



ASCENSION CATHOLIC PARISH

"Sharing the Spirit Together in Christ"

Mark 1:14-20 - "The kingdom of God is at hand"

As soon as John the Baptist had finished his testimony, Jesus began his in Galilee, his home district. Jesus proclaimed that the time is fulfilled and the Kingdom of God is at hand. Jesus takes up John's message of repentance and calls disciples to believe in the Gospel - the good news he has come to deliver. What is the good news which Jesus delivers? It is the good news of peace (restoration of relationship with God - Ephesians 6:15), of hope (the hope of heaven and everlasting life - Colossians 1:23), of truth (God's word is true and reliable - Colossians 1:5), of promise (he rewards those who seek him - Ephesians 3:6), of immortality (God gives everlasting life - 2 Timothy 1:10), and the good



news of salvation (liberty from sin and freedom to live as sons and daughters of God - Ephesians 1:13). How do we enter the Kingdom of God? In announcing the good news, Jesus gave two explicit things each of us must do in order to receive the Kingdom of God: **repent and believe**. Repentance means to change - to change your way of thinking, your attitude, disposition, and life choices so that Christ can be the Lord and Master of your heart rather than sin, selfishness, and greed. True repentance requires a contrite heart and sorrow for sin and a firm resolution to avoid it in the future. To believe is to take Jesus at His word and to recognize that God loved us so much that He sent his only begotten Son to free us from bondage to sin and harmful desires. God made the supreme sacrifice of his Son on the cross to bring us back to a relationship of peace and friendship with himself. **2018 Don Schwager** www.dailyscripture.net

MASS INTENTIONS: January 20th - 26th, 2018

Day	Date	Time	Intentions
Sat	Jan 20	5:00pm	Salvatore & Teresa Lopetrone (+)
Sat	Jan 20	7:00pm	Angela D'Agostino (+)
Sun	Jan 21	8:30am	Karen Dykman (+)
Sun	Jan 21	10:30am	Flora Di Lello (+)
Sun	Jan 21	12:30pm	Jose Torres (+)
Sun	Jan 21	5:00pm	Fr. Mario D'Souza (+)
Mon	Jan 22	9:00am	Maureen Duggan (+)
Tue	Jan 23	9:00am	Benjamin Cardenas (+)
Wed	Jan 24	9:00am	Francesco Mele (+)
Wed	Jan 24	6:30pm	Laura Strauss (+)
Thur	Jan 25	9:00am	Orsini-Mele Family Members (+)
Fri	Jan 26	9:00am	Leopold & Fern Gaudet (+)

ADULT CONFIRMATION

In Confirmation we receive the gifts of the Holy Spirit to be witnesses of Jesus in our daily lives. If you are a practicing Baptized Adult Catholic who has received the Sacrament of First Holy Communion and need to receive the Sacrament of Confirmation or First Reconciliation, we have a class this **Tuesday, January 23, 2018 from 7:00 to 9:00 pm**. Once you have completed the class, we can help you find the next available date for Confirmation with the Bishop in one of the Parishes in our Diocese. To register for the class please call the Parish office or email office@ascensionparish.ca

PARISH STAFF:

- **Pastor:** Fr. Avinash Colaco
- **Associates:**
Fr. Rodel Abanto
Fr. Anthony Pudota (weekends)
- **Secretary:** Nancy Mitchell
- **Sacraments:** Vicki Hayles
- **Baptisms:** Jennifer Pashula
- **Bookkeeper:** Nora Alzamora Torres
- **Custodian:** Jose Gil
- **Evening Staff:** David Cadegan
- **Volunteer Resource Coordinator:**
Sharron Robinson (Volunteer Position)

OFFICE HOURS:

Monday to Friday: 9:30am – 4:30pm
Lunch: 12:30pm – 1:00pm

MASS TIMES:

Weekday Masses:

Monday to Friday: 9:00am
Wednesday: 6:20pm (Mother of Perpetual Help Novena)

Rosary:

