



ASCENSION CATHOLIC PARISH
"Sharing the Spirit Together in Christ"

HOLY WEEK & EASTER MASSES

Sunday, March 25th: Palm Sunday - Regular Sunday Masses (Ascension Sanctuary)

Thursday, March 29th: Holy Thursday - 8:00 pm with Adoration of the Blessed Sacrament until 10:30 pm. **No 9:00 am Mass** (Notre Dame High School - 11900 Country Village Link NE)

Friday, March 30th: Good Friday - 12:00 pm & 3:00 pm (Notre Dame High School - 11900 Country Village Link NE)

Saturday, March 31st: Holy Saturday Easter Vigil - 7:30 pm (Notre Dame High School - 11900 Country Village Link NE). **No other Masses**

Sunday, April 1st: Easter Sunday - 8:30 am, 10:30 am & 12:30 pm (Notre Dame High School - 11900 Country Village Link NE). **No 5:00 pm Mass**

Monday, April 2nd: Easter Monday - 9:00 am (Office Closed)



REJOICE IN GOD'S MERCY

In addition to the regular Parish schedule, the Sacrament of Reconciliation will be available at Parishes throughout the Diocese of Calgary all the Wednesdays of Lent 7:30-8:30 pm.

Jesus is on His way to Jerusalem to celebrate Passover. He quickly responds to the appalling acts taking place in the temple with holy audacity, righteous anger, and consuming zeal. Just as Jesus clears the temple, if we are living temples of the Holy Spirit, we can also ask what abominations are taking place in us. **Action: Pray to the Holy Spirit to identify what needs to change in your life. Dare to ask God for help and mercy.**

MASS INTENTIONS:
 March 3rd - 9th, 2018

Day	Date	Time	Intentions
Sat	Mar 3	5:00pm	Lani Reyes (+)
Sat	Mar 3	7:00pm	Candida Jumawid (+)
Sun	Mar 4	8:30am	SI of Jeanne De Cruyenaere
Sun	Mar 4	10:30am	Nick & Wally Di Lello (+)
Sun	Mar 4	12:30pm	Monica Rubillar (+)
Sun	Mar 4	5:00pm	De Leon Family Members (+)
Mon	Mar 5	9:00am	SI of Marie Bartlett
Tue	Mar 6	9:00am	Dr. Ronald Hinds (+)
Wed	Mar 7	9:00am	SI of Oluchi Okoro
Wed	Mar 7	6:30pm	SI of Azichoba Family
Thur	Mar 8	9:00am	Carlos Montilla (+)
Fri	Mar 9	9:00am	Leo Grossi (+)

50/50 CASH DRAW
SUPPORT OUR RENOVATION

For the next three weekends the Capital Campaign Committee will be selling 50/50 cash draw tickets after all Masses. All the proceeds will go to our renovation fund. **Tickets are 1 for \$5, 3 for \$10 and 10 for \$20. Final draw will be after the 5:00 pm Mass on March 18, 2018.** Please help build our new building.

PARISH STAFF:

- **Pastor:** Fr. Avinash Colaco
- **Associates:**
Fr. Rodel Abanto
Fr. Anthony Pudota (weekends)
- **Secretary:** Nancy Mitchell
- **Sacraments:** Vicki Hayles
- **Baptisms:** Jennifer Pashula
- **Bookkeeper:** Nora Alzamora Torres
- **Custodian:** Jose Gil
- **Evening Staff:** David Cadegan
- **Volunteer Resource Coordinator:**
Sharron Robinson (Volunteer Position)

OFFICE HOURS:

Monday to Friday: 9:30am – 4:30pm
 Lunch: 12:30pm – 1:00pm

MASS TIMES:

Weekday Masses:

Monday to Friday: 9:00am
 Wednesday: 6:15pm (Mother of Perpetual Help Novena)

Rosary:

Prayed daily in the Sanctuary
 Monday to Friday: 8:30am
 Saturday 4:30pm
 Sunday 8:00am

Adoration of the Blessed Sacrament:

Fridays after Mass followed by Benediction at 10:00am

First Friday Adoration: Sacred Heart Novena following 9:00am Mass and Benediction at 10:20am

Reconciliation:

