

Ascension Catholic Parish

Sharing the Spirit Together in Christ

1100 Berkshire Boulevard NW, Calgary, AB T3K 3M3 | Phone: 403.275.2240 | Fax: 403.274.3969 | www.ascensionparish.ca

Be perfect as our heavenly Father is perfect

Mass Times:

Weekday Masses:

Monday - Saturday:
9:00 AM

Tuesday - Friday:
6:30 PM

Wednesday: *Mother of Perpetual Help Novena at 6:15 PM*

Weekend Masses:

Saturday: 5:00 PM

Sunday:
8:00 AM, 10:00 AM,
12:00 PM & 4:00 PM

Reconciliation:

Tuesday - Saturday:
8:30 AM - 8:55 AM

Tuesday - Friday:
6:00 PM - 6:25 PM

Saturday:
4:00 PM - 4:45 PM

Sunday:
7:00 AM - 7:45 AM

By Appointment

Adoration & Benediction:

Monday - Friday:
9:30 AM - 10:00 AM

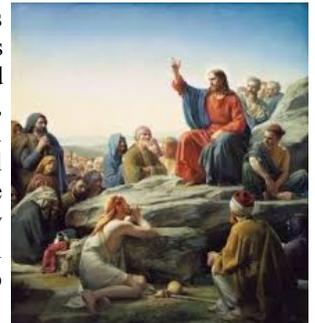
First Friday:
9:30 AM - 10:30 AM
(*Sacred Heart Novena & Benediction*)

What makes a disciple of Jesus Christ different from everyone else? What makes Christianity distinct from any other religion? It is **grace** - treating others, not as they deserve, but as God wishes them to be treated - with loving-kindness and mercy. Only the cross of Jesus Christ can free us from the tyranny of malice, hatred, revenge, and resentment and gives us the courage to return evil with good. Such love and grace has power to heal and to save from destruction. The Lord Jesus suffered insult, abuse, injustice, and death on a cross for our sake. Scripture tells us that the blood of Jesus Christ cleanses us from all sin and guilt (Matthew 26:28; Ephesians 1:7, I John 1:7, Revelation 1:5). Since God has been merciful towards us through the offering of his Son, Jesus Christ, we in turn are called to be merciful towards our neighbor, even those who cause us grief and harm.

How can we possibly love those who cause us harm or ill-will? With God all things are possible. He gives power and grace to those who believe and accept the gift of the Holy Spirit. His love conquers all, even our hurts, fears, prejudices and griefs. Only the cross of Jesus Christ can free us from the tyranny of malice, hatred, revenge, and resentment and gives us the courage to return evil with good. Such love and grace has power to heal and to save from destruction. Do you know the power and freedom of Christ's redeeming love and mercy?

Prayer: Lord Jesus, your love brings freedom and pardon. Fill me with your Holy Spirit and set my heart ablaze with your love that nothing may make me lose my temper, ruffle my peace, take away my joy, nor make me bitter towards anyone. Amen

Don Schwager - www.dailyscripture.net



Matthew 5:38-48



DUC IN ALTUM

— LUKE 5:4 —
PUT OUT INTO THE DEEP

Spiritual Renewal in the Diocese of Calgary

Renewal of Priests



Renewal of the Laity, Deacons, and Religious



Renewal of the Diocese



Download Letter at <https://www.ascensionparish.ca/parish-news/spiritual-renewal-in-the-diocese-of-calgary>

Catechesis Corner

(For the week of February 22-28, 2020)



Every Friday, and not just Lent!

What is fasting and what is abstinence? “Fasting, in the Latin Church, is the limitation of food and drink – typically to one main meal and two smaller meals (that together do not equal the regular meal in size), with no solid foods in between. Abstinence is the refraining from certain kinds of food or drink.” In Canada this is from meat that is not seafood.

When should we fast and abstain by the Law of the Roman/Latin Church? Is it just during Lent? “Ash Wednesday and Good Friday are universal days of fasting and abstinence from meat. While **all Fridays are days of abstinence from meat**, in Canada ‘Catholics may substitute special acts of charity or piety on this day.’”

