table in front of the Servery in the Narthex. **Donations should be delivered to the Church by Sunday September 8th.**

Mass Intentions

August 31st - September 6th, 2019



Store Cards are available in the narthex every weekend. Your participation helps to support Parish Ministries and the needy. A portion of the proceeds goes towards our Building Fund.

Day	Date	Time	Intentions
Saturday	August 31	5:00 PM	Mass for Parishioners
Sunday	September 1	9:00 AM	Johnny Lanois (+)
Sunday	September 1	11:00 AM	Auta Adelaida D'Mello (+)
Sunday	September 1	4:00 PM	Charles Jude Downey (+)
Monday	September 2	9:00 AM	Paul Le & Nghi Nguyen (+)
Tuesday	September 3	9:00 AM	SI of Jessica Jaramillo
Tuesday	September 3	6:30 PM	Peter Pham (+)
Wednesday	September 4	9:00 AM	SI of Laurena Yurkowski
Wednesday	September 4	6:30 PM	Joaquina D'Souza (+)
Thursday	September 5	9:00 AM	SI of Nancy & Gord Rogalsky
Thursday	September 5	6:30 PM	Lilia Casten (+)
Friday	September 6	9:00 AM	SI of Daniel & Linda Westgeest
Friday	September 6	6:30 PM	Ruth Esimike (+)

Adoration of the Blessed Sacrament



Thanksgiving Adoration Friday, September 6th

Thanksgiving Adoration will take place on Friday, September 6th from 9:30 AM to 6:15 PM. There are a number of time slots that need more people to be in attendance. This is a day of prayer to give thanks to the Lord for the successful completion of our building and to offer prayers for the needs of our community. Please consider spending an hour with the Lord on this day.

Why Be Catholic? Brian Holdsworth

Brian Holdsworth, the Catholic YouTube sensation, will be at Ascension Catholic Parish on **Sunday, September 22, 2019 from 5:30 - 7:30 PM** as our guest speaker. Brian will share about good reasons to believe and live your faith right now, today, immediately... and the good that comes from doing so. Please mark your calendars and plan to join us.



THE POPE'S MONTHLY INTENTIONS / September

Universal – Politicians, Scientists and Economists

That politicians, scientists and economists work together to protect the world's seas and oceans.

Finance Report - at a glance...

Gifts to the Parish	July - August 2019		
	Weeks 27-30	Weeks 31 - 34	YTD
Offerings for the Week:	July 2-29	July30-Aug 26	
General Collections:			
Collections	42,959	44,699	382,140
Operating Cost	64,350	64,350	500,500
Over / (Shortfall) YTD Operating Cost	(21,391)	(19,651)	(118,360)
Central Fund Loan (Mortgage):			
Building Fund Collections	27,720	28,312	329,494
2019 Pledges	15,396	15,035	72,637
Donor Wall	0	112,500	112,500
Weekly Loan Payment	49,600	49,600	399,550
Over / (Shortfall) YTD Loan Payment	(6,484)	106,247	115,081
Diocesan Annual Campaign:			
Together In Action	Weeks 27-30	Weeks 31-34	
2019 Collections	2,175	2,716	29,831
2019 Target			57,093
Remaining towards 2019 Goal			27,262
Collections in our Diocese:			
Holy Childhood	1,073	1,335	8,599



Welcome Back! We start our Youth Ministry on Tuesday, September 17th from 6:30-8:30 PM. All in grade 7 and older are welcome. Email Vicki at youth@ascensionparish.ca



The next CWL meeting is Wednesday, September 11th at 7:00 PM. All women from 16 years old, Catholic and non-Catholic, are welcome to join us. For more information please contact cwl.ascension@gmail.com

Parish Staff

- Pastor: **Fr. Avinash Colaco**
- Associates:
Fr. Rodel Abanto
Fr. Adrian Martens
- Deacon: **Patrick Woo**
- Secretary: **Nancy Mitchell**
- Receptionist: **Angelina Ling**
- Sacraments: **Monica Purnama**
- Baptisms: **Jenn Pashula**
- Youth: **Vicki Hayles**
- Bookkeeper: **Nora Alzamora Torres**
- Custodian: **Jose Gil**
- Evening Staff: **David Cadegan**
- Resource Coordinator: **Sharron Robinson (Volunteer Position)**

Office Hours

Monday to Friday: 9:30 AM - 4:30 PM

Lunch: 12:30 PM - 1:00 PM

Sacraments

Baptism for Infants: Baptisms are celebrated on the **2nd, 3rd & 4th Sundays** of each month after the 12:00 PM Mass at 1:30 PM. Please call Jenn at 403.275.2240 or email baptism@ascensionparish.ca to register.