½ hour before Weekday Masses (except Mondays)
 Saturday 4:00pm to 4:45pm
 Sunday 7:30am to 8:15am and by appointment

Weekend Masses:

Saturday: 5:00pm & 7:00pm
 Sunday: 8:30am, 10:30am, 12:30pm & 5:00pm

The Stations of the Cross, also known as the Way of the Cross or Via Dolorosa, is a Lenten devotion that offers witness to Jesus' Passion and Death. They serve as a stark reminder of the humble manner in which Jesus was willing to set aside any privilege of deity in order to provide a path to salvation through His sacrifice. Please take time to pray the Stations of the Cross during this season of Lent.

SACRAMENTS

Baptism: Baptisms are celebrated on the 2nd, 3rd & 4th **Saturdays** of each month at 10:00 am (except during Lent). Visit our website to download the registration form. Completed forms can be emailed or dropped off at the office and must include a copy of the child's Birth Certificate, one parent's Catholic Baptism Certificate & the Godparent's Catholic Baptism Certificates.

Baptism Preparation Class: Preparation classes take place on the 1st **Saturday** of each month at 10:00 am in the Sanctuary. Parents and Godparents are to attend the class at least 3 weeks prior to the Baptism Celebration.

First Holy Communion (Gr. 2 & up): See below

First Reconciliation (Gr. 2 & up): Completed for 2017.

Confirmation (Gr. 6 & up): Retreat: **March 7th 7-8:30 pm**
OR March 10th 11:30am-1:00pm. **Confirmation Reconciliation: March 7th 7-8:30 pm.** This event happens once; please plan accordingly. **Attendance is mandatory.**

Marriage: By appointment, 6 months in advance

Marriage Preparation Class: Upcoming Dates: **Mar. 17, Apr. 21 & May 19.** To register for a Saturday class please email Ferdie: marriageprepatascension@gmail.com Registration fee is \$100 per couple and includes course materials, snacks and lunch.

RCIA: The Rite of Christian Initiation of Adults. For more information contact the Church office.

CATECHISTS NEEDED

We are looking for volunteers to help teach our New Sacramental Program beginning this fall. The program is already prepared and we will have several other adults helping to teach the children. No previous experience is needed and all training will be provided. We need many hands to make this program work for our Parish. If you can volunteer or would like more information, please contact Vicki at sacraments@ascensionparish.ca.

FIRST HOLY COMMUNION

Grade 2 and up

Registration for the Sacrament of First Holy Communion is on **Wednesday, March 21st** starting with Mass at 6:30 pm. Registration forms are available on our website and will be distributed to all eight schools within our Parish boundaries next week. Please provide a copy of the child's Catholic Baptism Certificate, a \$30 registration fee and remember to pick up a workbook. **The Sacrament will be celebrated at 2:30 pm on Sunday, June 3rd & 10th at St. Luke's Parish (1566 Northmount Dr. NW).**

CANADIAN MARTYRS LENTEN MISSION

All are invited to attend Canadian Martyrs Parish Mission (835 Northmount Drive NW) March 11th to 14th from 7:00-8:00 pm featuring the Redemptorist team Deacon Bob Williston and Joan Williston. Deacon Bob completed his Master of Divinity degree from Newman Theological College in Edmonton. He and Joan, his wife, were Lay Missionaries of the Most Holy Redeemer, working for 30 years with the Redemptorist Mission Team. Their Mission will cover the following topics over the four nights:

1. Sunday evening - Receive the Mercy of God.
2. Monday evening - Give Thanks for God's Mercy.
3. Tuesday evening - Our Brokenness Needs the Merciful Touch of Jesus.
4. Wednesday evening - Sharing the Mercy of God with a World in Need.

UNITED IN FAITH, TOGETHER IN ACTION

This is the third week of our 2018 TIA campaign with the theme **"For where your treasure is, there will your heart be also" Lk. 12:33**

This week's bulletin insert tells how your support of the Crossroads Clinic in Brooks makes a difference – one life at a time thanks to funding from Together in Action. No matter how much we may want someone else to take care of all of the world's challenges, it is ultimately up to each of us to stand up and say "I know I can be the difference – no matter how small!" The work of the Church moves forward when individuals like us are committed to the key principles of Catholic Social Teaching and stewardship. **This year's target is \$61,355.00.** Donation envelopes can be found in the pews. Please give generously.