How old do I have to be to be expected to keep these Holy Laws of the Church? How are those under this age to be taught if they don't have to follow them? “The law of abstinence binds those who have completed their fourteenth year (14 and up). The law of fasting binds those who have attained their majority, until the beginning of their sixtieth year. Pastors of souls and parents are to ensure that even those who by reason of their age are not bound by the law of fasting and abstinence, are taught the true meaning of penance.”

Are there any Fridays during the whole year that I am exempted from the penance? *Only on Solemnities:* “Abstinence from meat... is to be observed on all Fridays, *unless a Solemnity should fall on a Friday.*” Solemnities can be known through an internet search on google, general Catholic knowledge, or by going to www.romcal.net/output/2020.htm and looking at the Fridays and which ones are marked as a “SOLEMNITY”.

Sources: CIC 1249-1253, Diocese of Calgary Webpage



40 Days for Life Lenten Prayer Campaign

Ash Wednesday (Feb. 26th) is the beginning of the next 40 Days for Life campaign in more than 50 countries and 500 cities around the world. This campaign is a powerful witness to the tragic reality of abortion and to the dignity of human life. It is an undisputed scientific fact that human life begins at conception. These human beings in the womb deserve all of the protections of a human being. We must protect the most fragile and innocent among us. Abortion is a procedure where everyone loses: the unborn child, the mother, the father, siblings, family, and the whole community. Mothers contemplating abortion need our help and our prayers. Please be a part of the solution and join us in the upcoming 40 Days for Life campaign. More information can be found at http://www.40daysforlife.com/calgary or @ 40daysforlife.calgary@gmail.com, or call us at 403-870-3905. St. Joseph, Patron Saint of Canada, pray for us.

Physicians for Life

We believe that it must be the goal of medical science and its practitioners to preserve and protect human life, to relieve suffering, and to promote healing. The Hippocratic tradition affirms the inviolability of every human life. If you are a medical student or a physician please check out this website: www.physiciansforlife.ca



Bottle Drop-off

The Knights of Columbus will be holding a bottle drop-off after all Masses this weekend. Please bring your bottles to the Knight's trailer, which will be parked at the front of the Church. All proceeds will go to support the Calgary Pro-Life Association.

Movie Night

The Knights of Columbus are hosting a Parish Movie Night on **Wednesday, March 4th**. The movie is entitled “The Triumph” and is a documentary on one man's journey to Medjugorje. The movie will begin shortly after 7:00 PM, once the evening Mass is complete. Light refreshments will be available.

Mass Intentions

February 22-28, 2020

Day	Date	Time	Intentions
Saturday	February 22	9:00 AM	Elsie McManus (+)
Saturday	February 22	5:00 PM	Felecia Tuba (+)
Sunday	February 23	8:00 AM	Juanita S. Hernandez (+)
Sunday	February 23	10:00 AM	Julie Paolucci (+)
Sunday	February 23	12:00 PM	Mass for Parishioners
Sunday	February 23	4:00 PM	Tchatath Frederic (+)
Monday	February 24	9:00 AM	SI of Ezekiel & Emily Valencia
Tuesday	February 25	9:00 AM	Milagros Calderon (+)
Tuesday	February 25	6:30 PM	Anselm Oteze (+)
Wednesday	February 26	All Masses	Ash Wednesday
Thursday	February 27	9:00 AM	Jaime Calderon (+)
Thursday	February 27	6:30 PM	SI of Shanna Hedley
Friday	February 28	9:00 AM	Beatriz Gatapia (+)
Friday	February 28	6:30 PM	Sagang Paul (+)



Ash Wednesday, February 26, 2020 - Ash Wednesday marks the beginning of the Season of Lent. It is a season of penance, reflection, and fasting which prepares us for Christ's Resurrection on Easter Sunday, through which we attain redemption. Our foreheads are marked with ashes to humble our hearts and remind us that life passes away on Earth. Ashes are a symbol of penance made sacramental by the blessing of the Church, and they help us develop a spirit of humility and sacrifice. The ashes are made from the blessed palms used in the Palm Sunday celebration of the previous year. The ashes are christened with Holy Water and are scented by exposure to incense. While the ashes symbolize penance and contrition, they are also a reminder that God is gracious and merciful to those who call on Him with repentant hearts.

