



ASCENSION CATHOLIC PARISH

"Sharing the Spirit Together in Christ"

Mark 7.1-8, 14-15, 21-23 – "Out of the heart come evil thoughts"

Which is more important to God - clean hands or a clean mind and heart? The Scribes and Pharisees were upset with Jesus because he allowed his disciples to break with their ritual traditions by eating with unclean hands. They sent a delegation all the way from Jerusalem to Galilee to bring their accusation in a face-to-face confrontation with Jesus. Jesus dealt with their accusation by going to the heart of the matter - by looking at God's intention and purpose for the commandments. Jesus explains that they void God's command because they allow their hearts and minds to be clouded by their own notions of what is true religion.



Where does evil spring from and what's the solution for eliminating it from our lives? Jesus points his listeners to the source of true defilement - evil desires which come from inside a person's innermost being. Sin does not happen. It first springs from the innermost recesses of our thoughts and intentions, from the secret desires which only the individual soul can conceive. God in his mercy sent his Son Jesus Christ to free us from our sinful cravings and burden of guilt, and to restore us to wholeness of life and goodness. But to receive his mercy and healing, we must admit our faults and ask for his forgiveness. So we pray: "Lord Jesus, fill me with your Holy Spirit and make my heart like yours – on fire with love and holiness. Strengthen my will that I may always choose to love what is good and to reject what is evil." Amen **2018 Don Schwager**
www.dailyscripture.net

MASS INTENTIONS:
 September 1-7, 2018

Day	Date	Time	Intentions
Sat	Sept 1	5:00pm	Auta Adelaida D'Mello (+)
Sat	Sept 1	7:00pm	Carmela & Guglielmo Minardi (+)
Sun	Sept 2	8:30am	SI of Noel Manipon Family
Sun	Sept 2	10:30am	Dolorosa Pires (+)
Sun	Sept 2	12:30pm	Aline Hennessey (+)
Sun	Sept 2	5:00pm	Luvimin Espina (+)
Mon	Sept 3	9:00am	SI of Stephen Elliot
Tue	Sept 4	9:00am	Ciriaca Olalia (+)
Wed	Sept 5	9:00am	SI of Gord & Nancy Rogalsky
Wed	Sept 5	6:30pm	Joaquina D'Souza (+)
Thur	Sept 6	9:00am	Vivian Barry (+)
Fri	Sept 7	9:00am	Aley Kurian (+)

SOCIETY OF ST. VINCENT de PAUL

We are very excited to announce the Society of Saint Vincent de Paul is now delivering Food Hampers from the Ascension Conference Hamper room. The families we serve are extremely grateful for your ongoing generosity and support. If you would like to have a tax receipt for your donation, there are envelopes available in the Narthex. Please make cheques payable to the Society of Saint Vincent de Paul. We will also accept donations of Canadian Tire Money or Gift Cards. The Society would also like to thank everyone who supported the School Supply Drive and in serving the poor. Share Sunday collection will be next weekend, Saturday September 8th and Sunday September 9th.

PARISH STAFF:

- **Pastor:** Fr. Avinash Colaco
- **Associates:**
 Fr. Rodel Abanto
 Fr. Adrian Martens
- **Secretary:** Nancy Mitchell
- **Receptionist:** Angelina Ling
- **Sacraments:** Monica Purnama
- **Baptisms:** Jennifer Pashula
- **Youth:** Vicki Hayles
- **Bookkeeper:** Nora Alzamora Torres
- **Custodian:** Jose Gil
- **Evening Staff:** David Cadegan
- **Volunteer Resource Coordinator:**
 Sharron Robinson (Volunteer Position)

OFFICE HOURS:

Monday to Friday: 9:30am – 4:30pm
 Lunch: 12:30pm – 1:00pm

MASS TIMES:

Weekday Masses:

Monday to Friday: 9:00am
 Wednesday: 6:15pm (Mother of Perpetual Help Novena)

Weekend Masses:

Saturday: 5:00pm & 7:00pm
 Sunday: 8:30am, 10:30am, 12:30pm & 5:00pm

Rosary:

Prayed daily in the Sanctuary

Monday to Friday: 8:30am
 Saturday 4:30pm
 Sunday 8:00am

Adoration of the Blessed Sacrament:

Fridays after Mass followed by Benediction at 10:00am

First Friday Adoration: Sacred Heart

Novena following 9:00am Mass and Benediction at 10:20am

Reconciliation:

½ hour before Weekday Masses (except Mondays)
 Saturday 4:00pm to 4:45pm
 Sunday 7:30am to 8:15am and by appointment

SACRAMENTS

Baptism: Baptisms are celebrated on the 2nd, 3rd & 4th **Saturdays** of each month at 10:00 am (except during Lent). Please call Jenn on Mondays & Wednesdays at 403-275-2240 or email baptism@ascensionparish.ca to register.

Baptism Preparation Class: Preparation classes take place on the 1st **Saturday** of each month at 10:00 am in the Sanctuary. Parents and Godparents are to attend the class at least 3 weeks prior to the Baptism Celebration.

First Holy Communion (Gr. 2 & up): Parent Only Information Sessions – **September 27th at 6:30 pm or September 29th at 9:30 am.**

First Reconciliation (Gr. 2 & up): Parent Only Information Sessions – **September 27th at 6:30 pm or September 29th at 9:30 am.**

Confirmation (Gr. 6 & up): Winter 2018

Marriage: By appointment, 6 months in advance

Marriage Preparation Class: 3rd Saturday of each month (Some exceptions apply). To register for a class, email Ferdie: marriageprepatascension@gmail.com Registration fee is \$100 per couple and includes course materials, snacks and lunch.

RCIA: The Rite of Christian Initiation of Adults (RCIA) is a communal process of spiritual and educational formation for adults who seek to become full members of the Roman Catholic Church through a conversion of mind and heart. The process is open to all persons, regardless of religious background or philosophical persuasion, who genuinely seek, by God's grace, to live their lives in the distinctive Catholic Christian faith. Meetings run weekly from September to May (Tuesdays) and monthly throughout the summer. For more information contact the Church office.

Next meeting is at 7:00 pm on September 4th.

RCIA SPONSORS NEEDED: Where are you in your faith journey? Learn to be an example while mentoring another in their journey of faith. We are currently seeking sponsors to assist RCIA catechumens as they become familiar with the Christian way of life. We will be offering a sponsor workshop. Please contact the parish office for more information.

ADULT CONFIRMATION: In Confirmation we receive the gifts of the Holy Spirit to be witnesses of Jesus in our daily lives. If you are a practicing Baptized Adult Catholic who has received the Sacrament of First Holy Communion and need to receive the Sacrament of Confirmation or First Reconciliation, you can attend nine Tuesday evenings of "Enriching our Catholic Faith" classes **starting Tuesday, October 9th at 7:00 pm.** For more information and to register for the classes please call the Parish office or email secretary@ascensionparish.ca

GRIEF & LOSS DAY RETREAT

Are you going through a difficult transition? Are you seeking a new vision or direction in life? Grief and loss can be a blessing in disguise. Find strength, consolation, and peace in times of grief and loss through faith and by surrendering to the Lord. You are invited to join us on a powerful journey of growth and healing at the Divine Mercy Centre on Saturday, **November 10th, 10:30 am to 4:00 pm.** Please bring a bagged lunch.

A PRAYER FOR A NEW SCHOOL YEAR

God of wisdom and might, we praise you for the wonder of our being, for mind, body and spirit. Be with our children as they begin a new school year. Bless them and their teachers and staff. Give them strength and grace as their bodies grow; wisdom and knowledge to their minds as they search for understanding; and peace and zeal to their hearts. We ask this through Jesus Christ our Lord. Amen.

Sacrament Preparation Program

First Reconciliation & First Holy Communion

New Sacrament Preparation Program

All children receiving the Sacrament of First Holy Communion **MUST FIRST** receive the Sacrament of Reconciliation. Therefore, preparation for these Sacraments is now combined in the same school year.

Who Should Register?

Children in grade 2 and up who had been baptized or made the Profession of Faith in the Catholic Church can register for the Sacrament Preparation Program.