EASTER FLOWER DONATIONS

Parishioners are invited to make a donation for lilies and flowers to be used in the altar decoration for Easter. Your donation may be made in the name of a loved one who is ill or deceased, and their name will be included in the altar display. Please put your donations into an envelope, available in the basket marked "Easter Flowers" in the narthex, and drop it into the collection basket or at the office. **Donations will be accepted until Palm Sunday, March 25th.**

K of C - 40 CANS FOR 40 DAYS

Inspired by Christ's fasting in the desert for 40 days, the 40 Cans for 40 Days helps us to connect with the three pillars of Lent; Prayer, Fasting and Almsgiving. We encourage each family to prayerfully give up one daily pleasure and give one non-perishable food item per day for the 40 days of Lent. The 40 Cans for 40 Days is a real tangible way for families to live and practice their Catholic faith in a truly meaningful way. Store Cards can be purchased from the Knights Table so that families can purchase perishable items such as: Milk, Meat, Produce, Cheese, etc. Your store card donations can be placed in the SVDP envelopes for a tax receipt. Your hampers of food can be left at the Knights Table. And a list of Needed Items can be picked up at the Knights Table. Thank you and God Bless!

40 DAYS FOR LIFE

ASCENSION'S DAY OF PRAYER

Ascension's Day of Prayer is on Thursday, March 22nd. Please sign up in the Narthex for Ascension's Day of Prayer as we pray to end abortion. Join other volunteers to witness in prayer at the Kensington (Abortion) Clinic: 2431 5th Ave. NW. Vigil hours are 7:00am to 7:00pm and you only need to commit to one hour.

EXPOSITION OF THE BLESSED SACRAMENT

Kindly attend the Exposition of the Blessed Sacrament to atone for abortion and to eventually stop this diabolic disorientation. From March 11th to 12th at the Sisters of St. Louis (409 10A Street NW) starting 3:00 pm Sunday and ending 5:00 pm Monday with Mass. For more information contact Mrs. Flaskey at 403-272-5683. Prayers are greatly needed.

N.W. PASTORAL ZONE PENITENTIAL SERVICES

March 13, Tuesday 7:00 PM - Canadian Martyrs
March 22, Thursday 7:00 PM - St. Joseph Parish
Sacrament of Reconciliation available at all Parishes
Wednesdays from 7.30-8.30 pm during LENT.



Roman Catholic Diocese of Calgary **Announcements from the Catholic Pastoral Centre for March 4, 2018** **Third Sunday of Lent**

JOIN US IN WELCOMING A SOLIDARITY VISITOR FROM CAMBODIA!! – We have a solidarity visitor from Cambodia coming to our Diocese this month! Vansey Sao will tell us about his work with the Indigenous Community Support Organization, a Development and Peace partner in Cambodia. Vansey is a wonderful witness of solidarity in action. Come and hear how dialogue plays a role in peace building and how empowerment has enabled Indigenous peoples to influence changes in their communities. He will give a talk at Holy Family Parish, Medicine Hat on March 16 at 7:15 pm following Stations of the Cross and a 'soup and a bun' supper. He will also be at St. Bonaventure, Calgary on March 18 following the Masses. He will give a presentation at 3 pm, followed by a potluck supper. For more information: marilou.legeyt@calgarydiocese.ca.

LENTEN REFLECTION-REDUCE ENERGY CONSUMPTION – Laudato Si' is a call to conversion and action, an invitation to change direction by taking on the task of caring for our common home. This week as a Lenten "Fast for Creation" commitment, change your lighting to LED. The light-emitting diode (LED) is one of today's most energy-efficient and rapidly-developing lighting technologies. Quality LED light bulbs last longer, are more durable, and offer comparable or better light quality than other types of lighting. LED lighting will save both money and energy.

COLDEST NIGHT OF THE YEAR (CNOY) – CALGARY – CNOY took place on Saturday, February 24. Almost 400 participants walked in support of our neighbours experiencing poverty and homelessness. Thanks to over 968 donors, our walkers raised more than \$82,500 this year. Funds will be split equally between operations for Feed the Hungry (our Diocesan program) and our partnership with KAIROS Calgary to pay off the mortgage on Bankview Apartments. To all those who walked, volunteered or donated, thank you so much for your support. Next year: CNOY will be February 23, 2019.

