



1ST DEGREE TBC  
MAJOR DEGREE TBC



COUNCIL MEETING  
JULY 15 @ 7:00PM  
STAMPEDE BURGER



BLOOD DONOR  
CLINIC  
JULY 12 PANLDS



STAMPEDE BREAKFAST  
JULY 7 AFTER 9:00AM  
AND 11:00AM MASS

# FAITH IN ACTION



## Knights of Columbus Honour Guard at Feast of Ascension - 1 June 2019

Fr. Avi, Fr. Adrian and Fr. Leo are pictured with the Knights of Columbus Fourth Degree Honour Guard following the Feast of the Ascension celebration Mass. Changes to the Honour Guard uniform take effect on July 1st, 2019. This was one of the final few viewings of the Honour Guard in full regalia. On the following page, Fr. Adrian was Knighted and received the Honours of the Fourth Degree. **Congratulations Fr. Adrian!**

“The week can manifest the Power of God. So when you yell and scream over all your faults and weaknesses and imperfections, you’re fighting against the very tool that God wants to make you holy”  
- Mother Angelica



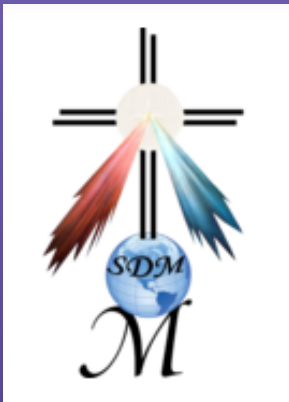
## Upcoming Council Volunteer Opportunities



**July 7 Stampede Breakfast**

**Ascension Parish**

**Cook and Serve 6:00am - 1:00pm**



**Saturday, September 7 @ "The Ranch"**

**Sisters of Divine Mercy**

**Family Outdoor Celebration**


**Food prep and setup 9:00am - 1:00pm**



**September 27 - CWL Spaghetti Supper**

**Ascension Parish**

**Cook and Serve 4:00pm - 9:00pm**



**Grand Knight's Report**

*Class content text*

**Executive Council**

GK.- Br. Phil Fitzgerald  
[gk10065@kofc.ab.ca](mailto:gk10065@kofc.ab.ca)

Dep. GK.- Br. Moses Onmony  
 Chan. - Br. Larry Cox

Fin. Sec. - Br. Chris Rappel  
[fs10065@kofc.ab.ca](mailto:fs10065@kofc.ab.ca)

Treasurer - Br. Larry Molnar

Rec. - Br. Adekunle Sanyaolu

Advocate - Br. Russell Todd

Warden - Br. Bryan Santos

Inside Guard - Br. Trevor Bloski

Out. GE. - Br. Patrick Otakpor

T - 1 Year - Br. David Cooper

T - 2 Year - Vacant

T - 3 Year - Br. Kevin Power

Pr. Dir - Br. Dale Rundell

Faith - Br. Michael Emedo

Family - Br. Emedo Eyo

Community - Br. Patrick Otakpor

Life - Br. Michael Crichton

Chaplain - Father Avinash

Field Agt - Br. Robert Pettigrew  
[robert.pettigrew@kofc.org](mailto:robert.pettigrew@kofc.org)

Email us at  
[kofcascension@gmail.com](mailto:kofcascension@gmail.com)

For council news and parish activities, visit our Knights of Columbus webpage at  
[www.ascensionparish.ca](http://www.ascensionparish.ca)

Brothers,

I would like to thank each of you for your support during this past Columbian Year. I believe we successfully launched the Faith in Action campaign and as a Council, we have discovered several new programs that we will continue to explore. While we did not achieve our membership recruiting goals this year, we did implement a retention strategy to reach out to less active members. Through these efforts we were successful in re-engaging several members back into our Council. Our focus this year needs to be in recruiting new members and to continue to reach out to members who have stepped away for one reason or another.

I am very pleased that the brotherhood and fraternity within the Council continues to be strong. This is a credit to your active participation in our activities and the commitment you make to supporting Ascension Council and your Brother Knights. Thank you!