Do you know?

Registration is now online!

Please visit www.ascensionparish.ca for more information

These are the steps



#1

Register



#2

Upload



#3

Pay



#4

Attend



#5

Celebrate

FIRST HOLY COMMUNION & FIRST RECONCILIATION REGISTRATION

Parent Only Information Sessions – **Thursday, September 27th at 6:30 pm OR Saturday, September 29th at 9:30 am.**

CAPITAL CAMPAIGN

Commitment Card Program Update

Over the summer the Parish Office and the Capital Campaign Committee delivered an update to all those participating in the Commitment Card Program. A letter was sent out summarizing your personal results, showing your original commitment and the contributions to-date. A number of telephone calls were also made to review the results and to provide assistance on how to catch up if the results to-date did not meet the original commitments. We really appreciate your participation calls and your support in successfully completing the program at the end of March 2019. Please contact Nora in the Parish Office if you need more information about your contributions.

Did you know?

Many of you may have never heard of the Commitment Card Program, even though it is a parishioner led program and is critically important to the funding our Parish renovation. It started a few years ago to kick-start and establish ongoing funding for our renovation. It was a commitment by Parishioners to contribute funds, over and above regular contributions, to fund the renovation. We have 7 months remaining in the program and if you are not currently involved, please consider joining for the remainder of the program. Contributions can easily and confidentially be set up through the office. More information will be provided on the September 8-9 weekend.

COME AND SEE

Discerning the Call to Religious Life. Single women aged 18-40 are invited to attend this retreat as it is a perfect opportunity to check out Religious Life and discern the vocation God desires for you. **Saturday, October 20, 2018 & May 25, 2019 from 10:30 am to 4:00 pm.** For more information or to register online please visit www.sistersofdivinemersey.org (click Come & See).



Roman Catholic Diocese of Calgary **Announcements from the Catholic Pastoral Centre for September 2nd, 2018** **Twenty-Second Sunday in Ordinary Time**

ELIZABETH HOUSE THANKS YOU – The Elizabeth House Garage Sale was a great success. Donated items were received from all over Calgary, and in just four hours we raised an estimated \$2,416.55 from the sale. Projected total after being matched by the Birdies for Kids program is an estimated \$3,650. We would like to thank everyone who volunteered their time; those who came and supported the sale and those who made donations. The funds will support mothers and their babies in Elizabeth House!

RIDE FOR REFUGE 2018 – The Ride for Refuge is a family-friendly cycling and walking fundraiser that supports charities that provide refuge and hope for displaced, vulnerable and exploited people. Join Elizabeth House on Saturday Sep. 29, 2018. Ride or donate, and help transform lives, two generations at a time! For more information, call Michelle at 403-228-9724 | Register at www.rideforrefuge.org

ONE ROCK 2.0 – Patrick Coffin, Lizzie Reezay and Brian Holdsworth will be joining One Rock 2.0! On Sat, Sep. 29 at St. Michael's Catholic Community (800 85 St. SW, Calgary). Catholic young adults (ages 18-35) in the Diocese are invited to pre-register at www.onerock.ca

BISHOP'S DINNER 2018 – On Friday, Oct. 19, join Bishop William T. McGrattan at the Bishop's Dinner. This year, we will celebrate Catholic Education and five incredible programs that support some of our most vulnerable students. The gala event will be held at the Telus Convention Centre. Tickets are \$185/person and a table of 8 is \$1480. For more information, call 403-218-5500 | www.bishopsdinner.ca

TRANSITIONS PROGRAM – This is a 15-week peer support program for those recently separated or divorced. The next program will begin on Wednesday, Oct. 10, 2018 (7 to 9 pm). Call 403-218-5505 | lifeandfamily@calgarydiocese.ca

PRISON MINISTRY WORKSHOP – LETHBRIDGE – Have you ever thought about serving in prison ministry? While the call to serve those in prison can be exciting, it could also be daunting and accompanied by various concerns. This call deserves a serious consideration and if you would like to explore whether this ministry is for you, register to attend the Prison Ministry Education Workshop from Sept. 21-22. For more information, contact Marilou at 403-218-5519.

