

ASCENSION CATHOLIC PARISH

June 18 - 19, 2022



*Sharing the Spirit
Together in Christ*



MASS TIMES

WEEKDAY MASSES

Monday - Saturday: 9:00am

WEEKEND MASSES

Saturday: 5:00pm & 7:00pm

Sunday: 8:00am; 10:00am;
12:00pm & 4:00pm

PARISH STAFF

Pastor: Fr. Avinash Colaco

Associate: Fr. Naveed Arif

Vicar: Fr. Adrian Martens (Sundays)

Deacon: Patrick Woo

Admin Assist: Jenn Pashula

Sacraments : Linda Hengen

Bookkeeper: Nora Alzamora

Resource: Connie Raz

OFFICE HOURS

Tuesday—Saturday

9:30am - 4:00pm

Closed for Lunch 12 - 1pm

OUR MISSION STATEMENT

Ascension Catholic Parish is a community of disciples of Jesus Christ, the Risen Lord, guided on our journey by the Holy Spirit to further the Kingdom of God, through committed **Worship, Catechesis, Fellowship and Service**

Psalm 110: You are a Priest forever, according to the order of Melchizedek.

MOST HOLY BODY AND BLOOD OF CHRIST

In the Blessed Sacrament, “the memory of His Passion is celebrated.” The Eucharistic Prayer proclaims this truth every time we celebrate Mass: our Lord left us this gift on the night before He died, thus interpreting for us His death as the greatest act of love the world has ever known. In this Sacrifice, made present every day on the Altar, Christ shows us



the full meaning of God’s great acts in the Old Testament. As the sequence for this Sunday’s feast puts it, “Truth the ancient types fulfilling, Isaac bound, a victim willing, Paschal lamb, its lifeblood spilling, manna to the fathers sent.” These signs, all of which manifested God’s love for His people, come to completion in this perfect Sacrifice.

By our participation in this Sacrifice, we are made one. As St. Paul tells us in the second reading for the feast, “The cup of blessing that we bless, is it not a participation in the blood of Christ? The bread that we break, is it not a participation in the body of Christ? Because the loaf of bread is one, we, though many, are one body, for we all partake of the one loaf” (1 Cor 10:16-17). By His passion, commemorated and made present every day in this Sacrament until He returns, Christ heals the wounds of division, making us one in Him. In the Blessed Sacrament “the soul is filled with grace.” This is why the Holy Eucharist is described as the “**source and summit of the Christian life.**”

Fr. Isaac Augustine Morales, O.P.

CONFESSIONS

Tuesday - Saturday:
8:15am - 8:45am

Saturdays: 4:00pm - 4:45pm

Sundays: 7:00am - 7:45am
or by appointment

ANOINTING OF THE SICK

Please call the office at 403.275.2240

When prompted

Press 2 for Pastor

Press 3 for Associate

1100 Berkshire Blvd NW Calgary, AB T3K 3M3

Phone 403.275.2240 | Fax 403.274.3969 | www.ascensionparish.ca

ASCENSION PARISH CWL



The CWL will be selling raffle tickets for a Father's Day gift basket. Tickets will be sold after each Mass on June 18th & 19th. **Tickets are cash only - \$2 for 1; \$5 for 3.**

SAVE THE DATE

Please join us on **Sunday, July 24th after the 4pm Mass** for the farewell get together for Fr. Avi and Fr. Naveed.

CORPUS CHRISTI SUNDAY RESOURCES

[This is what the feast of Corpus Christi all about](#)

[The Real Presence of Jesus in the Eucharist | Keynote video at RE Congress](#)

Watch: [PRESENCE: The Mystery of the Eucharist](#) (Augustine Institute)

CHALICE CANADA AT OUR PARISH

Chalice Canada will be at our Parish on June 25th & 26th after all the Masses



Founded in 1992, Chalice Canada is a Catholic international aid charity focused on child, family, and community development. Chalice aims to help poor people in developing countries by sponsoring families and funding nutrition, urgent needs, disaster relief, and community infrastructure projects.