Prayed daily in the Sanctuary
Monday to Friday: 8:30am
Saturday 4:30pm
Sunday 8:00am

Adoration of the Blessed Sacrament:

Fridays after Mass followed by
Benediction at 10:00am

First Friday Adoration: Sacred Heart
Novena following 9:00am Mass and
Benediction at 10:20am

Reconciliation:

½ hour before Weekday Masses
(except Mondays)
Saturday 4:00pm to 4:45pm
Sunday 7:30am to 8:15am
and by appointment

Weekend Masses:

Saturday: 5:00pm & 7:00pm
Sunday: 8:30am, 10:30am,
12:30pm & 5:00pm

SACRAMENTS

Baptism: Baptisms are celebrated on the 2nd, 3rd & 4th **Saturdays** of each month at 10:00 am (except during Lent). Visit our website to download the registration form. Completed forms can be emailed or dropped off at the office and must include a copy of the child's Birth Certificate, one parent's Catholic Baptism Certificate & the Godparent's Catholic Baptism Certificates.

Baptism Preparation Class: Preparation classes take place on the 1st **Saturday** of each month at 10:00 am in the Sanctuary. Parents and Godparents are to attend the class at least 3 weeks prior to the Baptism Celebration.

First Holy Communion: Registration March 21, 2018.

First Reconciliation: Completed for 2017.

Confirmation: Session 2 for parents and candidates is scheduled for February 7th (7:00-8:00 pm) **OR** February 10th (11:30am-12:30 pm).

Marriage: By appointment, 6 months in advance

Marriage Preparation Class: Upcoming Dates: **Feb. 17, Mar. 17 & Apr. 21.** To register for a Saturday class please email Ferdie: marriageprepatascension@gmail.com Registration fee is \$100 per couple and includes course materials, snacks and lunch.

RCIA: The Rite of Christian Initiation of Adults. For more information contact the Church office.

PRAYER FOR OUR CHILDREN PREPARING FOR CONFIRMATION

"God of all goodness, fill with promise and hope all of our children who are anticipating the celebration of the Sacrament of Confirmation. Send your Holy Spirit upon them to be their helper and guide, give them a Spirit of Wisdom and Understanding, the Spirit of Right Judgement and Courage, the Spirit of Knowledge and Reverence. Fill them with the Spirit of Wonder and Awe in your presence." Amen.



TOGETHER IN ACTION - We did it!

Our 2017 Together in Action Campaign has come to an end. We did it! We reached our target amount of **\$62,735.00!** The Together in Action Campaign represents every Parish in Southern Alberta working together to financially support Parish ministries, Catholic charities as well as national and international outreach programs. This campaign impacts the lives of thousands of people in our neighbourhood and abroad. Thank you for your generous support this past year. May God bless you abundantly.

LECTOR TRAINING

The role of Lector is a vital one because for many people it is the only time they hear the Scriptures. Lectors proclaim the first and second readings at Mass and lead the Prayer of the Faithful. If you would like to be a Lector, please join us for training on **Wednesday, January 31st from 5:30-6:00 pm.** If you have any questions please contact Donna at donna.hickie@cssd.ab.ca

CATHOLIC WOMEN'S LEAGUE (CWL) MEMBERSHIP DRIVE

The Catholic Women's League of our Parish extend a cordial invitation to all ladies age 16 and over to join our organization. We are an organization that recognizes and celebrates healthy family life, our Catholic faith, promotes awareness and responds to political and social issues that affect all Canadians. We meet on the second Wednesday of each month. We hope to see you at our Membership Drive after all Masses on the weekend of **January 27th & 28th.** For more info / questions please e-mail us at:

cwl.ascension@gmail.com

40 DAYS FOR LIFE LENTEN KICK-OFF

40 Days for Life Lenten Kick-off is at St. Luke's Parish in Calgary on **Saturday, January 27th** from 4:30 – 6:00 pm. Come and be encouraged by dynamic speakers like Stephanie Fenly, Wilberforce Project Director and Daniel Nugent who will talk about the "Theology of the Body" which are reflections from St. John Paul II. Please confirm your attendance at 40daysforlife.calgary@gmail.com