PRIVATE SPONSORSHIP OF REFUGEES WORKSHOP – St Bonaventure Parish Hope and Haven Refugee Program will present a furniture ministry with the goal that more parishes would adopt this valuable initiative serving numerous low-income families. March 8, 9:30 am - 3:30pm, FCJ Christian Life Centre, 219-19 Ave SW. Register by March 5, Antoinette at agodbout@ccisab.ca or call 403-290-5750.

FAITH ENRICHMENT FOR SENIORS – The Diocesan Religious Education Office will resume the Faith Enrichment for Senior's group on Mondays, March 5, 12, 19, and 26 at St. Joseph's Parish, Calgary from 1 pm to 3 pm. No registration is necessary and all are welcome. For further information contact Norline at 403-218-5503 or e-mail norline.johnson@calgarydiocese.ca

YOUTH RALLY 2018 – The Youth Office invites all youth ages 12 - 18 to participate in this year's Youth Rally on April 21 at Catholic Central High School East, Lethbridge. Come and join Michael Chiasson, Fr. Cristino Bouvette and singers *Nun and Nunner* for a day filled with music, awesome talks and great fun. To register, go to <http://www.theyellowtree.ca> or ask your Youth Group Coordinator or your Parish Priest. For more information, call Harriett at 403-218-5507 - harriett.cariaga@calgarydiocese.ca

OUTDOOR WAY OF THE CROSS – VOLUNTEERS – 35th Annual Outdoor Way of the Cross – on March 30 has a few more positions to fill - available for groups / individuals. If you would like to take part as a cross bearer, lost person attendant or in crowd control it's not too late! Please visit www.wayofthecross.ca to learn more and complete the online registration form. If you have questions, contact outdoorwayofthecross@calgarydiocese.ca or call 403-218-5500. Orientations will begin soon so don't miss the chance to participate in this moving faith event sponsored by the Office of Social Justice.

'A SONG FOR RACHEL' CONCERT – Mark your calendar for "A Song for Rachel" concert, a fun-filled, family fundraising concert and silent auction to support Project Rachel, which is a post-abortion healing, and reconciliation ministry supported by the Diocese of Calgary. Everyone is invited to attend this event. Silent auction opens at 6:00 pm and concert begins at 7:00 pm, Friday April 27 at St. Michael's Parish, 800 - 85 St. SW. Tickets on sale at \$15/person or \$35/family. Contact the Life & Family Resource Centre at 403-218-5505 for tickets or to donate silent auction items.

RETRouvaille CALGARY WEEKEND – A Lifeline for Marriages. Two people are joined together in marriage. Along life's journey, we may lose our way and start to grow apart. Retrouvaille provides a 'road map' to help us find our way again by teaching communication skills and providing the tools to improve our relationships. Call for help today, 403-879-7893, coordinator@RetrouvailleCalgary.com or www.helpourmarriagecalgary.com. Next weekend: March 9 - 11.

TRANSITIONS – Transition is a 15-week peer support program for those recently separated or divorced. Participants will meet every week to reflect upon and discuss topics such as self-esteem, stress, anger, guilt, blame, loneliness, forgiveness, blended families and more. This program started on Wed, Feb. 21, 2018. There is still availability to participate. For more information or to register, call 403-218-5505.

LENTEN MISSIONS IN THE DIOCESE OF CALGARY – LENTEN MISSION WITH PETER THOMPSON AT ST. JOSEPH, CALGARY When: Mon. to Wed. (March 5, 6 & 7) at 7pm (Holy Mass at teach night). Where: St. Joseph's Parish, 640 19th Ave NW, Calgary. Speaker: Peter Thompson. Information: www.stjosephcalgary.com DIVINE MERCY LENTEN MISSION AT ST. MICHAEL CATHOLIC COMMUNITY, CALGARY. When: Tuesdays March 6, 13 & 20, beginning with Mass at 7pm each night. Where: St. Michael's Church at 800 85 St SW, Calgary, AB. Speakers: Fr. Jerome Lavigne, Fr. Cristino Bouvette, and Sharon van der Sloot. Information: www.saintmichael.ca/lent. LENTEN MISSION WITH FR. JULIAN STUDDEN AT MARY, MOTHER OF THE REDEEMER, CALGARY When: Sun., March 11 (begins with Mass at 11 AM), and Mon. to Wed. (March 12, 13, 14) at 7pm each night. Where: Mary, Mother of the Redeemer Church at 1714 14 Ave NE, Calgary. Speaker: Father Julian Studden. Information: www.mmredeemer.ca