Join Chalice as we celebrate and find 2,000 sponsors for children in developing countries. Hear an inspiring message from your Priest or Deacon at Mass, and learn how Holy Communion invites us to satisfy the spiritual and physical hungers of others.

SUMMER BULLETINS

There will be no Parish bulletins during July and August. Bulletins will resume in September. Important news will be announced after all weekend Masses and is available on our website. The last bulletin will be on June 25-26.

VOLUNTEERING FOR THE PAPAL VISIT IN JULY

If you are 18 or older and willing to share your time and talents, the organizers are seeking many volunteers for innumerable tasks during the papal visit, from greeting and directing pilgrims, to providing translation services, aiding guests with special needs and performing a variety of other roles. **To register, visit papalvisit.ca**

SACRAMENTS



Our Sacraments for 2022—2023 are now open. To register please go to our website www.ascensionparish.ca.

Reconciliation/First Holy Communion: In the Diocese of Calgary, children receiving the Sacrament of First Holy Communion must first receive the Sacrament of Reconciliation. Therefore, preparation for the Sacraments of Reconciliation and First Holy Communion are combined in the same school year.

Confirmation: Children in grade 6 and up can register for the preparation of the Sacrament of Confirmation if they have been Baptized, have been prepared for Reconciliation and have received First Holy Communion.



Sacraments for Teens: Do you have a teenager that has missed one or more of their Sacraments? *Sacraments for Teens* is designed to prepare them for their missed Sacraments and to come into full communion with the Catholic Church.

Baptism for School Aged Children: In collaboration with our Catholic Schools, we offer Baptism for School Aged Children between the ages of seven and twelve. Classes begin in September.

Baptism for Infants: Baptisms are celebrated Saturday at 10am and Sunday at 2pm. Please call Linda at 403.275.2240 ext 6 or email baptism@ascensionparish.ca to register.



Baptism Preparation Class: Preparation classes take place on the **1st Saturday** of each month at 10am. Baptism celebration will be booked after you attend the class. Please call Linda at 403.275.2240 ext 6 or email baptism@ascensionparish.ca to register.

Marriage: By appointment, 6 months in advance. Please contact the office.

Marriage Preparation: 3rd Saturday of every month. Please contact the office for more information.

Adult Confirmation: For those who are over 18 years old who have been Baptized and received the Sacrament of Holy Communion. Please contact the Parish office for more information.

RCIA: The Rite of Christian Initiation of Adults
For more information contact the Parish office.

A CALL TO SERVICE

MISSIONARY DISCIPLE SPOTLIGHT



Hello. My name is Chris Rappel. I have been a steward at Ascension Parish for more than ten years. I have served and continue to serve in several ministries including as an Usher, Lector, Eucharistic Minister and Sacristan. I have also served as the Usher coordinator and chair of the Liturgy committee. I am a lawyer by profession and as such, I aided with the recent Parish renovation by both serving on ARC and offering my advice and insight, drawing on my background in law. I have been a member of the Knights of Columbus for eight years and served as the Financial Secretary for the past six years. Beginning in July of this year, I will be the new Grand Knight.

I enjoy serving in the various ministries and committees that are such a vital part of our Parish. The experiences are very rewarding. When you join a ministry, serve on a committee, or become a member of the CWL or Knights of Columbus, you will make many new friends. While we are all part of the Catholic community here at Ascension, there is a special camaraderie amongst the volunteers. It is a wonderful feeling to come to the Church and be recognized and welcomed by name. We are doing more than just attending and meeting our obligation, we are part of something more. "For where two or three are gathered together in my name, there am I in the midst of them" (Matthew 18:20). When we gather in service for our Parish, the presence of our Lord Jesus Christ is truly felt amongst us. I am very thankful for the many blessings that the Lord has bestowed upon me that have come from my participation and involvement with the Parish. The friendships I have found will stay with me all my life. I feel a stronger connection and conviction to my faith that has come from my service. My participation and involvement as a Knight supports the many charitable works of the Knights of Columbus felt not only in our local community, but around the globe. I would encourage everyone to consider sharing their gifts and talents by joining one of the many ministries, committees, or lay organizations at Ascension. What you give will truly be returned to you ten-fold.

