ASCENSION CATHOLIC PARISH

Feb. 18 - 19, 2023

Sharing the Spirit
Together in Christ

MASS TIMES

WEEKDAY MASSES

Monday - Saturday: 9:00am

WEEKEND MASSES

Saturday: 5:00pm & 7:00pm

Sunday: 8:00am; 10:00am;

12:00pm & 4:00pm

PARISH STAFF

Pastor: **Fr. John Gannon**

Associate: **Fr. JP Luxbacher**

Vicar: **Fr. Adrian Martens (Sundays)**

Deacon: **Patrick Woo**

Admin Assist: **Jenn Pashula**

Sacraments : **Linda Hengen**

Bookkeeper: **Nora Alzamora**

Resource: **Connie Raz**

OFFICE HOURS

Tuesday—Saturday

9:30am - 4:00pm

Closed for Lunch 12pm - 1pm

OUR MISSION STATEMENT

Ascension Catholic Parish is a community of disciples of Jesus Christ, the Risen Lord, guided on our journey by the Holy Spirit to further the Kingdom of God, through committed Worship, Catechesis, Fellowship and Service

Psalm 103: The Lord is merciful and gracious

7TH SUNDAY IN ORDINARY TIME

Dear friends,

Each liturgical season has its own beauty. This Sunday, the 7th Sunday of "Ordinary Time," we continue those most beautiful (and challenging) pages of the New Testament, the Sermon on the Mount. *Turn the other cheek… love your enemies… pray for those who do you wrong…* How hard that is for our human nature! And yet, how close it brings us to God, changing our hearts and minds to see as God does, pardon as God does, and act as God does. The world needs more of that, and less anger and harshness, less superficiality and self-centeredness.

On Wednesday, with Ash Wednesday, we begin the liturgical season of Lent. It is beautiful in its own way. It invites us to create a little bit more space for our soul. As Fr. John reminded us in last week's bulletin, Lent is an opportune time to look at the themes of "prayer, fasting and almsgiving." Each one of those things can help us on the path of conversion. That is to say, becoming less self-centered and more centered on God and others. It is a call to live a more radiant, joyful, and godly life. May the Blessed Virgin Mary accompany our Lenten journey!

With prayers, God bless - Fr. JP

CONFESSIONS	ANOINTING OF THE SICK
Tuesday - Saturday: *8:15am - 8:45am* Saturdays: *4:00pm - 4:45pm* *or by appointment*	Please call the office at 403.275.2240 When prompted *Press 2 for Pastor* *Press 3 for Associate*