I also want to invite each of you to reflect on your journey as a member of the Knights of Columbus. Think back to when you took your First Degree and on how many aspects of our Council seemed so new. Well, that is not the case today. You have participated in our activities, attended our meetings, developed in faith and supported our fundraising efforts. There is no one among us who is not ready and capable to dig a little deeper into our Council activities. Perhaps you would like a position on the Executive, maybe you would like to participate in our Retention Committee or even become a little more involved in one of our Council Programs. Ascension Council needs your help and is asking for it. Like most things we do as members of the Knights of Columbus, just a little bit of input leads to a tremendous impact. It is worth it and there is nothing little about the work we do.

Brothers, if you have an idea, let me know. If you would like to help move our Council forward, let me know. The truth is, Ascension Council is not a self-sustaining body, this Council is the sum of its parts and its strength is in membership.

**[kofcascension@gmail.com](mailto:kofcascension@gmail.com)**

### **Links to K of C Publications**

**Columbia Magazine <http://www.kofc.org/en/columbia/index.html>**

**Knightline <https://www.kofc.org/en/members/resources/leadership-communications/knightline.html>**

**Chaplain's Report <https://www.kofc.org/en/members/resources/leadership-communications/chaplain-report.html>**

## Parish News and Events: Br. Mark Holland



The summer is now upon us and the office will be changing to their summer hours of 9:30 AM to 2:00 PM, Monday to Friday, July 2<sup>nd</sup> to August 30<sup>th</sup>. The office will also be closed on the three long weekend Mondays: Canada Day, July 1<sup>st</sup>, Heritage Day, August 5<sup>th</sup> and Labour Day, September 2<sup>nd</sup>. As noted last month, Baptisms for Infants continues to be celebrated on the 2<sup>nd</sup>, 3<sup>rd</sup> & 4<sup>th</sup> Sundays of each month after the 11:00 AM Mass. A Baptism Preparation Class is required and is available on the 1<sup>st</sup> Saturday of each month at 10:00 AM in the Sanctuary. For more information and to register, contact Jenn at 403.275.2240 or email [baptism@ascensionparish.ca](mailto:baptism@ascensionparish.ca).

With our children on summer vacation now, many of you will be heading out on the road for well-deserved vacations. Please be careful if you are driving and have a safe trip and a safe return home. If you can, please try to attend mass while you are away. It can be a fun family experience to find a local church and experience the local Catholic community.



## Notice of Revised July Council Meeting



### Monday, July 15th 2019 @ 7:00pm

Our July council meeting, originally scheduled for July 10 is being rescheduled to Monday July 15th. This meeting will not follow our traditional Council Meeting format. We will hold a casual, executive meeting that will be open to all members of the Council. Topics for discussion include 2019-2020 Council Budget, Programs, and Retention. As a summer Stampede send-off, we will be serving a BBQ hamburger supper at this meeting on July 15th. The cost will be \$5 for a burger, coleslaw and a pop. Confirmation of your attendance would be greatly appreciated to ensure we have enough hamburgers to go around.

**Warning: Hamburgers will have no plant based ingredients. Please let me know if you have a meat allergy.**



**Br. Robert Pettigrew, Field Agent**

**[www.facebook.com/robertpettigrewkofc](http://www.facebook.com/robertpettigrewkofc)**



## **Psalm 91:11**

**11 For he will command his angels concerning you to guard you in all your ways;**

As we prepare for our summer fun this year, I hope all of you will take the time to not only think of how you are going to be doing it, but in the safest way possible.

### **Insurance news:**

- Did you know KofC offers TFSA, RRSP, and non-registered annuities? Our annuities are meant to ensure growth over the lifetime of the account with a minimum guaranteed interest rate. These are long term stable accounts to use in conjunction with other financial instruments. As they say, don't keep all your eggs in one basket.

- Our annuities have the principal guaranteed by KofC and with no administrative fees, this means more of your money is working for you and you will never lose money with a KofC annuity.

### **Fraternal News**

- Formation & Knighthood Degree on Saturday June 15th with registration at 0830hrs at St. Cecilia.

- The Alberta State Organization meeting is from Friday June 21st to June 23 which includes all our DDs and State officers.

- Vivat Jesus!

