



Ascension Catholic Parish

Sharing the Spirit Together in Christ

1100 Berkshire Boulevard NW, Calgary, AB T3K 3M3 | Phone: 403.275.2240 | Fax: 403.274.3969 | www.ascensionparish.ca

"Do you not see the log in your own eye?"

Mass Times:

Weekday Masses:

Monday-Friday: 9 AM

Wednesday: 6:30 PM
(Mother of Perpetual
Help Novena: 6:15 PM)

Weekend Masses:

Saturday:

5:00 PM & 7:00 PM

Sunday:

8:30 AM, 10:30 AM,
12:30 PM & 5:00 PM

Reconciliation:

Tuesday - Friday:

8:30 AM - 8:55 AM

Wednesday Evening:

6:00 PM - 6:25 PM

Saturday:

4:00 PM - 4:45 PM

Sunday:

7:30 AM - 8:15 AM

Are you clear-sighted, especially in your perception of sin and the need for each of one of us to see ourselves correctly as God sees us - with our faults, weaknesses, and strengths? Jesus' two parables about poor vision allude to the proverb: *Without vision the people perish!* (Proverbs 29:18). The Lord Jesus wants to heal and restore us to wholeness, not only for our own sake alone. He also wants us to be his instruments of healing, pardon, and restoration for others as well. What can hinder us from helping others draw near to Jesus the divine Physician? The Rabbis taught: *He who judges his neighbor favorably will be judged favorably by God.* "How easy it is to misjudge others and how difficult it is to be impartial in giving good judgment. Our judgment of others is usually "off the mark" because we can't see inside the other person, or we don't have access to all the facts, or we are swayed by instinct and unreasoning reactions to people. It is easier to find fault in others than in oneself. A critical and judgmental spirit crushes rather than heals, oppresses rather than restores, repels rather than attracts. "Thinking the best of other people" is necessary if we wish to grow in love. And kindness in judgment is nothing less than a sacred duty. The Lord knows our faults and he sees all, even the imperfections and sins of the heart which we cannot recognize in ourselves. Like a gentle father and a skillful doctor he patiently draws us to his seat of mercy and removes the cancer of sin which inhabits our hearts. Do you trust in God's mercy and grace? Ask the Lord to flood your heart with his loving-kindness and mercy that you may only have room for charity, forbearance, and kindness towards your neighbor. How do we avoid falsehood and bad fruit in our lives? By being true - true to God, his word, and the grace and help he gives us so we can turn away from evil and wrongdoing. And that takes character! Those who are true to God know that their strength lies not in themselves but in God who supplies everything we need to live as his disciples. The Lord strengthens us with the fruits and gifts of the Holy Spirit - with faith, hope and love, justice, prudence, fortitude and temperance. And we grow in godly character through exercising the gifts and strength which God supplies. Do you want to bear good fruit in your daily life? Allow the Holy Spirit to train you in godliness and the wisdom to distinguish good fruit from bad fruit.

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Lk. 6.39-45

Out of the good treasure
of the heart

"O Father, help us always to praise rather than to criticize, to sympathize rather than to discourage, to build rather than to destroy, and to think of people at their best rather than at their worst. This we ask for your name's sake.

"Don Schwager

www.daily scripture.net

Adoration & Benediction:

Monday - Friday:

9:30 AM - 10:00 AM

First Friday:

9:30 AM - 10:30 AM
(Sacred Heart Novena
& Benediction)



While ashes symbolize penance and contrition, they are also a reminder that God is gracious and merciful to those who call on Him with repentant hearts. His Divine Mercy is of utmost importance during the season of Lent, and the Church calls on us to seek that mercy during the entire Lenten season with reflection, prayer and penance.

Ash Wednesday Masses, March 6th: 7:00 AM, 9:00 AM, 4:30 PM, 6:00 PM and 7:30 PM.



Catechesis Corner

(For the week of March 2-8, 2019)



Genuflect

When, how and why to genuflect?

There was a wonderful document from the Vatican released in 1980 that talks about the importance of **when** to genuflect: “The venerable practice of genuflecting before the Blessed Sacrament, *whether enclosed in the tabernacle or publicly exposed*, as a sign of adoration, is to be maintained,” (*Instruction Concerning Worship Of The Eucharistic Mystery*, 26). It goes on to further clarify that: “If anything has been introduced that is at variance with these indications, it is to be corrected.” (*Instruction Concerning Worship Of The Eucharistic Mystery*, 27).

The General Instruction of the Roman Missal

(274) further clarifies exactly how, why and when we genuflect: “A genuflection, **is made by bending the right knee to the ground**, *signifies adoration*, and therefore it is reserved for **the Most Blessed Sacrament**, as well as for the **Holy Cross** from... Good Friday until the beginning of the Easter Vigil...”

Application: When passing in front of the Blessed Sacrament make every effort to genuflect and pause to thank the Lord for His presence in the Holy Eucharist. From Good Friday to the Easter Vigil, genuflect and pause in front of the Holy Cross thanking the Lord for His redemption of Christians.