MARRIAGE PREPARATION:

- LIFE & FAMILY RESOUR CECENTRE – Sep. 24 (followed by Oct. 12-13), Oct. 15 (followed by Nov. 2-3) & Nov. 19 (followed by Dec. 7-8), Catholic Pastoral Centre, Calgary. Contact 403-218-5505 | events.calgarydiocese.ca

- CATHOLIC FAMILY SERVICES – Oct. 19-21 at St. Joseph, Calgary, Nov. 23-25 at St. Cecilia, Calgary Contact 403-233-2360 | www.cfs-ab.org

PLANNED GIVING SEMINAR – Be inspired to make a difference. Learn how to maximize your legacy for family and charity in your will. Two dates: Wednesday, Sept. 26 (5:45 – 7:30 pm); Wednesday, Nov. 7 (2 – 3:30 pm) at the Pastoral Centre (120 17 Ave SW, Calgary). Register: Doreen | 403-218-5522 | charities@calgarydiocese.ca

BEREAVEMENT EDUCATION PROGRAM – Learn how to support grieving family, friends or colleagues as they navigate their personal grief journey. Bereavement Education Program is an intensive, multi-session program, providing skills to effectively offer your presence and support in caring ways to those going through a period of bereavement. When: Oct. 12 & 13 followed by Oct. 19 & 20 at St. Michael's Catholic Community (800 85 St. SW, Calgary). To register, contact 403-218-5501 or online at <http://events.calgarydiocese.ca>

PROJECT RACHEL POST ABORTION COUNSELLING – The ministry offers a journey of healing and reconciliation for women and men who are suffering from a past abortion experience. For more information, contact 403-218-5506 or toll free at 1-877-597-3223 | info@projectrachel.ca | www.projectrachel.ca

SPECIAL NEEDS MINISTRY AND MASS – St. Patrick's Parish is forming a new ministry with the mission: "To create a loving, supportive and compassionate church community that renews and restores faith and hope to families and children living with special needs." St. Patrick's Special Needs Mass will be starting up again on Sunday, Sept. 9 at 5 pm. We will continue to celebrate it the second and fourth Sunday of the Month. For more information, contact Brenda-Lee at 403-835-2749, or visit www.stpatrickcalgary.com under Calendar.

FCS CONFERENCE: KEEPING FAITHFUL TO THE FAITH IN A POST CHRISTIAN SOCIETY – Bishop Emeritus Fred Henry will be the keynote speaker at the Fellowship of Catholic Scholars, taking place on Friday, Sept. 28 & 29 at Wingate Wyndham Hotel in Calgary. The Fellowship looks forward to Bishop Emeritus Henry's address as he analyzes the nature and scope of the challenge to the Faith in Canadian society, which no longer regards Christianity as relevant, having replaced it with a secular anthropology and relativist morality which views Christianity with antipathy. How might a Christian living in what amounts to a pagan society keep the Faith? Lively, engaging scholarly debate on important issues in Canada and in the Catholic Church will follow. For more information, contact 403-220-2973 or register at www.fcsconference.ca

TRAINING THE TRAINERS – LITURGY WORKSHOP – This is an invitation for priests, deacons and parish liturgical ministry coordinators to join us at the upcoming Western Conference of Liturgy, Oct. 26-27 in Winnipeg, Manitoba (Archdiocese of St. Boniface). Theme: Training the Trainers: A Workshop for Liturgical Leaders (Priests, Deacons, EMHC, Lector, Musician, Altar Server and Hospitality). For more information or to register, contact Judy at 780-476-2457 | www.WCLCanada.wordpress.com

PRAY TOGETHER FOR OUR LADY'S INTENTION – The Marian Movement of Priests Cenacle Prayer invites you to pray together for Our Lady's intention, which is the salvation of all humanity. The cenacle will begin with the exposition of the Blessed Sacrament, rosary prayer, meditation on Mother of Adoration and Reparation, prayer to the Act Consecration to the Immaculate Heart of Mary and end with Mass. Monday, Sept. 24, 6:30 - 9 pm at Corpus Christi Church (404 Northmount Place NW, Calgary). Contact Marjorie at 403-926-5798 | marymarjoriet@yahoo.ca | <http://mmpcanada.ca>