40 DAYS FOR LIFE LENTEN PRAYER CAMPAIGN

40 Days for Life Lenten Prayer Campaign is from Ash Wednesday, February 14th to Palm Sunday, March 25th. Plan to pray by the Kensington Clinic 2431 – 5 Ave NW in Calgary, at Church and/or at home for the life of unborn babies, for mothers in an unplanned/crisis pregnancy and for the conversion of the doctor and staff at the abortion clinic. For more info: Call Gwen @ [403-208-9427](tel:403-208-9427) or Jairo @ [403-870-3905](tel:403-870-3905) or www.40daysforlife.com/calgary

INSPIRING CREATIVE LEARNERS THROUGH FAITH AND THE ARTS

St. Dominic Fine Arts Elementary School focuses on the integration of Fine Arts across all subject areas, thus increasing the opportunities for student engagement and success. Our school honours each student's creativity and individuality. Our students learn and show what they've learned through visual art, dance, drama, video production, music, technology and with paper/pencil work. We are committed to the achievement of academic excellence for each student. Our staff is dedicated to providing an enriched Catholic education within a safe, inclusive and nurturing community to meet each student's unique needs. Call us for a tour or come to our **Open House** at 4820 Dalhart Rd NW on **March 1st at 6:00 pm.** More information at 403-500-2058.

WEEK OF PRAYER FOR CHRISTIAN UNITY

It's the Week of Prayer for Christian Unity! Join the Ecumenical Taize Prayer Service on Thursday, January 25 at 7 pm at St. Joseph Catholic Church (640-19th Ave NW) with Fr. Yarek Dziuba, Fr. Adrian Martens and other ecumenical guests. Let us pray for unity of Christians in Southern Alberta and around the world. More information: www.prayeryyc.com

ASH WEDNESDAY – FEBRUARY 14th

Ash Wednesday is a day of fasting and abstinence. Abstinence means no meat for those 14 and older; fasting means one full meal and two smaller meals that do not exceed the food of the full meal; no snacks are permitted. The Church prescribes fasting and abstinence from meat on Ash Wednesday and Good Friday. Fasting applies to those 18 to 59 years of age. Pregnant women and people who are ill are not required to fast.



Roman Catholic Diocese of Calgary **Announcements from the Catholic Pastoral Centre for January 21st, 2018** **Third Sunday in Ordinary Time**

ECUMENICAL TAIZE PRAYER AT ST. JOSEPH (WEEK OF PRAYER FOR CHRISTIAN UNITY) – It's the Week of Prayer for Christian Unity! Join the Ecumenical Taize Prayer Service on Thursday, January 25 at 7 PM - at St. Joseph Catholic Church (640-19th Ave NW) with Fr. Yarek Dziuba, Fr. Adrian Martens and other ecumenical guests. Let us pray for unity of Christians in Southern Alberta and around the world. More information: www.prayeryc.com

ST. FRANCIS XAVIER'S RELIC PILGRIMAGE IN CALGARY – St. Francis Xavier's incorrupt forearm, a sacred first class relic, is making a rare visit to Canada. It will be in Calgary for only a short time this weekend. More information at <http://www.cco.ca/relic>. Here is the updated schedule:

Sunday, January 21 at St. Albert the Great Church (10 Prestwick Dr SE, Calgary)

1 pm to 4:30 pm - Public Veneration

5 pm - Mass with Bishop McGrattan

6:30pm Sung Vespers with Bishop McGrattan for the Solemn Reception of the Relic, followed by public veneration at 10pm

Monday, January 22 at St. Michael's Church (800 85 St SW, Calgary) 6:30 pm to 10 pm - Public Veneration

2018 DEVELOPMENT AND PEACE SHARE LENT CAMPAIGN WORKSHOP – JAN 27 – "Together for Peace" is the theme for Share Lent 2018. Come and hear about our partners and the impact of their programs in building peace. Learn about the resources that help us to spread the message of Jesus Christ and "be artisans of peace locally and globally". The workshop will be at Holy Spirit Parish, 10827 24 St. SW - Office door entrance - on Saturday, January 27, 2018, 10 am – 3 pm. All are welcome. Lunch will be potluck. Please call 403-218-5519 to register. No cost. Free will offering.