Lenten Food Drive

KNIGHTS OF COLUMBUS 40 Cans for 40 Days



Inspired by Christ's fasting in the desert for 40 days, the 40 Cans for 40 Days helps us to connect with the three pillars of Lent; Prayer, Fasting and Almsgiving. We encourage each family to prayerfully give up one daily pleasure and give one non-perishable food item per day for the 40 days of Lent. The 40 Cans for 40 Days is a real tangible way for families to live and practice their Catholic faith in a truly meaningful way.

Through your generous donations we hope to fill our St. Vincent de Paul Hamper Room! Store Cards can be purchased from the Knights Table so that families can purchase perishable items such as: Milk, Meat, Produce, Cheese, etc. Your store card donations can be placed in the SVDP envelopes for a tax receipt. Your hampers of food can be left at the Knights Table. A list of needed items can be picked up at the Knights Table. Thank you and God Bless!



Palms are Blessed Objects

They should be treated with reverence. To dispose of old palms, you may burn or bury them. They should not be thrown in the garbage. Palms can be returned to the Church before Ash Wednesday. A container is available in the Narthex by the coat rack.

Mass Intentions

March 2nd - 8th, 2019

Day	Date	Time	Intentions
Sat. & Sun	March 2 - 3	All Masses	Masses for Parishioners
Monday	March 4	9:00 AM	Paul Le & Nghi Nguyen (+)
Tuesday	March 5	9:00 AM	SI of Marie Bartlett
Wednesday	March 6	9:00 AM	Beatriz Gatapia (+)
Wednesday	March 6	All Masses	Ash Wednesday
Thursday	March 7	9:00 AM	Dr. Ronald Hinds (+)
Friday	March 8	9:00 AM	Marilyn Darrigan (+)

NEW SANCTUARY, NEW MASS TIMES!!

New Mass times cannot be confirmed until after the building inspection in a few days. Updates will be on our website.

Morning Masses will be cancelled on Thursday, March 7th & Friday, March 8th as we work to set up our new Sanctuary. On the first weekend of Lent, **March 9th & 10th**, we will celebrate Masses in our new Sanctuary!

***New weekend Mass Schedule**: Saturday at 6:00 PM & Sunday at 9:00 AM, 11:00 AM and 4:00 PM.

***New weekday Mass Schedule**: Adding Tuesday, Thursday & Friday at 6:30 PM and Saturday 9:00AM starting March 12th. Confession will be available Tuesdays & Thursdays from 6:00-6:25 PM and Saturdays from 8:30-8:55 AM.

We need servers for the new 6:30 PM weekday Masses: 1 Sacristan, 3 EMHC, 1 Lector and 1 adult Altar Server. Anyone who is interested should contact Connie Raz at connieraz@gmail.com Training will be provided.

Finance Report - at a glance...

Gifts to the Parish	February 2019	
	Week	8
Offerings for the Week:	19-Feb-19	25-Feb-19
	Last Week	YTD
General Collections:		
Collections	12,117	81,969
Operating Cost	14,300	114,400
Over / (Shortfall) YTD Operating Cost	(2,183)	(32,431)
Central Fund Loan:		
Building Fund Collections	14,560	97,917
Weekly Loan Payment	11,350	90,800
Over / (Shortfall) YTD Loan Payment	(3,210)	7,117
Diocesan Annual Campaign:		
Together In Action		
2018 Collections		47,347
2019 Collections	542	3,361
2018 Target		61,355
Remaining towards 2018 Goal		(10,647)
Collections in our Diocese:		
Holy Childhood	115	1,694



STATIONS of the CROSS

The Stations of the Cross is a Lenten devotion that offers witness to Jesus' Passion and Death. At each station we use our senses and our imagination to reflect prayerfully upon Jesus' suffering, Death, and Resurrection, and to experience the visual images to reflect on Christ's love for us. In praying the stations we imagine ourselves walking with Jesus on this journey. We then link our reflection to whatever is going on in our lives today. Please join us.

Mass: 6:30 PM

Stations of the Cross: Fridays during Lent starting March 15th at 7:00 PM



THE POPE'S MONTHLY INTENTION / MARCH

Evangelization – Christian Communities

That Christian communities, especially those who are persecuted, feel that they are close to Christ and have their rights respected.

Ascension Catholic Parish Pledges - New Program Launches March 16-17

The Capital Campaign Team is happy to announce the start of the new pledge program to support our renovation project. The current Commitment Card pledge program is ending after three successful years, but a new pledge program is required to meet the funding requirements of our new mortgage. If you are in the current program you may have recently received an email asking you to renew your pledge. Please simply respond to the email with your approval and your pledge will continue. The program will be rolled-out to the rest of the Parish starting on the weekend of March 16-17. Your support is needed more than ever.