1100 Berkshire Blvd NW Calgary, AB T3K 3M3

Phone 403.275.2240 | Fax 403.274.3969 | www.ascensionparish.ca

EVENTS & INFORMATION

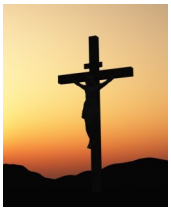
PREPARING FOR LENT

ASH WEDNESDAY

Feb. 22nd

Mass Times: 9:00am | 5:00pm | 7:00pm

STATIONS OF THE CROSS



Every Friday in Lent,

Beginning Feb. 24th

Mass | 6:30pm

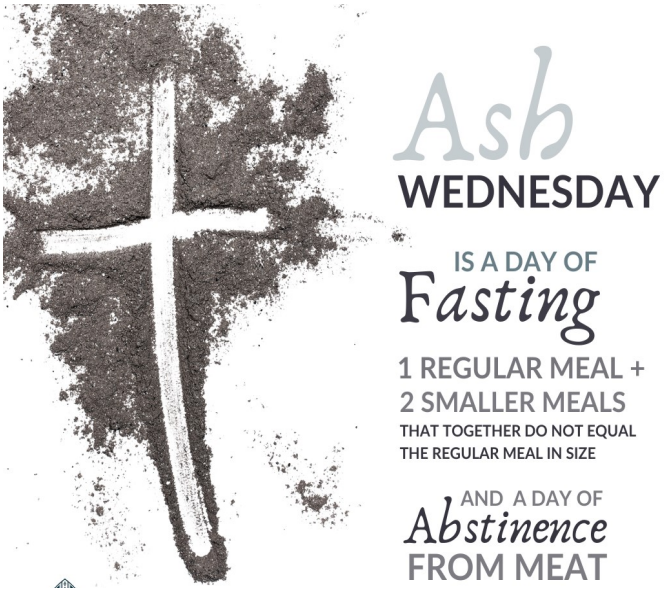
Stations of the Cross | 7:00pm

Confession | 7:30pm

PARISH PASTORAL COUNCIL

As Ash Wednesday is fast approaching (Feb 22nd), let us start preparing our minds and hearts for a faith-filled Lenten season. On a weekly basis, we will focus on a different theme. We encourage you either individually or as a family, to meditate on each theme. We have put together a calendar of ideas you could do on your own.
In addition, every Friday at 6:30pm, we will have Mass followed by Stations of the Cross and Confession. We invite all parishioners to join us weekly.

We wish everyone a Blessed Lenten Season.



LENTEN RESOURCES

Open your heart to new possibilities and utilize powerful Lenten resources to help make this season meaningful to you. Visit our Diocesan Lenten Resources catholicyyc.ca/Lent

SACRAMENTS

The Sacraments are Jesus's gifts to us. They are visible signs that give us sanctifying grace and enable us to:

Believe the truths of His Faith. Live according to His commands. Grow in His gift of divine life.

We welcome and invite the families of Ascension to join us as we journey with you and assist with preparing your children to receive the Sacraments. Please check our website for information or email Linda at sacraments@ascensionparish.ca.

Reconciliation / First Holy Communion (Grade 2 and above) Registration for the school calendar year 2023/2024 will open on June 1st, 2023.

Confirmation (Grade 6 or above) Registration for the school calendar year 2023/2024 will open on June 1st, 2023.

Sacraments for Teens. This program is for those teens who have missed one or more of the Sacraments. Registration for the school calendar year 2023/2024 will open on June 1st, 2023.

Baptism for School Aged Children: In collaboration with our Catholic Schools, we offer Baptism for School Aged Children between the ages of seven and twelve. Our next session is in June; please register online.

Baptism for Infants: Baptisms are celebrated Saturday at 10am and Sunday at 2pm.

Baptism Preparation Class: Preparation classes take place on the **1st Saturday** of each month beginning with Mass at 9am. Baptism celebration will be booked after you attend the class.

Marriage: By appointment, 6 months in advance. Contact the office.

Marriage Convalidation –This is a ceremony for Catholics who have had a civil marriage and want their marriage recognized as a Sacrament covenant. Please call the office to begin this process.

Marriage Preparation: 3rd Saturday of every month at the Parish or through the Diocese at https://www.catholicyyc.ca/marriageprep.html.

Adult Confirmation: If you are over 18 years old and have been Baptized, you can register for our Adult Confirmation sessions.

RCIA: The Rite of Christian Initiation of Adults
For more information contact the Parish office.

A CALL TO SERVICE

MISSIONARY DISCIPLE SPOTLIGHT

Hello, my name is Moses Onmonya. I serve as a Lector in the Parish. I'm also a member of the Knights of Columbus (KofC) and the Open in Spirit to God (OSG-YYC) prayer Group.

I have been volunteering in all the mentioned ministries since I came to Canada in 2016 with my family from Nigeria.

The call to volunteer is something I have been doing since I was a teenager. This is my service to God and the community. I feel that as a Catholic, I would have to contribute to the propagation of the Gospel by offering my services to the Parish of my own volition.

As a volunteer, I am abreast of my faith and partake in the Eucharistic celebrations which are the nourishment of my soul. It also gives me strength for my faith journey.

I personally encourage everyone to get involved. It builds not only your faith but the faith of your family as well.

My favorite scripture is Philippians 4:13, "I can do all things through Christ who strengthens me." Knowing that in all I do in the Church Christ always provides the energy to keep going.

YOUTH GROUP - METANOIA

The next Youth Group meeting is **March 2nd, *6:30pm-8:00pm*** in the Church hall. There will be games, snacks and faith activities from the Conquest program. It is open to students grades 5 and up. If you are interested, please contact the youth group leaders at youth@ascensionparish.ca or to register go to www.ascensionparish.ca.