NATIONAL LIFE CHAIN SUNDAY – Life Chain Calgary invites you to a peaceful and prayerful public witness of pro-life, standing in honor of lives lost to abortions on National Life Chain Sunday: Sunday, Sept 30, 2:30 - 4 pm, along MacLeod Trail between Heritage Dr. and Southland Dr. For more information contact lovingthegiftoflife@gmail.com

FATAL FLAWS: LEGALIZING ASSISTED DEATH – St Michael's Catholic Community will be hosting a film documentary of 'Fatal Flaws: Legalizing Assisted Death' followed by Q&A with producer and filmmaker Kevin Dunn. Mon, Oct. 22 from 7 – 9pm at St. Michael's (800 85 St SW, Calgary).

SECULAR FRANCISCAN INFORMATION SESSION – Secular Franciscans are a community of practicing Catholic adults who strive to live the Gospel of Jesus Christ more profoundly in their daily lives like St. Francis of Assisi. You are invited to join their information session on Sunday, Sept. 16 at noon, at Canadian Martyrs Parish (835 Northmount Drive NW, Calgary). Contact: Lynn Spicer at 403-719-5852 | www.ofscalgary.com

INDONESIAN FOOD BAZAAR – The Indonesian Catholic Community of Calgary (UKI Calgary) invites you to their Indonesian Food Bazaar on Saturday, Sept. 22 at St. Joseph Church (640 19 Ave NW, Calgary) from 11 am to 2 pm. Come and try genuine and delicious Indonesian food, desserts and beverages! For more information about UKI, contact 403-402-3810 | www.ukicalgary.ca

NEWS.CalgaryDiocese.ca | WHAT'S HAPPENING *in the* DIOCESE. Contact: 403-218-5500 or E-mail: communications@calgarydiocese.ca

UPCOMING EVENTS

SEPTEMBER 7-9: RETROUVAILLE – A LIFELINE FOR MARRIED COUPLES - Married couples struggling and/or confused about difficulties in their relationship with their spouse can find help in taking the Retrouvaille program! The program is starting on the weekend of **September 7-9, 2018** but there is still time to register. Information can be found on their website at www.helpourmarriagecalgary.com or by calling 403-879-7893.

SEPTEMBER 12: CATHOLIC WOMEN'S LEAGUE (CWL)
Welcome back to all Ascension Parish CWL members. We meet on the second Wednesday of each month and our next meeting is on **September 12th at 7:00 pm in the Parish**. For more info / questions please e-mail us at: cwl.ascension@gmail.com

SEPTEMBER 22: 40 DAYS FOR LIFE PRAYER KICK-OFF
Matt Britton, Chairman of 40 DFL will be in Calgary for the kick-off accompanied by Fr. Frances de Rosa, a Roman Catholic Priest from the Diocese of Arlington, Virginia. Both will be the guest speakers at the next Kick-Off which will be held at St. Michael's Catholic Church (800 85 St. SW) on **Saturday, September 22 from 2:30 to 4:30 pm**. Come to get empowered and inspired by these 2 worldwide leaders in the culture of life. At this time the pro-life movement is under tremendous attack from our governments (both federally and provincially) and from the media. Now is the time to preserve and protect our right to speak for a culture of life. For more information call 403-870-3905 or visit 40daysforlife.com/local-campaigns/calgary/ Lots of people are expected so please confirm your attendance at 40daysforlife.calgary@gmail.com

SEPTEMBER 30: LIFE CHAIN – Saving lives from coast to Coast! LIFE CHAIN is a peaceful and prayerful public witness of pro-life individuals standing for 90 minutes praying for our nation and for an end to abortion. It is a visual statement of solidarity by the Christian community that abortion kills children and that the Church supports the sanctity of human life from the moment of conception until natural death. Join thousands across Canada standing up against abortion in this peaceful witness on **Sunday, September 30th from 2:30-4:00 pm** along MacLeod Trail between Heritage Drive & Southland Drive. For event details visit: http://lifechain.net/CanList_V2.html#CANADA

OCTOBER 13: ALTAR SERVER TRAINING – Our Altar Servers help the people of God worship by assisting the Priest during Mass. Children in Grade 3 and older who have received their First Holy Communion are able to serve in this Ministry. If you would like to be an Altar Server please email server@ascensionparish.ca to sign up for the training session on **Saturday, October 13th at 12:00 pm** in the Sanctuary.

