

# Ascension Catholic Parish

*Sharing the Spirit Together in Christ*

1100 Berkshire Boulevard NW, Calgary, AB T3K 3M3 | Phone: 403.275.2240 | Fax: 403.274.3969 | [www.ascensionparish.ca](http://www.ascensionparish.ca)

## Mass Times:

### Weekday Masses:

Monday - Saturday:  
9:00 AM

Tuesday - Friday:  
6:30 PM

Wednesday: *Mother of Perpetual Help Novena at 6:15 PM*

### Weekend Masses:

Saturday: 6:00 PM

Sunday:  
9:00 AM, 11:00 AM  
& 4:00 PM

## Reconciliation:

Tuesday - Saturday:  
8:30 AM - 8:55 AM

Tuesday - Thursday:  
6:00 PM - 6:25 PM

Saturday:  
5:00 PM - 5:45 PM

Sunday:  
8:00 AM - 8:45 AM

By Appointment

## Adoration & Benediction:

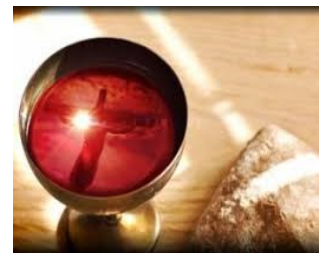
Monday - Friday:  
9:30 AM - 10:00 AM

First Friday:  
9:30 AM - 10:30 AM  
(*Sacred Heart Novena & Benediction*)

## "All ate and were filled"

Do you hunger for God and for the abundant life he offers you through Jesus Christ? Jesus' feeding of the five thousand is the only miracle recorded in all four Gospels. What is the significance of this miracle? The miraculous feeding of such a great multitude pointed to God's provision of *manna* (bread) in the wilderness for the people of Israel under Moses' leadership. When the people complained to Moses that they would die of hunger in the barren wilderness, God told Moses that he would "rain bread from heaven" for them to eat (Exodus 16:4,11-12). The miraculous provision of bread foreshadows the true heavenly bread which Jesus offers his followers who believe in him. Jesus makes a claim only God can make: He is the "bread of life" (John 6:35) and the "true bread of heaven" that sustains us now and for all eternity (John 6:58). Jesus' feeding of the five thousand is a sign of God's generous care and provision for his people. When God gives, he gives abundantly. He gives more than we need for ourselves so that we may have some

thing to share with others, especially those in need. God takes the little we have and multiplies it for the good of others. Do you trust in God's provision for you and do you share freely with others, especially those who lack what they need? When we receive from the Lord's table we unite ourselves to Jesus Christ, who makes us sharers in his body and blood. St. Ignatius of Antioch (35-107 A.D.) calls it the "*one bread that provides the medicine of immortality, the antidote for death, and the food that makes us live for ever in Jesus Christ*" (*Ad Eph. 20,2*). This supernatural food is healing for both body and soul and strength for our journey heavenward. When you approach the Table of the Lord, what do you expect to receive? Healing, pardon, comfort, and rest for your soul? The Lord has much more for us, more than we can ask or imagine. The principal fruit of receiving the Eucharist is an intimate union with Christ. As bodily nourishment restores lost strength, so the Eucharist strengthens us in charity and enables us to



*Luke 9:11-17*

break with disordered attachments to creatures and to be more firmly rooted in the love of Christ. Do you hunger for the "bread of life"?

**Don Schwager**  
[www.dailyscripture.net](http://www.dailyscripture.net)

**Let us Pray:**  
**"Lord Jesus, you nourish and sustain us with your very own presence and life. You are the "Bread of Life" and the "Cup of Salvation". May I always hunger for You and be satisfied in You alone." Amen.**

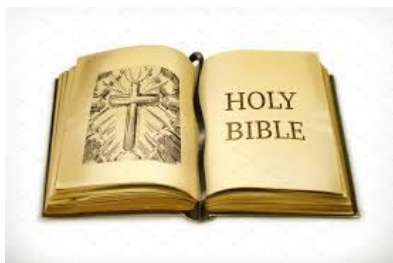


## 36th Annual Nine-Day Novena, Rosary & Mass - June 22-30, 2019

Day 7 (**Friday, June 28**) will be celebrated at our Parish starting with the Novena at 6:30 PM and Mass at 7:00 PM (No 6:30 PM Mass). Please join us for fellowship in the Hall after Mass. For the complete nine-day schedule please see the "News" page of our website.

## Catechesis Corner

(For the week of June 22-28, 2019)



### What is more dangerous than doctrinal relativism?

#### What is more dangerous than doctrinal relativism?

Doctrinal relativism is defined as either holding that certain Christian convictions are not important (such as the belief in the Trinity) or that all Christian convictions are the same as other religions. Doctrinal relativism is an error in the sense that certain religions and ideologies have clear contradictions, and to respect any honest statement of faith by any person would be to recognize that one religion believes something different than a different religion in certain areas.