KNIGHTS OF COLUMBUS

Please join the Knights in praying a Scriptural Rosary on Thursday Feb. 23rd before the morning 9am Mass. The Scriptural Rosary includes a short piece of scripture read before each Hail Mary spoken. The Rosary will begin at 8:20am.

Following Mass, the Knights will serve coffee and treats!

FINANCE NEWS

For January, we had a shortfall of $5,751.61 for our operating costs. Operating costs include maintenance, staff, and programs.

Our building fund collections for the month of January were $26,204.62. These funds are applied to our monthly mortgage payments. Our monthly loan (mortgage) payment is $45,708 per month.

TIA (Together in Action) Contributions this past month were $3,443.00. Our TIA Goal for 2023 is $50,348.00. TIA is the annual Diocesan mandated Parish charitable appeal that funds local, national and international initiatives.

A big Thank You to all who support our Parish financially.

INCOME TAX RECEIPTS

Your 2022 Ascension Catholic Parish income tax receipt is ready for pickup. Please make time during our office hours: Tuesday to Saturday from 9:30am to 12pm and 1pm to 4pm, or after Mass Feb 18th - 19th.

Due to the confidential information contained in the envelope, we ask that you only pick up your own tax receipt. Thank you.

MASS INTENTIONS FEB 18 - 25, 2023

Feb.18	**5pm**	**For the souls of the Lewis Family**
Feb. 18	**7pm**	**For the Special Intentions of Mrs Jinhua Mu**
Feb. 19	**8am**	**For the Special Intentions of our Parishioners**
Feb. 19	**10am**	**For the soul of James Mervyn Gomes**
Feb. 19	**12pm**	**For the Special Intentions of Augustina Adeniji-Sumerfun Family**
Feb. 19	**4pm**	**For the soul of Veronica Okwuraiwe**
Feb. 20	**9am**	**For the Special Intentions of the Colaco**
Feb. 21	**9am**	**For the Special Intentions of Lydia Bruse**
Feb. 22	**9am**	**For the Special Intentions of Kene Azichoba**
Feb. 22	**5pm**	**For the Special Intentions of the Conway Family**
Feb. 22	**7pm**	**For the Special Intentions of Katherine Kinch**
Feb. 23	**9am**	**For the souls of Jonathan, Regina & Ronald Chia**
Feb. 24	**9am**	**For the soul of Jerry Reyes**
Feb. 24	**6:30pm**	**For the soul of Ted Bryce**
Feb. 25	**9am**	**For the soul of James Mervyn Gomes**

MINISTRY CONTACTS

Administrative Assistant: Jenn Pashula | office@ascensionparish.ca
Volunteer Resource: Connie Raz | resource@ascensionparish.ca

SACRAMENTS

Baptism: Linda Hengen | baptism@ascensionparish.ca
Sacramental Preparation: Linda Hengen | sacraments@ascensionparish.ca
Marriage Prep: Ferdie Gayos | marriageprep.ascension@telus.net
RCIA: Rob Kehrig | robkehrig@gmail.com

MINISTRIES

Parish Council: Rodel Cenabre I rodelcenabre@gmail.com
Finance Council: Christina Dao | c_dc_d@hotmail.com
Building Fund: Mark Holland | markholland@shaw.ca
Special Events Fundraising: Holly Davidson I hollyd@telus.net
Ex-ord. Min. of Holy Communion: Nadia Oliverio | nadia.oliverio@shaw.ca
Liturgical Ministries: Nadia Oliverio | nadia.oliverio@shaw.ca
Lectors: Andrew Harich | harich0307@gmail.com
Choirs: Maryna Szojka | music@ascensionparish.ca
Sacristans: James Chuah | jameschuah10248@gmail.com
Ushers: Vinay Parmar I vparmar@flyht.com
Greeters: Eneyo Eyo | eneyo.eyo@gmail.com
Mass Participation Tracker: Flor De Souza | flordes18@yahoo.ca
Weekday Masses: Connie Raz | connieraz@gmail.com
Ascension Communication Team (ACT) I office@ascensionparish.ca
Pastoral Care: Sharron Robinson | parishprojects@ascensionparish.ca
Youth: | youth@ascensionparish.ca
Art and Environment: Maria San Miguel | let@shaw.ca
Altar Serving: Adewole Ajayi| server@ascensionparish.ca
RSVP: Lucy Reyes | Lucy.reyes@me.com
Landscaping Ministry: Vinay Parmar I vparmar@flyht.com
Property Management Team: Russell Todd| Text/Call 403.457.0507
Vocation Chalice Coordinator: Violeta Romero | violy1416@yahoo.com