Baptism Preparation Class: Preparation classes take place on the **1st Saturday** of each month at 10:00 AM in the Sanctuary. Parents are to attend the class at least 3 weeks prior to the Baptism Celebration. Please call Jenn at 403.275.2240 or email baptism@ascensionparish.ca to register.

First Holy Communion (Gr. 2 & up): Registration is open on our Parish website. Please register your child by September 28, 2019.

First Reconciliation (Gr. 2 & up): Registration is open on our Parish website. Please register your child by September 28, 2019.

Confirmation (Gr. 6 & up): Registration is closed. Please register your child in November, 2019.

Marriage: By appointment, 6 months in advance. Call the office.

Marriage Preparation Class: 3rd Friday & Saturday of each month (some exceptions apply). Registration fee is \$100 per couple and includes course materials, snacks and lunch. To register please email Ferdie: marriageprepatascension@gmail.com

RCIA: The Rite of Christian Initiation of Adults
For more information contact the Church office.

RCIA SPONSORS: We are seeking sponsors to assist RCIA catechumens as they become familiar with the Christian way of life. Contact Rob at robkehrig@gmail.com for information.

Anointing of the Sick & Dying: Call the Parish office at 403.275.2240

Outside of the office hours, please call 403.275.2240.

When prompted, press 2 for Fr. Avinash, press 3 for Fr. Rodel, press 4 for Fr. Adrian (Thursdays & Fridays).

Please leave a detailed message. The priest will return your call.

Ministry Contacts

Sacraments

Baptism Preparation: Jenn Pashula | baptism@ascensionparish.ca
Marriage Preparation: Ferdie Gayos | marriageprepatascension@gmail.com
RCIA: Rob Kehrig | robkehrig@gmail.com
Sacramental Preparation: Monica Purnama | sacraments@ascensionparish.ca

Parish Ministries

Ascension Renovations Committee: John Arbeau | jarbeau@telus.net
Building Fund Committee: Mark Holland | markholland@shaw.ca
Collection Counters: DeeDee Hedley | ddhedley@shaw.ca
Finance Council: Christina Dao | c_dc_d@hotmail.com
Funeral Mass Coordinator: Jocelyn Mugleston | jmugle92@shaw.ca
Funeral Lunch Committee: Irene Woytas | office@ascensionparish.ca
Kitchen Ministry Coordinator: Twila Tayfel | tmtyfel@yahoo.com
Parish Pastoral Council: Sandra Will-Krile | samandrafo@shaw.ca
Pastoral Care: Virginia Rappel | virginia.rappel@gmail.com
R.S.V.P: Lucy Reyes | lucy.reyes@me.com
Youth Ministry: Vicki Hayles | youth@ascensionparish.ca
Volunteer Resource: Sharron Robinson | resource@ascensionparish.ca

Liturgy

Altar Servers: Shannon Cormier | server@ascensionparish.ca
Art & Environment: Maria San Miguel | let@shaw.ca
Ex-ord. Ministers of Holy Communion: Nadia Oliverio | nadia.oliverio@shaw.ca
Greeters: Eneyo Eyo | eneyo_eyo@yahoo.com
Lectors: Andrew Harich | harich0307@gmail.com
Liturgy Committee: Holly Davidson | hollyd@telus.net
Liturgical Mentor: Casey Plettell | ckc13@hotmail.ca
Music Ministry: Gwen Raymundo | music@ascensionparish.ca
Sacristans: Holly Davidson | hollyd@telus.net
Sacristy Care: James Chuah | jameschuah10248@gmail.com
Ushers: Jonathan Dixon | jonathandixon1@mac.com
Weekday Masses: Connie Raz | connieraz@gmail.com

Lay Ministries

Bible Study: Murray Britt | britmur127@gmail.com
Catholic Women's League: Sheena Koett | cwl.ascension@gmail.com
Knights of Columbus: Phil Fitzgerald | gk10065@kofc.ab.ca
Legion of Mary: Garry Bahen | gbahen03@shaw.ca
Prayer Warriors: Mary Keizer | mary.c.keizer999@gmail.com
St. Vincent de Paul Society: Hamper Request | 587.755.3855
St. Vincent de Paul Society: Davina Janssens | ssvp.ascension@gmail.com