SERRA CLUB OF CALGARY

Jesus has given us His Body to eat and His Blood to drink so as to nourish us on our journey towards the Kingdom. May we be faithful to Him on our journey as a married, single, ordained or consecrated person.

If God is calling you, to be a Priest, Religious or Deacon, check out www.catholicyc.ca/vocations

WORLD DAY OF PRAYER FOR PRIESTS - JUNE 24TH

Catholics worldwide are urged to pray for Priests today on the World Day of Prayer for Priests. The day was begun by Saint John Paul II in 2002 with the objective of having all Catholic faithful join in prayer for the sanctification of Priests. The World Day of Prayer for Priests coincides with the Feast of the Sacred Heart of Jesus.

CANADA HELPS 20,000 DRAW

Every donation made to our Parish through our website in June 2022 provides the opportunity to win a \$20,000 gift donation directly to our Parish from [Canada Helps.org](http://CanadaHelps.org).

Canada Helps.org will select one of their charities who receive donations in the month of June and make a \$20,000 gift directly to the charity they select.

How to participate – go to our website <https://www.ascensionparish.ca/giving.html> and click on the



Donate Now button, choose General Operations and you will be automatically entered in the Canada Helps.org gift draw that would benefit our Parish if we are selected.

Gifts to the Parish		
Year 2022	Week: 23	
Offerings for the Week:	4-Jun-22	to 10-Jun-22
General Collections	Last Week	Y-T-D
General Collections	\$9,181.51	\$321,528.30
Operating Cost(Actuals)	-\$1,015.95	-\$336,762.25
Over/(Shortfall) YTD Op Cost	\$8,165.56	-\$15,233.95
Central Fund Loan	Last Week	Y-T-D
Building Fund Collections	\$2,680.25	\$205,680.32
2019 Pledges	\$0.00	\$34,024.99
Donor Wall	\$0.00	\$42,500.00
Online Auction	\$0.00	\$18,923.88
Weekly Loan Payment	-\$9,927.46	-\$228,331.62
Over/(Shortfall) YTD Loan Payment	-\$7,247.21	\$72,797.57
Diocesan Annual Campaign:		
Together in Action	Last Week	Y-T-D
Collections	\$110.00	\$29,161.15
2022 Target		\$50,348.00
Remaining towards Goal		\$21,186.85
	Last Week	Y-T-D
Special Collections Received for Diocese	\$0.00	\$17,981.89