TRANSITIONS – Transitions is a 15-week peer support program for those recently separated or divorced. Participants will meet every week to reflect upon and discuss topics such as self-esteem, stress, anger, guilt, blame, loneliness, forgiveness, blended families and more. The next program will begin in Wednesday, February 14, 2018. For more information or to register, call 403-218-5505 or email lifeandfamily@calgarydiocese.ca

EFFECTIVE CO-PARENTING: PUTTING KIDS FIRST – 'Effective Co-Parenting: Putting Kids First' is an educational 5-week program for separated and divorced parents to help raise their children through this difficult time and increase the understanding of needs of children for developing self-esteem and security. The next program will run 7:00 pm - 9:00 pm on Wednesdays, February 21 - March 21. For more information or registration contact the Life & Family Resource Centre at 403-218-5505 or email lifeandfamily@calgarydiocese.ca

COLDEST NIGHT OF THE YEAR – It's our fifth birthday! Coldest Night of the Year - Calgary will turn five this February 24, 2018. We'd love to have you celebrate with us by walking or volunteering in support of Feed the Hungry (a Diocesan program) and our friends KAIROS Calgary as they work to pay down the mortgage on Bankview Apartments (affordable housing). We'll be starting from Eau Claire Market again this year, offering 2, 5 and 10 km routes so the event is accessible for all. For more info visit www.cnoy.org/calgary or connect with Samantha at 403-218-5531 or samantha.jones@calgarydiocese.ca

FIRST AIDERS NEEDED – THE OUTDOOR WAY OF THE CROSS – The Outdoor Way of the Cross at St. Mary's Cathedral (Friday, March 30) needs your help. If you are a physician, nurse, medical practitioner, certified first aider or are willing to certify; please contact Linnea Ferguson at outdoorwayofthecross@calgarydiocese.ca or (403) 218-5500. More information: www.wayofthecross.ca

BUILDING SACRED BRIDGES CONCERT – The 2nd annual interfaith music event - Building Sacred Bridges - will be held on February 10, and 11, 2018 at Knox United Church and Beth Tzedec Synagogue respectively. The concert will feature music groups and choirs from various faith groups, including the Adorare Choral Ensemble and St. Bonaventure Choir. The event is meant to raise awareness about the lack of affordable housing in Southern Alberta and offers the opportunity to learn more about the Habitat Interfaith Build Project. Please go to www.habitatsouthernab.ca/bsb to reserve your tickets. If you would like to volunteer for future build days, please contact Marilou at 403-218-5519 or email marilou.legeyt@calgarydiocese.ca

PROJECT RACHEL POST ABORTION WEEKEND RETREAT – The retreat offers a journey of healing and reconciliation for women and men who are suffering from a past abortion experience. Trained certified counselors are available to accompany people on a journey toward hope and inner peace. The next retreat is scheduled for February 23 - 24, 2018. For more information or to register call Project Rachel at 403-218-5506 or toll free at 1-877-597-3223. You may also e-mail info@projectrachel.ca

YOUNG WOMEN VOCATION EVENTS – FEB 8 & 24 – Attention: Single Young Women between 16 and 35! The Vocation Committee of AWR (The Assembly of Women Religious) is planning two events. For registration, contact: Sr. Terry f.c.J. at tksmithfcj@yahoo.ca; 403-228-3623. Thurs, Feb. 8, from 5 to 9pm, at St. Mary's Cathedral: Mass followed by potluck and an information session on religious life. Sat, Feb. 24 retreat on a Lenten theme. This retreat will begin with 9 am Mass at Holy Trinity Parish and end at 4 pm. (Please note the changes that have been made to the date & location of the retreat).