LIVING IN THE SPIRIT MIXED RETREAT – Living in the Spirit Mixed Retreat, with Fr. Gilles Leblanc, will take place on Friday, March 16 from 6 pm till Sunday, March 18 about 2 pm, at Mt. St. Francis Retreat Centre in Cochrane Alberta. This could be your perfect way to prepare for Easter. Registration is \$25.00 and only the first 50 people will be accepted. For registration and information on accommodation & meals please text or call Doreen Coffey 403-969-0966 or email: coffeypd@live.ca, or Vivienne Hiltermann at 403-614-6027 or e-mail: vivienne.hiltermann@gmail.com

COURAGE, UNITY, FAITH: GOD SQUAD 2018 ANNUAL MEN CONFERENCE – Attention Catholic Men: You are called to be disciples of Jesus Christ who are filled with courage and conviction. Recognize God's calling "for such a time as this" (Esther 4:14), and face the challenge against the Catholic faith, identity and practice. Speakers: Fr. Raymond DeSouza, Fr. Cristino Bouvette, and Fr. Jerome Lavigne. Join us at St. Peter's Roman Catholic Church on March 16 and 17. Register at: <https://godsquad.ca/>

EMPLOYMENT OPPORTUNITIES IN THE DIOCESE OF CALGARY – There are employment opportunities at Elizabeth House, Ascension Catholic Parish, Canadian Martyrs Parish, Calgary and St. Anthony's Parish, Calgary. For more detailed information, please see the Diocesan website: www.CalgaryDiocese.ca under Careers.

UPCOMING EVENTS

STATIONS OF THE CROSS: St. Luke's Parish - Fridays, February 23, March 2, 9, 16 & 23 after the 7:00 pm Mass.

MARCH 17: The Irish-Canadian Community of Calgary welcomes all members of Calgary's Interfaith, their families and friends to the 18th Annual Mass for Peace on St Patrick's Day at 12:00 noon, Saturday, March 17th, at St. Mary's Cathedral. Following the celebration of Mass, a buffet lunch will be served in the St Mary's Parish Hall, which will also showcase Irish culture. Donations of sandwiches, vegetables, fruits, and squares, gratefully accepted. Please deliver food items before Mass at the Parish Hall. Thank you.

MUSIC DIRECTOR NEEDED: St. Gerard's Parish, 8944 Elbow Dr. SW, Calgary is seeking a music director for our 11am Mass. The successful candidate will have the desire and enthusiasm to learn to source and select liturgically appropriate music, direct a choir, cantor psalms, and participate in our faith community. We are a welcoming community and are well worth having a conversation with. Please send in your resume to our parish liaison, Denise Webber dhwebber6@gmail.com, as soon as possible. We are hoping to fill this position by April.

ST FRANCIS HIGH SCHOOL CLASS OF 1978 40TH REUNION:

Saturday June 9, 2018. Topsy Pig Pub (8120 Beddington Blvd NW) Email: lucbuc007@gmail.com for tickets. Buy before May 4, 2018. FaceBook: St Francis Class 78.