His Divine mercy is of utmost importance during the season of Lent, and the Church calls on us to seek that mercy during the entire Lenten season with reflection, prayer and penance. **Ash Wednesday Masses, February 26th: 7:00 AM, 9:00 AM, 5:00 PM & 7:00 PM.**



Stations of the Cross

Please join us every Friday, from February 28 to April 3 – Rosary at 6:00pm, Mass at 6:30pm, Stations of the Cross at 7:00pm, followed by Soup and Bread. Each week different Ministries in our Parish will host the Stations and provide the Soup and Bread.



Chalice Canada, is coming to our Parish on February 29 & March 1, 2020. A Catholic sponsorship organization, Chalice supports 50,000 children, in 15 developing countries living in poverty. This is an opportunity for you to sponsor a child in a faith environment, specifically with educational, medical and nutritional needs. Over 90% of all donated funds go directly to your sponsored child. You will receive an official tax receipt for your donation. More information can be found at www.chalice.ca or by calling 1-800-776-6855,

If you would like to assist Deacon Brian for 30 minutes after any Mass, your helping hands will be appreciated. Please arrive 30 minutes prior to Mass to introduce yourself and to review his expectations. Thank you for your generous heart of time and service.

Finance Report - at a glance...

Gifts to the Parish	2020	
	Week	7
Offerings for the Week:	11-Feb-20	17-Feb-20
	Last Week	YTD
General Collections:		
Collections	8,660	80,354
Operating Cost	18,000	126,000
Over / (Shortfall) YTD Operating Cost	(9,340)	(45,646)
Central Fund Loan (Mortgage):		
Building Fund Collections	4,476	39,059
2019 Pledges	0	21,210
Donor Wall	0	10,000
Toonie Collection	0	3,994
Weekly Loan Payment	12,180	85,260
Over / (Shortfall) YTD Loan Payment	(7,704)	(10,998)
Diocesan Annual Campaign:		
Together In Action		
2020 Collections	809	5,065
2019 Collections		51,812
2019 Target		57,093
Remaining towards 2019 Goal		216
Other:		
Holy Childhood	401	1,455

Parish Gala Ticket Sales

Starting February 29th and March 1st, we will begin selling Gala tickets after all Masses in the Narthex. Please see the website for details of this exciting event. All profits from the Gala will go towards reducing our mortgage debt.



2019 Donation Receipts

Your donation tax receipts are available to be picked up in the Narthex after Mass the weekends of February 15/16 & February 22/23. After these dates the remaining receipts will be mailed out. Please make sure the office has your current mailing address.

If you have any questions please contact our Bookkeeper at finance@ascensionparish.ca

Parish Staff

- Pastor: **Fr. Avinash Colaco**
- Associates:
Fr. Rodel Abanto
Fr. Adrian Martens
- Deacon: **Patrick Woo**
- Secretary: **Nancy Mitchell**
- Receptionist: **Angelina Ling**
- Sacraments: **Monica Purnama**
- Baptisms: **Jenn Pashula**
- Youth: **Vicki Hayles**
- Bookkeeper: **Nora Alzamora Torres**
- Custodian: **Jose Gil**
- Evening Staff: **David Cadegan**
- Resource Coordinator: **Sharron Robinson (Volunteer Position)**
- Office Assist (**Volunteer Position**)

Office Hours

Monday to Friday: 9:30 AM - 4:30 PM

Lunch: 12:30 PM - 1:00 PM

Sacraments

Baptism for Infants: Baptisms are celebrated on the **2nd, 3rd & 4th Sundays** of each month after the 12:00 PM Mass at 1:30 PM. Please call Jenn at 403.275.2240 or email baptism@ascensionparish.ca to register.