LAY ASSOCIATIONS

Catholic Women's League: Twila Tayfel | cwl.ascension@gmail.com
Knights of Columbus: Chris Rappel | gk10065@kofc.ab.ca
Legion of Mary: Mary Shu | mary.dp.shu@hotmail.com
Regnum Christi: Eileen Coady | rccalgaryoffice@gmail.com
St. Vincent de Paul Society: Davina Janssens | ssvp.ascension@gmail.com
St. Vincent de Paul Society: Hamper Request | 587.755.3855

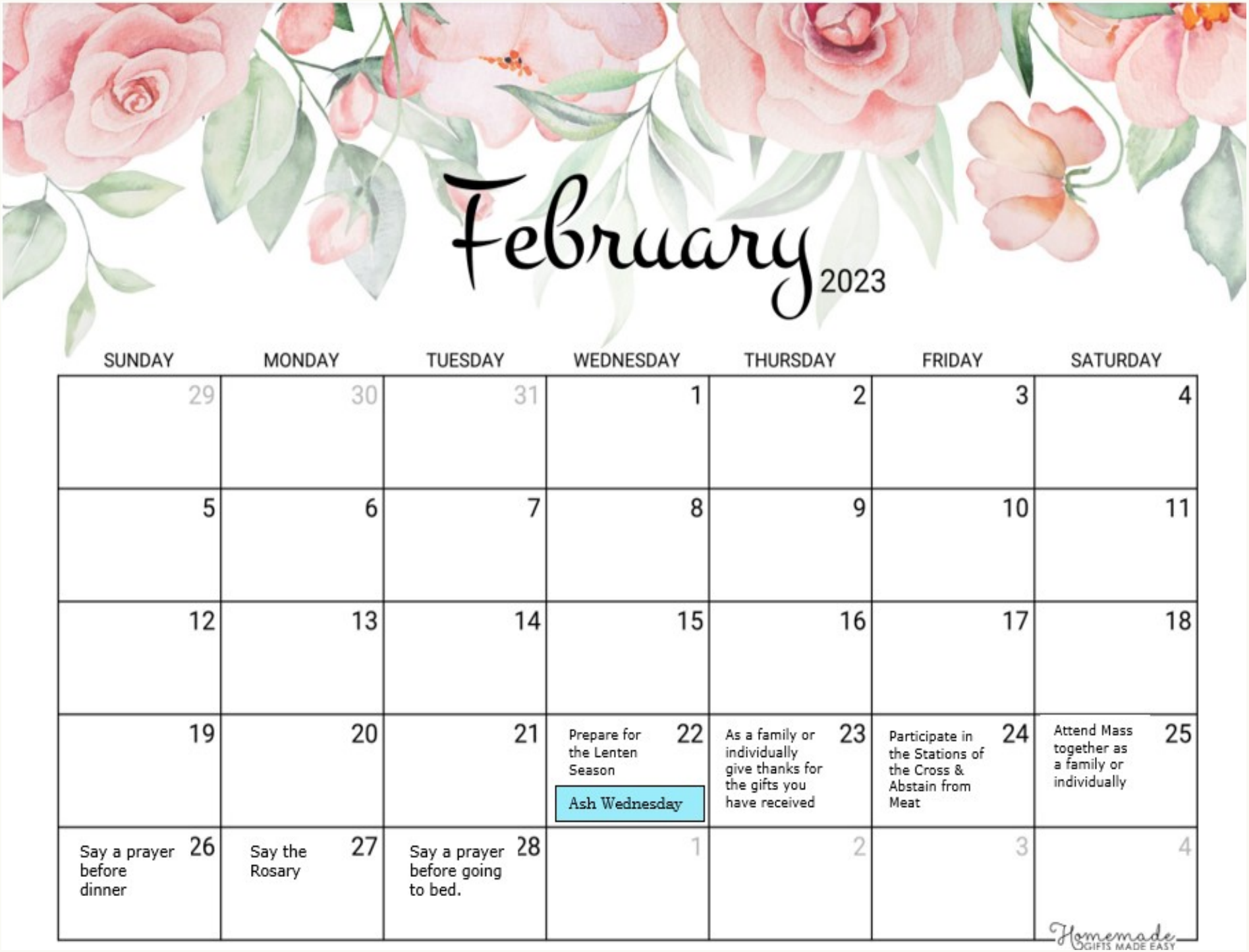
PRAY FOR TURKEY AND SYRIA

Millions of people in Syria and Turkey were shaken awake by disaster on Feb. 6, and found their lives, like the buildings around them, reduced to rubble. In the aftermath of the