**HOW CAN YOU BECOME INVOLVED IN YOUR COUNCIL?**

**Attend a Council Meeting.**

**VOLUNTEER to Assist with a Service Program Category.**

**Select a Particular Service Program of Interest.**

**Participate in a Faith in Action Service Program. E) Send an**

**email to [kofcascension@gmail.com](mailto:kofcascension@gmail.com)**



## Holy Relic Strathmore Council #3807

Ascension Council made a \$250 donation to Council \$3807 back in November 2018. In a fraternal gesture, we supported the Strathmore Council who was fundraising in order to acquire a Reliquary in which to display the Holy Relic of the blood of Saint John Paul II. This Reliquary has been purchased and is now on display at Sacred Heart Church in Strathmore. Here are a few pictures of this Holy Relic.





## St. Pius BBQ

Ascension Council supported the St. Pius School family BBQ and play day on June 1st. Thank you to all Knights who assisted with this event.





## Ascension Council Scholarship Winners

Ascension Council supported Notre Dame High School by awarded two Scholarships to two deserving students. Congratulations to Cesare Siviglia who won the Knights of Columbus Trade School Scholarship and to Megan Siry who won the Pride Ministry Award.





## Major Degree Ceremony - 15 June / First Degree - 21 June

Congratulations Br. Samuel Obirize, Br. Randy Churcott, Br. Peter Ogboh, Br. John Esene and Br. Jorge Giglioli who successfully completed their Second and Third Degrees.

Please join me welcoming our Council's newest members, Br. David Cadegan and Br. Christopher Jimenez who completed their First degree on June 21st.



## St. Jerome School BBQ - 25 June

Thank you to the Big Sky BBQ Crew:

Br. Trevor Bloski, Br. John Esene and his son, Br. Larry Cox and his grandson Malcolm, Br. Vincent Pinto, Br. James Dubash, Br. Brian Mai and Br. Leonard MacDonald.





## Ascension Council Supports Vocations

Two years ago, under the initiative of PGK Br. Kevin, Ascension Council sponsored Alissa Going as she embarked on her journey towards her vocation to religious life. Ascension Council recently received a letter from Alissa providing us with an update from Rio de Janeiro. Enjoy!

Hi Kevin! This is Alissa Going. You, together with the Knights of Columbus Ascension Council #10065, supported my vocation to religious life over a year ago by giving a donation that helped to pay off my student loans, so that I could respond to God's call and start formation to be a Catholic Sister.

I am emailing you today to give you an update, and to thank both you and your fellow knights profusely for all of your prayers for me and for your financial support that made beginning this journey possible. I started my formation in the mission home of the Seeds of the Word Community in Rio de Janeiro, Brazil last May, and continue to be formed here until today! I am now just over a month into my 2nd year of formation, and am typing you this email today from our largest mission house in Rio de Janeiro.

Every day my joy at responding to God's call to be a Catholic Sister only grows, and I can't imagine anything else I would rather do than to give my life completely to Him. THANK YOU for helping me give my "YES" to God! If you or any of the other Knights wanted to read more specifically about what life is like for our contemplative and missionary Community, or what our missions involve, you can also visit my blog at <http://followjesustodayblog.wordpress.com>

I am not sure if you are aware, but the Seeds of the Word Community's mission in Calgary has also grown, and they have gone from being only four sisters when we met over a year ago, to now being seven! The three new additions were sent to Canada from various missions around the world, and they also now have a bigger home in Calgary that enables them to host small retreats.

I am praising God for all of these fruits and most of all, for the fruits He has brought forth in my life through the Knights of Columbus, and especially through your council. A thousand thanks would not be enough to demonstrate my gratitude! These days whenever I contact someone, I am also asking those I can if they are willing to become "Missionary Godparents". A Missionary Godparent is someone who adopts a missionary of the Community in prayer, while also helping to support the Community's missions with a monthly donation of \$20 or more. If there are any council members who you believe would be interested in becoming a Missionary Godparent of a Seeds of the Word missionary and supporting the Community's missions, please share this with them! The Community is in great need of more regular supporters for both the mission work and the missionaries. If anyone wants more information/ has questions, you can let me know here or you can also phone Sr. Mary Elizabeth in Calgary at (403) 616-8579.

