



ASCENSION CATHOLIC PARISH

"Sharing the Spirit Together in Christ"

Mark 9:38-43,45, 47-48 – "Any one who does a mighty work in my name"

Jesus warns his disciples of the terrible responsibility that they must set no stumbling block in the way of another, that is, not give offense or bad example that might lead another to sin. The young in faith are especially vulnerable to the bad example of those who should be passing on the faith. Do you set a good example for others to follow, especially the young? Those who show kindness and charity will be greatly rewarded. Who in their right mind would want to lose their reward and then be deprived of joy in the end? We have been given the greatest of rewards - God himself who is perfect love and source of abundant life and unending happiness. Paul the Apostle tells us that "God's love has been poured into our hearts through the Holy Spirit" (Romans 5:5). God's love purifies our hearts and compels us to express kindness and charity towards our neighbor who is created in the image and likeness of God. We were created in love for love. The charity we show to our neighbors in their need expresses the gratitude we have for the abundant goodness and kindness of God towards us. Jesus declared that any kindness shown and any help given to the people of Christ will not lose its reward. Jesus never refused to give to anyone in need who asked for his help. As his disciples we are called to be kind and generous as he is. Do you allow the love of Christ to transform your heart that you may treat your neighbor with loving-kindness and mercy? "Lord Jesus, fill me with your Holy Spirit that I may radiate the joy of the Gospel to others. May your light and truth shine through me that others may find new life and joy in you, and freedom from sin and oppression." 2018 Don Schwager www.dailyscripture.net



MASS INTENTIONS:
September 29-Oct 5, 2018

Day	Date	Time	Intentions
Sat	Sept 29	5:00pm	Natale & Antonietta Mauro (+)
Sat	Sept 29	7:00pm	SI of Miguel Borja
Sun	Sept 30	8:30am	Geronima Raz (+)
Sun	Sept 30	10:30am	Dominic Nzete Anamali (+)
Sun	Sept 30	12:30pm	Emmanuel Lidji (+)
Sun	Sept 30	5:00pm	Andy Yambao (+)
Mon	Oct 1	9:00am	SI of Ira Brooks
Tue	Oct 2	No Mass	Priest Study Days – SI of Lucy Reyes
Wed	Oct 3	No Mass	Priest Study Days – Richard Pranantyo (+)
Wed	Oct 3	No Mass	Priest Study Days – SI of Ho Family
Thur	Oct 4	No Mass	Priest Study Days – SI of Rachel Darrigan
Fri	Oct 5	9:00am	Marium Kurian (+)

PRIEST STUDY DAYS – NO MASSES

All Priests in the Diocese will be attending Study Days on **Tuesday, October 2nd, Wednesday, October 3rd & Thursday, October 4th**. There will be no Masses celebrated on these days. **Mass Intentions will be prayed by our Priests at the Study Days location.** Please keep our Priests in your prayers.

PARISH STAFF:

- **Pastor:** Fr. Avinash Colaco
- **Associates:**
Fr. Rodel Abanto
Fr. Adrian Martens
- **Secretary:** Nancy Mitchell
- **Receptionist:** Angelina Ling
- **Sacraments:** Monica Purnama
- **Baptisms:** Jennifer Pashula
- **Youth:** Vicki Hayles
- **Bookkeeper:** Nora Alzamora Torres
- **Custodian:** Jose Gil
- **Evening Staff:** David Cadegan
- **Volunteer Resource Coordinator:**
Sharron Robinson (Volunteer Position)

OFFICE HOURS:

Monday to Friday: 9:30am – 4:30pm
Lunch: 12:30pm – 1:00pm

MASS TIMES:

Weekday Masses:

Monday to Friday: 9:00am
Wednesday: 6:30pm (Mother of Perpetual Help Novena at 6:15pm)

Weekend Masses:

Saturday: 5:00pm & 7:00pm
Sunday: 8:30am, 10:30am, 12:30pm & 5:00pm

Rosary:

Prayed daily in the Sanctuary

Monday to Friday: 8:30am
Saturday 4:30pm
Sunday 8:00am

Adoration of the Blessed Sacrament:

Fridays after Mass followed by Benediction at 10:00am

First Friday Adoration: Sacred Heart

Novena following 9:00am Mass and Benediction at 10:20am

Reconciliation:

½ hour before Weekday Masses (except Mondays)
Saturday 4:00pm to 4:45pm
Sunday 7:30am to 8:15am and by appointment

SACRAMENTS

Baptism: Baptisms are celebrated on the 2nd, 3rd & 4th Saturdays of each month at 10:00 am (except during Lent). Please call Jenn on Mondays & Wednesdays at 403-275-2240 or email baptism@ascensionparish.ca to register.