devastating earthquake, many people are seeking emergency shelter in convents, Parish halls and schools. Your generous and prayerful support is essential in this critical moment — it could be a lifeline for those women, children and elderly people who have nowhere else to turn. Please consider lending a helping hand during this difficult time.

Donate through Development and Peace - Caritas Canada
Donate through CNEWA

Stay up to date by visiting our Social Media

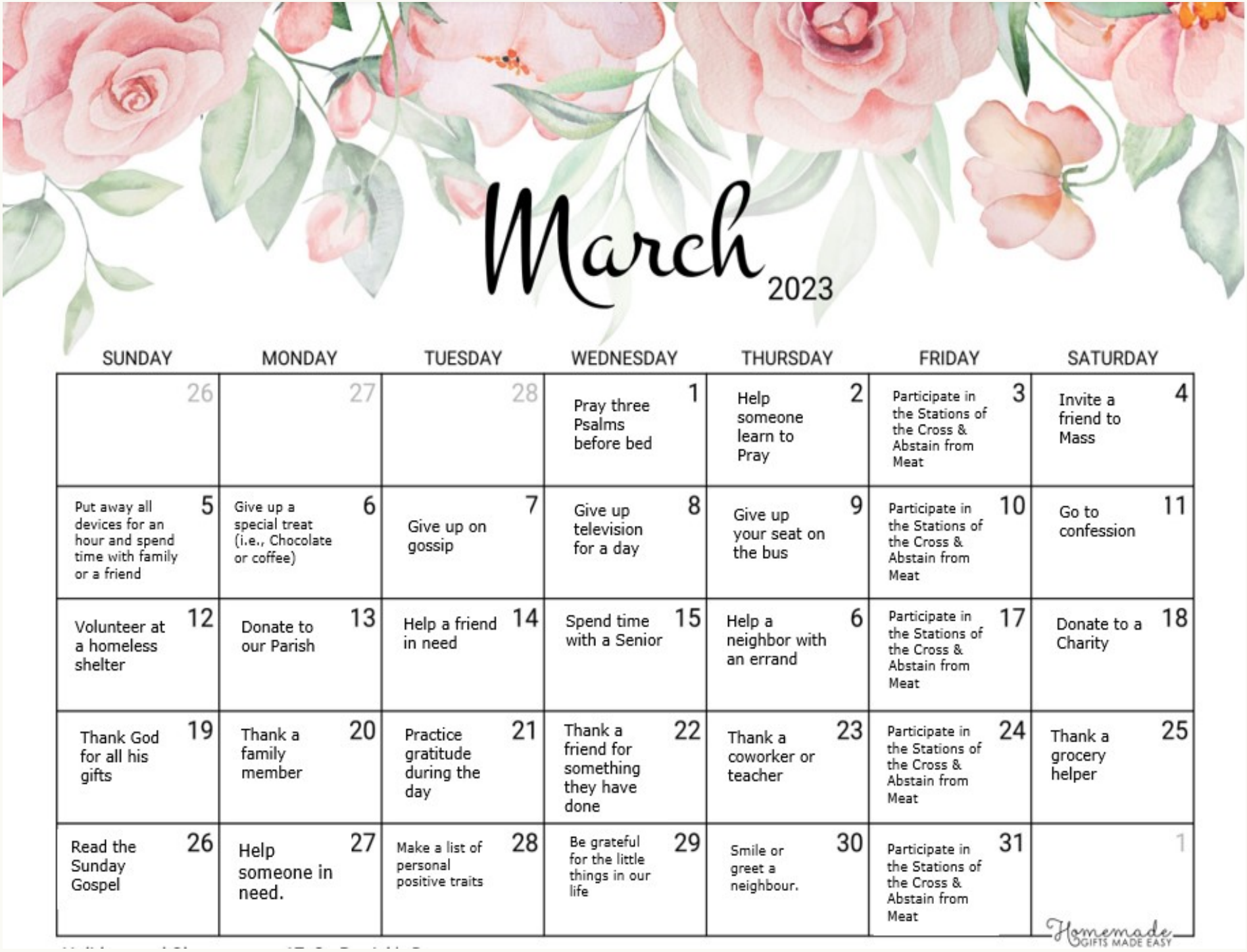
www.facebook.com/ascensionparishcalgary https://twitter.com/RCAscensionYYC https://www.instagram.com/ascensioncatholic/