As always, be assured of my prayers for you and for all of the members of Ascension council and your families. I asked God for something from His Word to share with you all, and I came to Philippians 4:13, which says:

*"I can do all things through him who strengthens me."*

May each of you be strengthened and encouraged today by these words from God's heart to yours, from He who is powerful, who loves His children and who is able to do all things!

United in prayer,

## Alissa Going

*Jesus loves you! Jesus te ama! Jésus t'aime!*

*The Seeds of the Word Community*

Rua Luis Zancheta, No. 48  
Bairro Riachuelo, 20970-120  
Rio de Janeiro, RJ, Brazil  
Phone: +011 55 (21) 98361-0121





## Drive for Thrive Thank You Letter

Thank you to everyone for participating in our 5<sup>th</sup> annual Drive for Thrive golf tournament! We were blessed again with a beautiful day at Silver Springs Golf & Country Club. Special thanks to Dean Ingalls and the rest of the team at Silver Springs for the organization, support, food. And thank you to our many volunteers, as well as to the students and survivors who shared their Thrive Centre experiences with us. Finally, thank you to the incredible Dr. Lauren Capozzi for MC'ing the post-tournament banquet!

With your support, we have raised over **\$23,400** in support of the Thrive Centre! A huge thank you to our incredible sponsors, Peloton Computer Enterprises, Kinsted Wealth, ATB Financial, Céilei's Calgary DT, W. Brett Wilson, Star Building Materials, Knights of Columbus, the ENHANCERS, and Crowfoot Dodge, as well as to our many donors. Another special thank you to Karla Welch for donating so many incredible items to our silent auction!

All money raised from Drive for Thrive goes directly to our cancer and exercise programs, trainings, resource development, and to help us as we build the Alberta Cancer Exercise (ACE) program. We know that with the support exercise as part of standard cancer care, we can not only improve the quality of life of cancer survivors, but also have an economic benefit in both return to work and health care system savings. A healthier cancer survivor will move from surviving to thriving!

Team photos are available for download from Dropbox via the following link:<https://www.dropbox.com/sh/m4hrecjsovb4acg/AAyByFjpqRGYche1-1o6R8Ea?dl=0>  
*Please note this link will expire in 45 days.*

On behalf of the Drive for Thrive Committee, Health and Wellness Team and our Thrive Centre resources – THANK YOU! We truly appreciate all of your support in our efforts. If you have any questions about our programs or the research, please contact us at [wellnesslab@ucalgary.ca](mailto:wellnesslab@ucalgary.ca), or Nicole directly at [nculosre@ucalgary.ca](mailto:nculosre@ucalgary.ca).

Sincerely,

**Health and Wellness Lab Team**





## A Message from your Field Agent

Dear Brother Knights:

The mission of the Knights of Columbus College Council Program is to promote the moral, intellectual and spiritual development of the future leaders of civil society, the Order, and the Church through witness to the Gospel and dedication to the principles of charity, unity, fraternity and patriotism.

Held annually since 1966, the College Councils Conference brings college Knights together from across the country and around the world. Attendees participate in a dynamic program of inspiring speakers, networking opportunities and leadership training.

The 54th annual College Councils Conference, Sept. 27-29, in New Haven, Connecticut will feature:

- Training sessions, panels and main stage presentations discussing council best practices, leadership development, and ways to live as a Catholic gentleman;
- A visit to the Knights of Columbus Museum;
- Holy Mass at St. Mary's Church, the birthplace of the Order; and a great deal more.

If you know a College Council member, I hope you will encourage them to attend this special event.

For more information, and to register, visit: <https://www.kofc.org/en/college/2019/ann-coll-conf.html#/>

Fraternally yours,  
Robert Pettigrew



### **Robert Pettigrew, FIC**

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**EMAIL:**robert.pettigrew@kofc.org

**To view Br. Roberts Insurance Flyer, The Financial Beacon, click on the attachment that was included in the email.**



*Brought to you by Robert Pettigrew, FIC*

# KNIGHTS OF COLUMBUS Financial Beacon

Summer 2019



### **In this issue:**

- ✦ **College Councils Convention**
- ✦ **Understanding long-term care planning**
- ✦ **The connection between longevity and purpose in life**
- ✦ **Creating your own pension with a fixed-rate deferred annuity**