Baptism Preparation Class: Preparation classes take place on the 1st Saturday of each month at 10:00 am in the Sanctuary. Parents and Godparents are to attend the class at least 3 weeks prior to the Baptism Celebration.

Confirmation (Gr. 6 & up): Winter 2018

Marriage: By appointment, 6 months in advance

Marriage Preparation Class: 3rd Saturday of each month (Some exceptions apply). To register for a class, email Ferdie: marriageprepatascension@gmail.com Registration fee is \$100 per couple and includes course materials, snacks and lunch.

RCIA: The Rite of Christian Initiation of Adults (RCIA) is a communal process of spiritual and educational formation for adults who seek to become full members of the Roman Catholic Church through a conversion of mind and heart. The process is open to all persons, regardless of religious background or philosophical persuasion, who genuinely seek, by God's grace, to live their lives in the distinctive Catholic Christian faith. Meetings run weekly from September to May (Tuesdays) and monthly throughout the summer. For more information contact the Church office.

RCIA SPONSORS NEEDED: Where are you in your faith journey? Learn to be an example while mentoring another in their journey of faith. We are currently seeking sponsors to assist RCIA catechumens as they become familiar with the Christian way of life. We will be offering a sponsor workshop. Please contact the parish office for more information.

ADULT CONFIRMATION: In Confirmation we receive the gifts of the Holy Spirit to be witnesses of Jesus in our daily lives. If you are a practicing Baptized Adult Catholic who has received the Sacrament of First Holy Communion and need to receive the Sacrament of Confirmation or First Reconciliation, you can attend nine Tuesday evenings of "Enriching our Catholic Faith" classes **starting Tuesday, October 9th at 7:00 pm**. For more information and to register for the classes please call the Parish office or email secretary@ascensionparish.ca



Building Relationships and Sharing our Catholic Faith and Values

Youth Ministry is an essential part of life in our Parish and it has been for almost 20 years! We have Youth activities for Junior High, Senior High and Young Adults. Our program is busy, diverse and has something for everyone who participates. The emphasis is building relationships and sharing our Catholic Faith and values. We follow the liturgical calendar and our themes and topics flow from the seasons of the Church. We have fun nights and discussion nights keeping our Parish motto in mind: "Sharing the Spirit Together in Christ". For more information contact youth@ascensionparish.ca

All youth in Grade 7 and older are welcome to join us on Wednesday evenings starting with Mass at 6:30 pm followed by snacks and games!



Online Registration is available at www.ascensionparish.ca

Dates and times are subject to change according to Church calendar and Parish needs

First Reconciliation
Grade 2 and up

First Holy Communion
Grade 2 and up

Information Night And Registration	Parent(s) ONLY	
	Thurs., Sep. 27, 2018 6:30 – 8 pm	OR Sat., Sep. 29, 2018 9:30 – 11 am
Session I	Candidates and Parent(s) Thurs., Oct. 25, 2018 6:30 – 8 pm OR Sat., Oct. 27, 2018 3 – 4:30 pm	Candidates and Parent(s) Thurs., Feb. 21, 2019 6:30 – 8 pm OR Sat., Feb. 23, 2019 3 – 4:30 pm
Session II	Candidates and Parent(s) Thurs., Nov. 15, 2018 6:30 – 8 pm OR Sat., Nov. 17, 2018 3 – 4:30 pm	Candidates and Parent(s) Thurs., Mar. 14, 2019 6:30 – 8 pm OR Sat., Mar. 16, 2019 3 – 4:30 pm
Session III	Candidates and Parent(s) Thurs., Nov. 29, 2018 6:30 – 8 pm OR Sat., Dec. 1, 2018 3 – 4:30 pm	Candidates and Parent(s) Thurs., May 9, 2019 6:30 – 8 pm OR Sat., May 11, 2019 3 – 4:30 pm
Session IV	Candidates and Parent(s) Thurs., Jan. 17, 2019 6:30 – 8 pm OR Sat., Jan. 19, 2019 3 – 4:30 pm	Candidates and Parent(s) Thurs., May 23, 2019 6:30 – 8 pm OR Sat., May 25, 2019 3 – 4:30 pm
Retreat	Candidates and Parent(s) Sat., Feb. 2, 2019 9 – 11 am OR Sat., Feb. 2, 2019 1 – 3 pm	Candidates and Parent(s) Sat., Jun. 1, 2019 9 – 11 am OR Sat., Jun. 1, 2019 1 – 3 pm
Rehearsal	Covered within the retreat	Covered within the retreat
Celebration / Service	Tues., Feb. 5, 2019 6:30 pm (Blessed Marie-Rose, MNA, St. Bede, St. Jerome, St. Elizabeth) Thur., Feb. 7, 2019 6:30 pm (AOOL, OLG, St. Clare, Other Schools)	Sun., Jun. 2, 2019 2:30 pm (Blessed Marie-Rose, MNA, St. Bede, St. Jerome, St. Elizabeth) Sun., Jun. 16, 2019 2:30 pm (AOOL, OLG, St. Clare, Other Schools)