February 2023

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
29	30	31	1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22 Prepare for the Lenten Season Ash Wednesday	23 As a family or individually give thanks for the gifts you have received	24 Participate in the Stations of the Cross & Abstain from Meat	25 Attend Mass together as a family or individually
26 Say a prayer before dinner	27 Say the Rosary	28 Say a prayer before going to bed.	1	2	3	4

Homemade GIFTS MADE EASY



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
26	27	28	1 Pray three Psalms before bed	2 Help someone learn to Pray	3 Participate in the Stations of the Cross & Abstain from Meat	4 Invite a friend to Mass
5 Put away all devices for an hour and spend time with family or a friend	6 Give up a special treat (i.e., Chocolate or coffee)	7 Give up on gossip	8 Give up television for a day	9 Give up your seat on the bus	10 Participate in the Stations of the Cross & Abstain from Meat	11 Go to confession
12 Volunteer at a homeless shelter	13 Donate to our Parish	14 Help a friend in need	15 Spend time with a Senior	6 Help a neighbor with an errand	17 Participate in the Stations of the Cross & Abstain from Meat	18 Donate to a Charity
19 Thank God for all his gifts	20 Thank a family member	21 Practice gratitude during the day	22 Thank a friend for something they have done	23 Thank a coworker or teacher	24 Participate in the Stations of the Cross & Abstain from Meat	25 Thank a grocery helper
26 Read the Sunday Gospel	27 Help someone in need.	28 Make a list of personal positive traits	29 Be grateful for the little things in our life	30 Smile or greet a neighbour.	31 Participate in the Stations of the Cross & Abstain from Meat	1

Homemade GIFTS MADE EASY

Ash Wednesday

This coming Wednesday is Ash Wednesday, which is the first day of Lent. Lent is a special time in which we prepare to celebrate Jesus' death and resurrection on Good Friday and Easter Sunday.

Lent is a time of repentance. We make sacrifices and try to improve our lives to become more like Jesus. Jesus never sinned but He gave up His life to pay for our sins. That is why we make sacrifices- out of love for God and to make up for our sins. We offer our sacrifices to God the Father, just as Jesus on the cross offered up His life to God the Father.