SR. HELENA BURNS: BECOMING DIGITAL MISSIONARIES – A renowned #medianuns with the Daughters of St. Paul, Sr. Helena Burns is a prolific Theology of the Body speaker and Writer/Director of "The Media Apostle: The Fr. James Alberione Story." On Feb. 4-6, 2018, Sr. Helena will be coming to Calgary to speak on being a missionary in today's digital world. You don't want to miss this! This parish mission will be at St. Michael Catholic Community (800 85 Street SW) from 7 pm to 8 pm each night.

EMPLOYMENT OPPORTUNITY – RECEPTIONIST/SECRETARY –FULL TIME – ST. JAMES PARISH – OKOTOKS – St. James Parish is looking for a Receptionist/Secretary to work on a full time employment basis. For more information about this position, qualifications and application details see the Diocesan website at www.calgarydiocese.ca or submit your application to office@stjamesparishrc.com by January 26.

SPECIAL NEEDS MINISTRY AND MASS – St. Patrick's Parish is forming a new ministry whose mission is: "To create a loving, supportive and compassionate church community that renews and restores faith and hope to families and children living with special needs." The Special Needs Mass will be a place of understanding, acceptance and welcome for those who live with special needs as well as those who care for them. Next Special Needs Ministry Mass (Sunday 5PM): Jan. 28, Feb. 25, Mar. 25, Apr. 22, May 27 & June 24, 2018

MEN OF INTEGRITY CONFERENCE – Come to the Catholic Men's Conference, "Men of Integrity: Lead by Example" on February 2-3 at Holy Trinity Parish, Spruce Grove, AB. Speakers include Sean Dalton, Matt Dalton, Fr. Miguel Irizar and Fr. Paul Moret. Cost: \$50.00/person or 35.00/student. For more information or to register: www.catholicfamilyministries.com or call 780-961-3346.

UPCOMING EVENTS

FEBRUARY 8 & 24: YOUNG WOMEN VOCATION – SAVE THE DATE! Attention: Single Young Women between 16-35! The Vocation Committee of AWR (The Assembly of Women Religious) is planning two events: February 8th from 5:00 to 9:00pm at St. Mary's Cathedral: Mass followed by potluck and an information session on religious life. February 24th - Retreat on a Lenten theme. More information coming soon.

APRIL 27-29: SANCTUM LADIES SILENT RETREAT "Come into the quiet for a while..." April 27-29, 2018. For more information or to register call Claire 403-275 0114 or email: gclst@shaw.ca

MEN'S ROSARY LEAGUE: The Men's Rosary League is held the third Tuesday every month at Our Lady of Fatima Church (4747 - 30 Street SE). You are invited January 16th starting with Mass at 6:30pm followed by men's rosary at 7:00 pm.

MARY IN THE BIBLE: Scriptural basis of Catholic devotion to Mary. Join us for 12 Thursday evenings beginning January 18th 7:00 pm at Canadian Martyrs Church (835 Northmount Drive NW). Cost is \$25 for the journal. For more information contact ztL2020@shaw.ca

KNIGHTS OF COLUMBUS STORE CARDS Please participate routinely in the store card program to help support Parish ministries and the needy. **A portion of the proceeds will also go towards our Renovation Fund.**

MOUNT ST. FRANCIS RETREATS:
41160 Retreat Road Cochrane, AB

MEN'S SILENT WEEKEND – Feb. 2-4, 2018 – To register contact: Ken Hagel at 403-932-7067 or 7milagro8@gmail.com or Vincent Mendonsa at 403-249-6823 or stamp2000inc@telus.net

LET'S TRANSFORM OUR FAITH INTO ACTIVITY - February 16, 2018 –

Youth Retreats (Grade 4 to 6 students)
Youth volunteers (Grade 7 to Grade 12) needed 9:00am to 3:00pm
OUTSIDE ACTIVITIES – PLEASE DRESS FOR THE WEATHER
Kid friendly lunch included. Will accommodate dietary needs. Cost - \$10.00 per student per day or family rates apply.
To register contact Deb @ mtfrancis@shaw.ca or (403)932-2012

POSTULANCY NIGHT – Tuesday, Feb. 20, 2018 – Evening Prayer, with the Postulants, 5:15 pm start. RSVP 403-932-2012 mtfrancis@shaw.ca Supper (free will offering).