Parish Staff

- Pastor: **Fr. Avinash Colaco**
- Associates:
Fr. Rodel Abanto
Fr. Adrian Martens
- Secretary: **Nancy Mitchell**
- Receptionist: **Angelina Ling**
- Sacraments: **Monica Purnama**
- Baptisms: **Jenn Pashula**
- Youth: **Vicki Hayles**
- Bookkeeper: **Nora Alzamora Torres**
- Custodian: **Jose Gil**
- Evening Staff: **David Cadegan**
- Resource Coordinator: **Sharron Robinson (Volunteer Position)**
- Office Assist (**Volunteer Position**)

Office Hours

Monday to Friday: 9:30 AM - 4:30 PM

Lunch: 12:30 PM - 1:00 PM

Sacraments

Baptism for Infants:

Baptisms are celebrated on the **2nd, 3rd & 4th Saturdays** of each month at 10:00 AM (except during Lent). Please call Jenn at 403.275.2240 or email baptism@ascensionparish.ca to register.

Baptism Preparation Class: Preparation classes take place on the **1st Saturday** of each month at 10:00 AM in the Sanctuary. Parents and Godparents are to attend the class at least 3 weeks prior to the Baptism Celebration.

First Holy Communion (Gr. 2 & up): Registration is closed. Please register your child in September, 2019.

First Reconciliation (Gr. 2 & up): Registration is closed. Please register your child in September, 2019.

Confirmation (Gr. 6 & up): Registration is closed. Please register your child in November, 2019.

Marriage: By appointment, 6 months in advance. Call the office.

Marriage Preparation Class: 3rd Saturday of each month (some exceptions apply). Registration fee is \$100 per couple and includes course materials, snacks and lunch. To register please email Ferdie: marriageprepatascension@gmail.com

RCIA: The Rite of Christian Initiation of Adults

For more information contact the Church office.

RCIA SPONSORS: We are seeking sponsors to assist RCIA catechumens as they become familiar with the Christian way of life. Contact Rob at robkehrig@gmail.com for information.

Anointing of the Sick & Dying: Call the Parish office at 403.275.2240

Outside of the office hours, please call 403.275.2240.

When prompted, press 2 for Fr. Avinash, press 3 for Fr. Rodel, press 4 for Fr. Adrian (Thursdays & Fridays).

Please leave a detailed message. The priest will return your call.

Ministry Contacts

Sacraments

Baptism Preparation: Jenn Pashula | baptism@ascensionparish.ca

Marriage Preparation: Ferdie Gayos | marriageprepatascension@gmail.com

RCIA: Rob Kehrig | robkehrig@gmail.com

Sacramental Preparation: Monica Purnama | sacraments@ascensionparish.ca

Parish Ministries

Ascension Renovations Committee: John Arbeau | jarbeau@telus.net

Capital Campaign: Mark Holland | markholland@shaw.ca

Collection Counters: DeeDee Hedley | ddhedley@shaw.ca

Finance Council: Christina Dao | c_dc_d@hotmail.com

Funeral Mass Coordinator: Jocelyn Mugleston | gimug@shaw.ca

Funeral Lunch Committee: Irene Woytas | office@ascensionparish.ca

Parish Pastoral Council: Sandra Will-Krile | samandrafo@shaw.ca

Pastoral Care: Diane Lincoln | lincolfamily@gmail.com

R.S.V.P.: Lucy Reyes | lucy.reyes@me.com

Youth Ministry: Vicki Hayles | youth@ascensionparish.ca

Volunteer Resource: Sharron Robinson | resource@ascensionparish.ca

Liturgy

Altar Servers: Jehan Esguerra & Brooklyn Kerner | server@ascensionparish.ca

Art & Environment: Maria San Miguel | let@shaw.ca

Ex-ord. Ministers of Holy Communion: Nadia Oliverio | nadia.oliverio@shaw.ca

Greeters: Elizabeth De Guzman | edguzman7@gmail.com

Lectors: Donna Hickie | donna.hickie@cssd.ab.ca

Liturgy Committee: Holly Davidson | hollyd@telus.net

Music Ministry: Gwen Raymundo | gwen.raymundo@gmail.com

Sacristans: Holly Davidson | hollyd@telus.net

Sacristy Care: Rita Johnson | office@ascensionparish.ca

Ushers: Chris Rappel | crappel@shaw.ca

Weekday Masses: Connie Raz | connieraz@gmail.com

Lay Ministries

Bible Study: Murray Britt | britmur127@gmail.com

Catholic Women's League: Sheena Koett | cwl.ascension@gmail.com

Knights of Columbus: Phil Fitzgerald | gk10065@kofc.ab.ca

Legion of Mary: Garry Bahen | gbahen03@shaw.ca

Prayer Warriors: Mary Keizer | mary.c.keizer@gmail.com

St. Vincent de Paul Society: Hamper Request | 587.755.3855

St. Vincent de Paul Society: Davina Janssens | davinamj@telus.net