MINISTRY CONTACTS

Administrative Assistant: Jenn Pashula | office@ascensionparish.ca

Volunteer Resource: Connie Raz | resource@ascensionparish.ca

SACRAMENTS

Baptism: Linda Hengen | baptism@ascensionparish.ca

Sacramental Preparation: Linda Hengen | sacraments@ascensionparish.ca

Marriage Prep: Ferdie Gayos | marriageprep.ascension@telus.net

RCIA: Rob Kehrig | robkehrig@gmail.com

MINISTRIES

Parish Council: Rodel Cenabre | rodelcenabre@gmail.com

Finance Council: Christina Dao | c_dc_d@hotmail.com

Building Fund: Mark Holland | markholland@shaw.ca

Special Events Fundraising: Holly Davidson | hollyd@telus.net

Ex-ord. Min. of Holy Communion: Nadia Oliverio | nadia.oliverio@shaw.ca

Liturgical Ministries: Nadia Oliverio | nadia.oliverio@shaw.ca

Lectors: Andrew Harich | harich0307@gmail.com

Choirs: DeeDee Hedley | ddhedley@shaw.ca

Sacristans: James Chuah | jameschuah10248@gmail.com

Ushers: Richard Svoboda | ricsvo@shaw.ca

Greeters: Eneyo Eyo | eneyo.eyo@gmail.com

Mass Participation Tracker: Flor De Souza | flordes18@yahoo.ca

Weekday Masses: Connie Raz | connieraz@gmail.com

Ascension Communication Team (ACT) | office@ascensionparish.ca

Pastoral Care: Sharron Robinson | parishprojects@ascensionparish.ca

Youth: | youth@ascensionparish.ca

Sanitizing: Manny Lorica | elorica@shaw.ca

LAY ASSOCIATIONS

Catholic Women's League: Twila Tayfel | cwl.ascension@gmail.com

Knights of Columbus: Phil Fitzgerald | gk10065@kofc.ab.ca

St. Vincent de Paul Society: Davina Janssens | ssvp.ascension@gmail.com

St. Vincent de Paul Society: Hamper Request | 587.755.3855

SYNOD PROCESS

Written by Most Rev. William T. McGrattan, Bishop of Calgary

The synodal journey in the Diocese of Calgary was a process of encounter, listening and discernment. There were many who questioned if undertaking such a journey would bear any fruits personally and communally. Like on the day of Pentecost, the Holy Spirit breathed new life and hope into the weariness that we had been experiencing in these past few years. One parish synod leader described the experience in these words: *"The synod allowed our parishioners to move from a period of isolation to gathering once more and in doing so discovering each other's stories of faith. This was just the beginning of a renewal for our parish and Church in listening to the hurts of the past and to forge forward with hope to grow stronger together."*

To read the full article go to <https://www.catholicyc.ca/blog/growing-in-holiness-as-a-family>

A FATHER'S DAY PRAYER

God, Bless all the fathers in the world. Father, we ask that You guide them to be good role models and loving to their children. We also ask that You help them to be a father like You are. Give them the grace and patience to handle situations in a loving way. Amen

DID YOU KNOW

What does the Bible say about the Sacred Heart of Jesus?

In the Gospels, Jesus' heart is moved with pity for the crowds (see Mt 9:36) and He tells us that **He is gentle and humble of heart** (Mt 11:29). The Sacred Heart of Jesus that began beating in the womb of the Blessed Virgin more than 2,000 years ago still beats today in the glorified humanity of the Risen Christ. We celebrate the Sacred Heart of Jesus on June 24th.

DID YOU KNOW

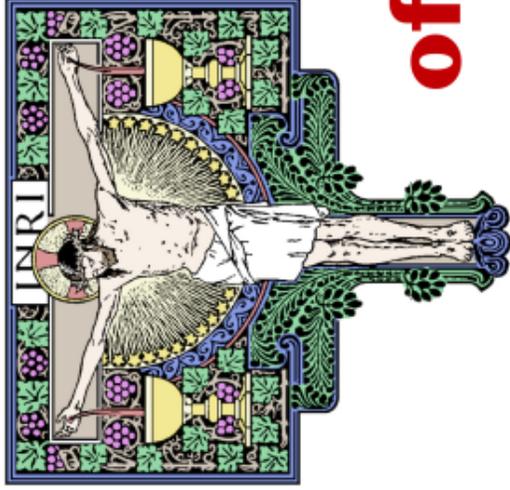
What does the Immaculate Heart of Mary mean?

The Immaculate Heart of Mary signifies, first of all, the great purity and love of the heart of the Blessed Virgin Mary for God. This purity is manifested in her "Yes" to the Father at the Incarnation, Her love for, and cooperation with, the Incarnate Son in His redemptive mission, and her docility to the Holy Spirit, enabling her to remain free of the stain of personal sin throughout her life. Mary's Immaculate Heart, therefore, points us to her profound interior life, where she experienced both joys and sorrows, yet remained faithful, as we, too, are called to do. In 2022, we celebrate the Memorial of the Immaculate Heart of Mary on June 25th.