Have you registered your children for their Sacraments?
Please contact Monica at sacraments@ascensionparish.ca



September 26 - November 4
40 DAYS FOR LIFE

40 DAYS FOR LIFE FALL CAMPAIGN HELP SAVE LIVES IN CALGARY!

It has been proven that praying works. Since 2007 close to 15,000 babies had been saved from abortion, 100 facilities closed and almost 200 employees in this type of industry have quit. Appointments drop by 75% when people are on the sidewalk praying. Canadian Martyr's Church, St. Anthony's Parish and Couples for Christ will be on the sidewalk in front of the abortion "Kensington Clinic" next week praying for the conversion of those mothers, fathers, employees and the whole community. Life is the most basic human right! For more information call 403-870-3905, or visit 40daysforlife.com/local-campaigns/calgary/ or email us at 40daysforlife.calgary@gmail.com

"HOW TO BE A SERVANT LEADER?"

Join the Catholic Women's League and find out. We are meeting on **Wednesday, October 10th at 7:00pm** at the Parish. All ladies 16 years old and above are welcome.



Roman Catholic Diocese of Calgary **Announcements from the Catholic Pastoral Centre for September 30th, 2018** **Twenty-Sixth Sunday in Ordinary Time**

WHITE MASS – Celebrate the White Mass with Bishop McGrattan on Thursday, Oct. 18 at 7 PM, at St. Anthony's Church (5340 4 St. SW, Calgary). Gather and pray on the feast day of St. Luke, patron saint of physicians, for those who have dedicated their lives to the sick, to caring for those who are ill in our community: physicians, nurses, technicians, pastoral care ministers and all health care workers. All are welcome, especially those working in medicine and health care.

ATTEND TRANSITIONS PROGRAM – This is a 15-week peer support program for those recently separated or divorced. The next program will begin on Wednesday, Oct. 10 (7 to 9 pm). Call 403-218-5505 | lifefamily@calgarydiocese.ca

GET TICKETS FOR BISHOP'S DINNER 2018 – Join Bishop McGrattan for this year's Bishop's Dinner on Friday, Oct. 19th, at the Telus Convention Centre in Calgary. Tickets are \$185 and can be purchased online by going to the main page of our Diocesan website. All funds raised at this year's dinner are dedicated to support students within the five Catholic School Districts of our Diocese. Support Catholic Education and join us for an evening to remember! www.bishopsdinner.ca

EFFECTIVE CO-PARENTING: PUTTING CHILDREN FIRST is a five-week parents education program that encourages separated and divorced parents to put the needs of the children first as the family adjusts to a new type of lifestyle in two separate homes. Sessions begin on Tuesday evenings, 7 to 9 pm on Oct. 30, Nov. 6, 13, 20 & 27. Call 403-218-5505 | lifefamily@calgarydiocese.ca

TOUR OF HUTTERITE COLONY WITH FR. ADRIAN – On Mon, Oct. 22, 9am – 3pm join Fr. Adrian Martens, E.V., Coordinator for Ecumenism, on the local Hutterite colony for an introduction to the Christian denomination of the Hutterian Brethren. Cost: \$50 (includes lunch at the colony and transportation to and from the event). Only for those 18 years and older. RSVP to 403-218-5501 by Oct. 8, space is limited.