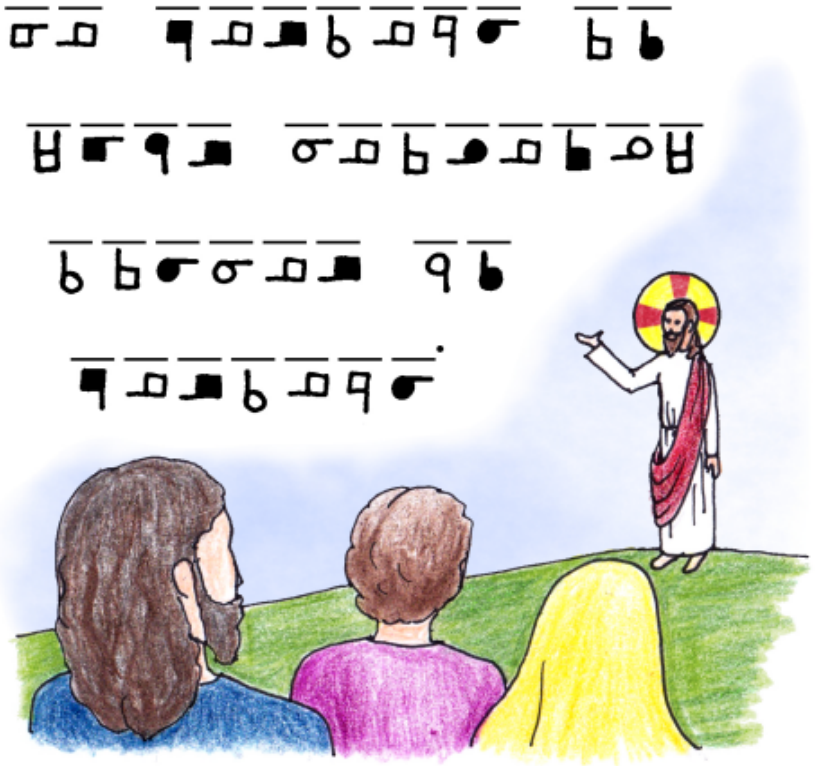
On Ash Wednesday if you go to Mass you can receive ashes on your forehead. The ashes are a sign of repentance. They remind us that without God we are nothing and that someday we will die and be buried. But they can also remind us that if we do have God living in us, after we die we will rise from the dead, just as Jesus did on Easter, after He died on the cross.

Answer to puzzle on front: Be perfect as your Heavenly Father is perfect.
Answers to True or False: 1.false 2.true 3.true 4.false 5.false 6.true 7.true

www.thekidsbulletin.com

The Kids' Bulletin

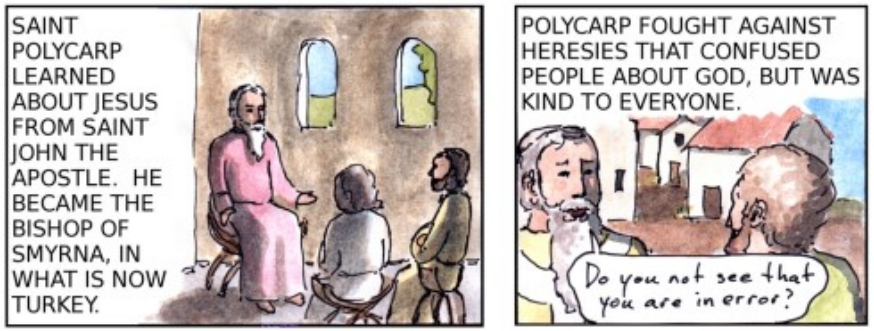
7th Sunday in Ordinary Time
February 19th, 2023



A	B	C	E	F	H	I	L	N	O	P	R	S	T	U	V	Y

What did Jesus tell the people in today's Gospel reading? Use the code to find out!

Saint Polycarp
February 23



SAINT POLYCARP HELD ONTO HIS FAITH EVEN WHEN HE WAS VERY OLD. HE WOULDN'T EVEN GIVE UP ON JESUS WHEN HE WAS FACED WITH TORTURE. MOST OF US WON'T HAVE TO CHOOSE BETWEEN KEEPING OUR FAITH AND GETTING KILLED, BUT WE STILL HAVE TO BE BRAVE TO STAY TRUE TO JESUS IN THE WORLD.

thekidsbulletin@gmail.com

True or False:
What did Jesus say?

How does Jesus tell us we should act toward others? Which of these are true and which are false?

1. When someone hits you on one cheek, you should hit them back. True or False?

2. If someone tries to take your coat, you should give them your tunic as well. True or False?

3. If someone makes you walk a mile with them, you should walk two miles. True or False?

4. If someone asks for something, you shouldn't lend it to them, since they might not give it back. True or False?

5. You should love your friends and hate your enemies. True or False?

6. You should love your enemies and do good to the people who hate you. True or False?

7. You should be perfect as our Heavenly Father is perfect. True or False?