SILENT RETREAT – Feb. 28, 2018 – Enjoy a silent day away in the beautiful setting of Mount St. Francis Retreat (9:00 a.m. – 3:00 p.m.). This year's theme is "Doorways to the Sacred". The day includes a prayerful reflection on the focus of the day, celebration of the Eucharist and a home-cooked lunch. Please call or email ahead to register. Come after 8:30 to enjoy a coffee or tea and muffins before we begin the program. Suggested contribution is \$30.00 or \$40.00 with a private room. Phone 403-932-2012 or email: mtfrancis@shaw.ca

PARISH TEAM CONTACT INFORMATION

MINISTRY

CONTACT NAMES

EMAIL ADDRESSES

Altar Servers.....	Jehan Esguerra	server@ascensionparish.ca
Art & Environment	Constance Mak	cylnqmk@gmail.com
Ascension Renovations Committee.....	Christina Dao.....	c_dc_d@hotmail.com
Baptism Preparation.....	Jenn Pashula.....	baptism@ascensionparish.ca
Bible Study.....	Murray Britt.....	britmur127@gmail.com
Capital Campaign.....	Mark Holland.....	markholland@shaw.ca
Collection Counters.....	DeeDee Hedley.....	ddhedley@shaw.ca
CWL.....	Sheena Koett.....	cwl.ascension@gmail.com
Ex-ord. Ministers of Holy Communion....	Nadia Oliverio.....	nadia.oliverio@shaw.ca
Finance Council.....	Christina Dao.....	c_dc_d@hotmail.com
Funeral Lunch Committee.....	Irene Woytas.....	office@ascensionparish.ca
Funeral Mass Coordinator.....	Jocelyn Mugleston.....	gjmug@shaw.ca
Greeters.....	Elizabeth De Guzman.....	edeguzman7@gmail.com
Knights of Columbus.....	Kevin Power.....	gk10065@kofc.ab.ca
Lectors.....	Donna Hickie.....	donna.hickie@cssd.ab.ca
Legion of Mary.....	Garry Bahen.....	gbahen03@shaw.ca
Liturgy Committee.....	Holly Davidson.....	hollyd@telus.net
Maintenance Committee.....	Vinay Parmar.....	bagangavinay@gmail.com
Marriage Preparation Classes.....	Ferdie Gayos.....	marriageprepatascension@gmail.com
Music Ministry.....	DeeDee Hedley.....	ddhedley@shaw.ca
Parish Pastoral Council.....	Sandra Will-Krile.....	sandrafo@shaw.ca
Pastoral Care.....	Carol Johnson.....	carol@subwaycalgary.com
Prayer Warriors.....	Mary Keizer.....	maryckeizer@gmail.com
RCIA.....	Rob Kehrig.....	robkehrig@gmail.com
Rosary.....	Theresa D'Costa.....	dcostas@telus.net
R.S.V.P.....	Lucy Reyes.....	lucy.reyes@me.com
Sacramental Preparation.....	Vicki Hayles.....	sacraments@ascensionparish.ca
Sacristans.....	Holly Davidson.....	hollyd@telus.net
Sacristy Care.....	Rita Johnson.....	office@ascensionparish.ca
St. Vincent de Paul Society.....	Hamper Request.....	403.275.0994
St. Vincent de Paul Society.....	Terry Moynihan.....	moynihan@telusplanet.net
Seniors Committee.....	Marietta Archer.....	office@ascensionparish.ca
Ushers.....	Chris Rappel.....	crappel@shaw.ca
Volunteer Resource.....	Sharron Robinson.....	resource@ascensionparish.ca
Weekday Masses.....	Connie Raz.....	connieraz@gmail.com

If you do not have access to email, please call the office at 403.275.2240 and we will forward your request.