BEREAVEMENT EDUCATION PROGRAM – Learn how to support grieving family, friends or colleagues as they navigate their personal grief journey. When: Oct. 12 & 13 followed by Oct. 19 & 20 at St. Michael's Catholic Community (800 85 St. SW Calgary). To register, contact 403-218-5501 or online at <http://events.calgarydiocese.ca>

MISSION MEXICO IS LOOKING FOR VOLUNTEERS – Volunteers needed with Graphic Design & Writing skills. The volunteer(s) will be tasked with preparing the Mission Mexico Annual Newsletters. To apply, contact 403-218-5513 or e-mail rita.kim@calgarydiocese.ca

REGISTER FOR MARRIAGE PREPARATION – "For Better & For Ever..." Marriage Preparation is for all couples preparing for marriage, including couples in special circumstances (living together; previously married; beginning marriage with children; couples 45+; or those already married in a civil ceremony seeking to validate their marriage in the Catholic Church). Sessions: Oct. 15 (followed by Nov. 2-3); Nov. 19 (followed by Dec. 7-8) at the Catholic Pastoral Centre, Calgary. Contact 403-218-5505 or register online at events.calgarydiocese.ca

LETHBRIDGE SPIRITUAL & PASTORAL CARE WORKSHOP – A seven-week training program for Pastoral Care Volunteers will be held on Wednesday evenings, Oct. 3 - Nov 14. 7-9 pm at the Chinook Regional Hospital Lethbridge. Registration Fee: \$50. To register, contact Chaplain John Moerman at spiritual.care@ahs.ca Upon completion of the course the Diocesan Health Care Office will provide the Catholic component in Lethbridge at St. Martha's Parish with date and time TBA.

RED MASS – The Saint Thomas More Lawyers' Guild of Calgary is pleased to invite all judges, lawyers, paralegals, assistants, clerks and other members of the legal and related professions, as well as family and friends, to Calgary's annual Red Mass, held on Wednesday, Oct. 10 at 5 pm, at St. Mary's Cathedral (219 18 Ave SW, Calgary). Contact Wilma calgary.stmlg@gmail.com

SEXUAL REVOLUTION MOVIE - 50 YEARS SINCE HUMANAЕ VITAE – St. Bonaventure Parish invites you to their documentary movie night "Sexual Revolution - 50 Years since Humanae Vitae." When: Tuesday, Oct. 2 and Wednesday, Oct 3 at 7 pm. Seven years in the making, "Sexual Revolution" seeks to examine the effects of the free-love experiment of the hippie generation and the prophetic encyclical, Humanae Vitae. It also highlights Pope Paul VI's 1968 encyclical about love, sex and marriage.

RELEVANT RELIGIOUS EDUCATION CONFERENCE – You are invited to attend the RMEC Conference 2018: Relevant Religious Education on the weekend of Oct. 12/13. Renowned sociologist Reginald Bibby will be discussing the current state of religion in Canada. The Magis Center will be presenting a new resource, Credible Catholic: The 7 Essential Modules. Learn how to address questions such as: Is there evidence of a Soul? What is the evidence of God's existence? How could a loving God allow suffering? Conference fee: \$325. Student rate available. For more information, visit <http://rmec.teachers.ab.ca>

OUR LADY OF FATIMA: MASS AND ROSARY PROCESSION at St. Michael's Catholic Community as a devotion to Our Lady of Fatima on Saturday, Oct. 13, 9 am to 10:30 am. Refreshments to follow. For more information, call 403-249-0423.

ROSARY RALLY – The Legion of Mary invites you on Sat, Oct. 13, noon, at St. Mary's Cathedral, Calgary. For info, contact 403-667-4609.

ARCHBISHOP ROMERO'S & POPE PAUL VI'S CANONIZATION NIGHT – Holy Spirit Parish invites you to celebrate with their community the canonization of Archbishop Oscar Romero and Pope Paul VI on Saturday, Oct. 13. The Holy Mass (in Spanish) will be celebrated at 7 pm followed by a bilingual celebration at 8:30 pm, Eucharistic Adoration, musical and poetic tributes, and will conclude with a viewing of the live broadcast of the Canonization Vigil and Mass. For more information, contact Holy Spirit Parish at 403-251-3381.

ST. PIUS X NEEDS A PIANIST – St. Pius X 9 am Sunday choir is looking for a piano accompanist. Honorarium will be \$75 at each Mass (with attendance to weekly rehearsal). Contact Parish Office at 403-289-3602.