Stay up to date by visiting our Social Media

www.facebook.com/ascensionparishcalgary <https://twitter.com/RCAscensionYYC> <https://www.instagram.com/ascensioncatholic/>

The Body and Blood of Christ



When Jesus went back to Heaven He didn't want to leave us all alone, so He gave Himself to us in the Holy Eucharist. First He gave Himself to the Apostles at the Last Supper, and today He gives Himself to us in Holy Communion.

Normally when we eat something it gets absorbed into our body. But receiving Jesus in Holy Communion does something different. It makes us more into Jesus' Body! It brings our soul closer to God and closer to all the other people in the Church. That's what "Communion" means.

When we go to Communion in a state of grace we can get so much more grace from God. Our venial (small) sins can be taken away and we can get more strength to do His will. In fact, the time that your prayers are the most powerful is right after you receive Holy Communion, when Jesus is right inside you. He is your closest friend and only wants what is good for you. When you go to Communion remember Who you just received and don't forget to thank Him for coming to you!

Answers to Unscramble Puzzle: top: 3, middle: 5, 1 bottom: 2, 4

www.thekidsbulletin.com

The Kids' Bulletin

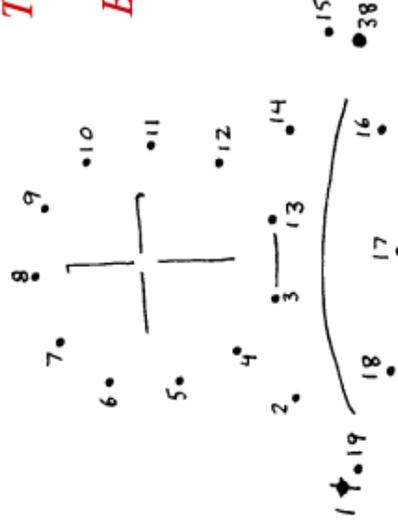
Feast of the Body and Blood of Christ
Sunday June 19th, 2022

Today is the feast day of the Body and Blood of Jesus.

When He died on the cross He offered up His Body and Blood for us.

Jesus also gave us His Body and Blood to eat and drink at the Last Supper.

Connect the dots to see where He comes to us now!



20 • 21 • 36 • 37

• 22 • 35

• 23 34 •

• 24 33 •

• 25 • 32

• 26 31 •

• 27

• 28 • 29

• 30 •

Saint Thomas More

June 22



THOMAS LIVED A VERY PIOUS LIFE AND THOUGHT ABOUT BECOMING A PRIEST.



HE STILL HAD MANY PRIEST FRIENDS, BUT HE BECAME A MEMBER OF PARLIAMENT.



KING HENRY VIII LIKED HIM AND MADE HIM LORD CHANCELLOR.



BUT THOMAS QUIT WHEN THE KING DECIDED TO DIVORCE AND REMARRY AND CLAIM HE WAS HEAD OF THE CHURCH.

BECAUSE HE STOOD UP FOR THE CHURCH'S TEACHING, THOMAS WAS ACCUSED OF TREASON, PUT IN PRISON AND BEHEADED.

SAINT THOMAS MORE WAS A VERY IMPORTANT MAN IN HIS KINGDOM, BUT HE DID NOT APPROVE OF THE KING'S WRONG IDEAS. YOU CAN PRAY TO SAINT THOMAS MORE IF YOU ARE TEMPTED TO AGREE WITH SOMETHING YOU KNOW IS WRONG. BE READY TO SUFFER FOR THE TRUTH LIKE THE MARTYRS DID!

Unscramble the Story: Five Loaves and Two Fishes

How well do you know the story of the multiplication of the loaves and fishes? Put the numbers from 1 to 6 in the boxes in the right order.



When Jesus fed the crowd of five thousand with five loaves and two fish, He was giving an example of how He could feed everyone with His Body and Blood in Holy Communion.