KNIGHTS OF COLUMBUS STORE CARDS: Please participate routinely in the store card program to help support Parish ministries and the needy. **A portion of the proceeds will also go towards our Renovation Fund.**

THE POPE'S MONTHLY INTENTION FOR SEPTEMBER
Universal: Young People in Africa - That young people in Africa may have access to education and work in their own countries.

PARISH TEAM CONTACT INFORMATION

MINISTRY	CONTACT NAMES	EMAIL ADDRESSES
Altar Servers.....	Jehan Esguerra & Brooklyn Kerner.....	server@ascensionparish.ca
Art & Environment	Constance Mak	cylnqmk@gmail.com
Ascension Renovations Committee.....	John Arbeau.....	jarbeau@telus.net
Baptism Preparation.....	Jenn Pashula.....	baptism@ascensionparish.ca
Bible Study.....	Murray Britt.....	britmur127@gmail.com
Capital Campaign.....	Mark Holland.....	markholland@shaw.ca
Collection Counters.....	DeeDee Hedley.....	ddhedley@shaw.ca
CWL.....	Sheena Koett.....	cwl.ascension@gmail.com
Ex-ord. Ministers of Holy Communion....	Nadia Oliverio.....	nadia.oliverio@shaw.ca
Finance Council.....	Christina Dao.....	c_dc_d@hotmail.com
Funeral Lunch Committee.....	Irene Woytas.....	office@ascensionparish.ca
Funeral Mass Coordinator.....	Jocelyn Mugleston.....	gjmug@shaw.ca
Greeters.....	Elizabeth De Guzman.....	edeguzman7@gmail.com
Knights of Columbus.....	Kevin Power.....	gk10065@kofc.ab.ca
Lectors.....	Donna Hickie.....	donna.hickie@cssd.ab.ca
Legion of Mary.....	Garry Bahen.....	gbahen03@shaw.ca
Liturgy Committee.....	Holly Davidson.....	hollyd@telus.net
Marriage Preparation Classes.....	Ferdie Gayos.....	marriageprepatascension@gmail.com
Music Ministry.....	Jenny Biegun.....	biegunj@hotmail.com
Music Ministry.....	Nicole Nguyen.....	nhi.t.p.nguyen@gmail.com
Parish Pastoral Council.....	Sandra Will-Krile.....	samandrafo@shaw.ca
Pastoral Care.....	Diane Lincoln.....	lincolnfamily@gmail.com
Prayer Warriors.....	Mary Keizer.....	mary.c.keizer999@gmail.com
RCIA.....	Rob Kehrig.....	robkehrig@gmail.com
Rosary.....	Theresa D'Costa.....	dcostas@telus.net
R.S.V.P.....	Lucy Reyes.....	lucy.reyes@me.com
Sacramental Preparation.....	Monica Purnama.....	sacraments@ascensionparish.ca
Sacristans.....	Holly Davidson.....	hollyd@telus.net
Sacristy Care.....	Rita Johnson.....	office@ascensionparish.ca
St. Vincent de Paul Society.....	Hamper Request.....	403.275.0994
St. Vincent de Paul Society.....	Terry Moynihan.....	moynihan@telusplanet.net
Seniors Committee.....	Marietta Archer.....	office@ascensionparish.ca
Ushers.....	Chris Rappel.....	crappel@shaw.ca
Volunteer Resource.....	Sharron Robinson.....	resource@ascensionparish.ca
Weekday Masses.....	Connie Raz.....	connieraz@gmail.com
Youth.....	Vicki Hayles.....	youth@ascensionparish.ca

If you do not have access to email, please call the office at 403.275.2240 and we will forward your request.