SISTERS OF DIVINE MERCY - COME & SEE – The Sisters of Divine Mercy invites you to a retreat to discern the call to religious life and the vocation God desires for you. When: Saturday, Oct. 20, 2018 from 10:30 am to 4 pm at the Divine Mercy Centre (15206 Township Rd 262, Calgary, AB). This is a retreat for single women (18-40). For more information, call 585-755-1019 | www.sistersofdivinemercy.org

FATAL FLAWS: LEGALIZING ASSISTED DEATH – You are invited to view a film documentary of *Fatal Flaws: Legalizing Assisted Death* followed by Q&A with producer and filmmaker Kevin Dunn. Mon, Oct. 22, 7-9pm. At St. Michael's Catholic Community (800 - 85 St SW)

THE PATH TO INTENTIONAL DISCIPLESHIP - PARISH MISSION – St. Patrick's Parish (1414 Shawnessy Blvd. SW, Calgary) invites you to their Parish Mission "The Path to Intentional Discipleship" presented by Father Michael Sweeney, OP, Co-Director of the Catherine of Siena Institute. When: Monday to Wednesday, Oct. 22-24 at 7 to 9 pm. For more information, visit: www.stpatrickcalgary.com

TRAINING THE TRAINERS – This invitation is for priests, deacons and parish liturgical ministry coordinators to join us at the Western Conference of Liturgy, the weekend of Oct. 26-27 in Winnipeg, MB (Archdiocese of St. Boniface). Theme: Training the Trainers: A Workshop for Liturgical Leaders (Priests, Deacons, EMHC, Lector, Musician, Altar Server and Hospitality). Visit <http://WCLCanada.wordpress.com>

JOB OPPORTUNITY: HUMAN RESOURCES MANAGER FOR THE ARCHDIOCESE OF EDMONTON – For more information, contact hrcpastoral@caedm.ca or visit www.caedm.ca

WE ARE FAMILY: WHERE FAITH MEETS LIFE – The Western Conference of Catholic Religious Educators (WCCRE) invites you to a conference for those who accompany families as catechists, teachers, clergy, mentors and community. Keynote speakers Leif Kehrwald and John Roberto will explore themes focused on growing in our understanding of the current family trends, and seeing families at the centre of faith formation. When: Nov. 15-18 in Kamloop, BC. Contact 204-5940-273 | www.wccre.org

UPCOMING EVENTS

OCTOBER 8: THANKSGIVING - The office will be closed on **Monday, October 8th**. Mass will still be celebrated at 9:00 am and the Church will close directly after Mass. Let us all give thanks to God for the blessings He has given us this year.

OCTOBER 13: ALTAR SERVER TRAINING - Our Altar Servers help the people of God worship by assisting the Priest during Mass. Children in Grade 3 and older who have received their First Holy Communion are able to serve in this Ministry. If you would like to be an Altar Server please email server@ascensionparish.ca to sign up for the training session on **Saturday, October 13th at 12:00 pm** in the Sanctuary.

OCTOBER 20: 11TH ANNUAL BREAKFAST WITH THE BISHOP Saturday Oct. 20, 8:30am at St. Gerard's Parish (8944 Elbow Dr. SW). Tickets \$40.00 available online www.franciscanandfriends.ca

OCTOBER 19 & 20: COLOURS FROM THE LIGHT ART SHOW Oct. 19 & 20 at St. Gerard's Parish(8944 Elbow Dr. SW). For more information visit www.coloursfromthelight.com

OCTOBER 20 & 21: WORLD MISSION SUNDAY
Your prayers and generous support on World Mission Sunday directly benefit the Mission Church today. **A special collection will be held at all Masses on October 20th & 21st. Envelopes will be available in the narthex. Please give generously.**

THE POPE'S MONTHLY INTENTION FOR OCTOBER
Evangelization – The Mission of Religious - That consecrated religious men and women may bestir themselves, and be present among the poor, the marginalized, and those who have no voice.