Baptism Preparation Class: Preparation classes take place on the **1st Saturday** of each month at 10:00 AM in the Sanctuary. Parents are to attend the class at least 3 weeks prior to the Baptism Celebration. Please call Jenn at 403.275.2240 or email baptism@ascensionparish.ca to register.

First Holy Communion (Gr. 2 & up): Please register your child in September 2020.

First Reconciliation (Gr. 2 & up): Please register your child in September 2020.

Confirmation (Gr. 6 & up): Please register your child in October 2020.

Marriage: By appointment, 6 months in advance. Call the Church office.

Marriage Preparation Class: 3rd Friday & Saturday of each month (some exceptions apply). Registration fee is \$100 per couple and includes course materials, snacks and lunch. To register please email William: marriageprepatascension@gmail.com

RCIA: The Rite of Christian Initiation of Adults

For more information contact the Church office.

RCIA SPONSORS: We are seeking sponsors to assist RCIA catechumens as they become familiar with the Christian way of life. Contact Rob at robkehrig@gmail.com for information.

Anointing of the Sick & Dying: Call the Parish office at 403.275.2240

Outside of the office hours, please call 403.275.2240.

When prompted, press 2 for Fr. Avinash, press 3 for Fr. Rodel, press 4 for Fr. Adrian (Thursdays & Fridays).

Please leave a detailed message. The priest will return your call.

Ministry Contacts

Sacraments

Baptism Preparation: Jenn Pashula | baptism@ascensionparish.ca

Marriage Preparation: William Abenes | marriageprepatascension@gmail.com

RCIA: Rob Kehrig | robkehrig@gmail.com

Sacramental Preparation: Monica Purnama | sacraments@ascensionparish.ca

Parish Ministries

Building Fund Committee: Mark Holland | markholland@shaw.ca

Collection Counters: DeeDee Hedley | ddhedley@shaw.ca

Finance Council: Christina Dao | c_dc_d@hotmail.com

Funeral Mass Coordinator: Jocelyn Mugleston | jmugle92@shaw.ca

Funeral Lunch Committee: Irene Woytas | office@ascensionparish.ca

Kitchen Ministry Coordinator: Twila Tayfel | tmtayfel@yahoo.com

Parish Pastoral Council: Sandra Will-Krile | samandrafo@shaw.ca

Pastoral Care: Virginia Rappel | virginia.rappel@gmail.com

R.S.V.P.: Lucy Reyes | lucy.reyes@me.com

Social Justice: Pat Brown | patricia.brown@shaw.ca

Youth Ministry: Vicki Hayles | youth@ascensionparish.ca

Volunteer Resource: Sharron Robinson | resource@ascensionparish.ca

Liturgy

Altar Servers: Isabel & Charlotte Woo | server@ascensionparish.ca

Art & Environment: Maria San Miguel | let@shaw.ca

Ex-ord. Ministers of Holy Communion: Nadia Oliverio | nadia.oliverio@shaw.ca

Greeters: Eneyo Eyo | enevo_eyo@yahoo.com

Lectors: Andrew Harich | harich0307@gmail.com

Liturgy Committee: Holly Davidson | hollyd@telus.net

Liturgical Mentor: Casey Plettell | cke13@hotmail.ca

Music Ministry: Hoa Nguyen | music@ascensionparish.ca

Sacristans: Holly Davidson | hollyd@telus.net

Sacristy Care: James Chuah | jameschuah10248@gmail.com

Ushers: Jonathan Dixon | jonathandixon1@mac.com

Weekday Masses: Connie Raz | connieraz@gmail.com

Lay Ministries

Bible Study: Murray Britt | britmur127@gmail.com

Catholic Women's League: Sheena Koett | cwl.ascension@gmail.com

Knights of Columbus : Phil Fitzgerald | gk10065@kofc.ab.ca

Legion of Mary: Garry Bahen | gbahen03@shaw.ca

St. Vincent de Paul Society: Hamper Request | 587.755.3855

St. Vincent de Paul Society: Davina Janssens | ssvp.ascension@gmail.com