KNIGHTS OF COLUMBUS STORE CARDS Please participate routinely in the store card program to help support Parish ministries and the needy. **A portion of the proceeds will also go towards our Renovation Fund.**

MOUNT ST. FRANCIS RETREATS:
41160 Retreat Road Cochrane, AB

WOMEN'S SERENITY WEEKEND – Mar. 9-11, 2018. To register contact: Karen C. at 403-479-6883 or ckcleans@gmail.com

WOMEN'S WEEKEND – Mar. 23-25, 2018. To register contact: Teresa Grice at 403-329-8967 teresa.grice2@alumni.uleth.ca or Jane Gainer at 403-854-3543 or jgainer@ualberta.ca

WEEK-LONG RETREATS - June 18-24, 2018

6-Day Preached Retreat "A Radical Spirituality for Our Times: With Jesus As Model" facilitated by Fr. Robert Mitchell, and the Retreat Team. Cost \$600.00, Retreats begin with Supper at 5:30 on Monday

July 22-29, 2018 - "Grace" 7-Day Directed Retreat facilitated by Retreat Team. An individual Director will accompany you on your spiritual journey. Cost \$650.00, Retreats begin with Supper at 5:30 on Sunday.

To register call 403-932-2012 or Email: mtfrancis@shaw.ca. Booking deposit of \$50.00 is required for each retreat

BILLINGS OVULATION TRAINING: Begin training to become an Accredited Teacher of the Billings Ovulation Method® from the comfort of home! Part 1 of the Teacher Training Correspondence Course will be offered in a series of interactive Webinars beginning April 9, 2018. Registration Deadline: March 12, 2018. For more details about the Teacher Training process and to register, visit www.billingslife.ca

PARISH TEAM CONTACT INFORMATION

MINISTRY

CONTACT NAMES

EMAIL ADDRESSES

Altar Servers.....	Jehan Esguerra	server@ascensionparish.ca
Art & Environment	Constance Mak	cyngmk@gmail.com
Ascension Renovations Committee.....	John Arbeau.....	jarbeau@telus.net
Baptism Preparation.....	Jenn Pashula.....	baptism@ascensionparish.ca
Bible Study.....	Murray Britt.....	britmur127@gmail.com
Capital Campaign.....	Mark Holland.....	markholland@shaw.ca
Collection Counters.....	DeeDee Hedley.....	ddhedley@shaw.ca
CWL.....	Sheena Koett.....	cwl.ascension@gmail.com
Ex-ord. Ministers of Holy Communion....	Nadia Oliverio.....	nadia.oliverio@shaw.ca
Finance Council.....	Christina Dao.....	c_dc_d@hotmail.com
Funeral Lunch Committee.....	Irene Woytas.....	office@ascensionparish.ca
Funeral Mass Coordinator.....	Jocelyn Muggleston.....	gjmug@shaw.ca
Greeters.....	Elizabeth De Guzman.....	edeguzman7@gmail.com
Knights of Columbus.....	Kevin Power.....	gk10065@kofc.ab.ca
Lectors.....	Donna Hickie.....	donna.hickie@cssd.ab.ca
Legion of Mary.....	Garry Bahen.....	gbahen03@shaw.ca
Liturgy Committee.....	Holly Davidson.....	hollyd@telus.net
Marriage Preparation Classes.....	Ferdie Gayos.....	marriageprepatascension@gmail.com
Music Ministry.....	DeeDee Hedley.....	ddhedley@shaw.ca
Parish Pastoral Council.....	Sandra Will-Krile.....	sandrafo@shaw.ca
Pastoral Care.....	Carol Johnson.....	carol@subwaycalgary.com
Prayer Warriors.....	Mary Keizer.....	maryckeizer@gmail.com
RCIA.....	Rob Kehrig.....	robkehrig@gmail.com
Rosary.....	Theresa D'Costa.....	dcostas@telus.net
R.S.V.P.....	Lucy Reyes.....	lucy.reyes@me.com
Sacramental Preparation.....	Vicki Hayles.....	sacraments@ascensionparish.ca
Sacristans.....	Holly Davidson.....	hollyd@telus.net
Sacristy Care.....	Rita Johnson.....	office@ascensionparish.ca
St. Vincent de Paul Society.....	Hamper Request.....	403.275.0994
St. Vincent de Paul Society.....	Terry Moynihan.....	moynihan@telusplanet.net
Seniors Committee.....	Marietta Archer.....	office@ascensionparish.ca
Ushers.....	Chris Rappel.....	crappel@shaw.ca
Volunteer Resource.....	Sharron Robinson.....	resource@ascensionparish.ca
Weekday Masses.....	Connie Raz.....	connieraz@gmail.com

If you do not have access to email, please call the office at 403.275.2240 and we will forward your request.