MOUNT ST. FRANCIS RETREAT CENTRE

(41160 Retreat Road Cochrane, AB)

Day Away: October 17, 2018

Enjoy a silent day away in the beautiful setting of Mount St. Francis Retreat (9:00 a.m. – 3:00 p.m.). This year's theme is "The Lord's Prayer". The day includes a prayerful reflection on the focus of the day, celebration of the Eucharist and a home-cooked lunch. Please call or email ahead to register. Come after 8:30 to enjoy a coffee/tea and muffins before we begin the program. Suggested contribution is \$30.00 or \$40.00 with a private room. Phone 403-932-2012; email: mtfrancis@shaw.ca

Women's Serenity Weekend: October 12-14, 2018

To register contact: Shawn at 403-613-1704 or olivercavi5@gmail.com

Men's Weekend: November 2-4, 2018

To register contact: Karl Airey at 403-382-8577 or karlaireyonline@gmail.com

Men's Serenity Weekend: November 16-18, 2018

To register contact: Jim G. at 403-242-0688 or jgehl@telus.net

Advent Retreat with BISHOP EMERITUS FREDERICK HENRY: December 7th to 9th

- To register contact Linda and Russ Nicol at 403-932-1804 or lindamnicol50@gmail.com

KNIGHTS OF COLUMBUS STORE CARDS: Please participate routinely in the store card program to help support Parish ministries and the needy. **A portion of the proceeds will also go towards our Renovation Fund.**

PARISH TEAM CONTACT INFORMATION

MINISTRY

CONTACT NAMES

EMAIL ADDRESSES

Altar Servers.....	Jehan Esguerra & Brooklyn Kerner.....	server@ascensionparish.ca
Art & Environment	Constance Mak	cylngmk@gmail.com
Ascension Renovations Committee.....	John Arbeau.....	jarbeau@telus.net
Baptism Preparation.....	Jenn Pashula.....	baptism@ascensionparish.ca
Bible Study.....	Murray Britt.....	britmur127@gmail.com
Capital Campaign.....	Mark Holland.....	markholland@shaw.ca
Collection Counters.....	DeeDee Hedley.....	ddhedley@shaw.ca
CWL.....	Sheena Koett.....	cwl.ascension@gmail.com
Ex-ord. Ministers of Holy Communion....	Nadia Oliverio.....	nadia.oliverio@shaw.ca
Finance Council.....	Christina Dao.....	c_dc_d@hotmail.com
Funeral Lunch Committee.....	Irene Woytas.....	office@ascensionparish.ca
Funeral Mass Coordinator.....	Jocelyn Muggleston.....	gjmug@shaw.ca
Greeters.....	Elizabeth De Guzman.....	edeguzman7@gmail.com
Knights of Columbus.....	Kevin Power.....	gk10065@kofc.ab.ca
Lectors.....	Donna Hickie.....	donna.hickie@cssd.ab.ca
Legion of Mary.....	Garry Bahen.....	gbahen03@shaw.ca
Liturgy Committee.....	Holly Davidson.....	hollyd@telus.net
Marriage Preparation Classes.....	Ferdie Gayos.....	marriageprepatascension@gmail.com
Music Ministry.....	Jenny Biegun.....	biegunj@hotmail.com
Music Ministry.....	Nicole Nguyen.....	nhi.t.p.nguyen@gmail.com
Parish Pastoral Council.....	Sandra Will-Krile.....	samandrafo@shaw.ca
Pastoral Care.....	Diane Lincoln.....	lincolfamily@gmail.com
Prayer Warriors.....	Mary Keizer.....	mary.c.keizer999@gmail.com
RCIA.....	Rob Kehrig.....	robkehrig@gmail.com
R.S.V.P.....	Lucy Reyes.....	lucy.reyes@me.com
Sacramental Preparation.....	Monica Purnama.....	sacraments@ascensionparish.ca
Sacristans.....	Holly Davidson.....	hollyd@telus.net
Sacristy Care.....	Rita Johnson.....	office@ascensionparish.ca
St. Vincent de Paul Society.....	Hamper Request.....	403.275.0994
St. Vincent de Paul Society.....	Terry Moynihan.....	moynihan@telusplanet.net
Seniors Committee.....	Marietta Archer.....	office@ascensionparish.ca
Ushers.....	Chris Rappel.....	crappel@shaw.ca
Volunteer Resource.....	Sharron Robinson.....	resource@ascensionparish.ca
Weekday Masses.....	Connie Raz.....	connieraz@gmail.com
Youth.....	Vicki Hayles.....	youth@ascensionparish.ca

If you do not have access to email, please call the office at 403.275.2240 and we will forward your request.