Pope Francis in Joy of the Gospel has pointed out that there is something worse than doctrinal relativism that effects all Christians working to bring the Gospel to all: “Pastoral work-

ers can thus fall into a relativism which, whatever their particular style of spirituality or way of thinking, proves even more dangerous than doctrinal relativism. It has to do with the deepest and inmost decisions that shape their way of life. This *practical relativism* consists in acting as if God did not exist, making decisions as if the poor did not exist, setting goals as if others did not exist, working as if people who have not received the Gospel did not exist. It is striking that even some who clearly have solid doctrinal and spiritual convictions frequently fall into a lifestyle which leads to an attachment to **financial security**, or to a **desire for power or human glory at all cost**, rather than giving their lives to others in mission,” (80).



The Knights of Columbus would like to invite you to our Stampede Breakfast on Sunday, July 7th. Join us in the main hall after the 9:00 AM and 11:00 AM Masses for pancakes, eggs and sausage. If you would like to support the Knights of Columbus, we will be accepting donations.



Store Cards are available in the narthex every weekend. Your participation helps to support Parish Ministries and the needy. A portion of the proceeds goes towards our Building Fund.

## Funeral Lunch Ministry

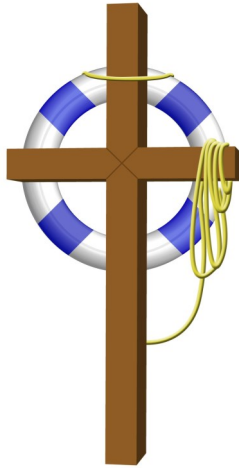
The Funeral Lunch Ministry is in need of volunteers to help prepare the luncheon and Hall for funerals held in our new Sanctuary. Daytime hours are required.

If you have the time and heart to help with the funeral receptions, please contact Irene Woytas at [iwoytas@gmail.com](mailto:iwoytas@gmail.com). Please include your telephone number.

## Mass Intentions

June 22nd - 28th, 2019

Day	Date	Time	Intentions
Saturday	June 22	6:00 PM	Mass for Parishioners
Sunday	June 23	9:00 AM	Clara Mathai (+)
Sunday	June 23	11:00 AM	Eliseo Badillo (+)
Sunday	June 23	4:00 PM	Mass for Parishioners
Monday	June 24	9:00 AM	Paul Le & Nghi Nguyen (+)
Tuesday	June 25	9:00 AM	SI of Alan & Sheila Exley
Tuesday	June 25	6:30 PM	SI of Sandra Baker
Wednesday	June 26	9:00 AM	Pepito & Democrita Buenaventura (+)
Wednesday	June 26	6:30 PM	Dolores & Ireneo Calderon (+)
Thursday	June 27	9:00 PM	Domenicao Vergate (+)
Thursday	June 27	6:30 PM	Jeanette & Ed Simson (+)
Friday	June 28	9:00 AM	Flora Rita French (+)
Friday	June 28	6:30 PM	SI of Andrea Griffin



## Retrouvaille Calgary A Lifeline for Marriages

Next weekend retreat is September 6th to 8th 2019.

Two people are joined together in marriage. Along life's journey, we may lose our way and start to grow apart. Retrouvaille provides a 'road map' to help us find our way again by teaching communication skills and providing the tools to improve our relationships.

Call for help today - 403-879-7893

[coordinator@RetrouvailleCalgary.com](mailto:coordinator@RetrouvailleCalgary.com)  
[www.helpourmarriagecalgary.com](http://www.helpourmarriagecalgary.com)



## Act of Reparation to the Sacred Heart of Jesus

We will celebrate the Solemnity of the Sacred Heart of Jesus at the **9:00 AM Mass on Friday, June 28th**. A plenary indulgence is granted the Christian faithful who publicly recite the "Act of Reparation to the Sacred Heart of Jesus" on this day. The teachers and staff of Notre Dame High School will be joining us for Mass. Please try to wear a white top.

### *Act of Reparation to the Sacred Heart of Jesus*

Most loving Jesus, how great is the love which you have poured out upon the world. How casual and careless is our response! Kneeling before you, we wish to atone for the indifference and the slights which pierce you to the heart.

#### *R. Praise to the heart of Jesus, our Savior and our God*

We ask forgiveness for our own shameful neglect. We wish to make amends for those who are obstinate in their unbelief, for those who turn away from the light and wander like sheep without a shepherd; and for those who have broken their baptismal promises and reject the gentle yoke of your law.

#### *R. Praise to the heart of Jesus, our Savior and our God*

We wish to make amends for the sins of our society: for lust and degradation, for the corruption of the young, for indifference and blasphemy, for attacks against your Church, for irreverence and even sacrilege against your love in this Blessed Sacrament, and for the public defiance of your law.

#### *R. Praise to the heart of Jesus, our Savior and our God*

These are the sins for which you died, but now we share in your atonement by offering on the altar in union with you the living sacrifice you made on the cross, joining to it the sufferings of your Virgin Mother, and those of all the saints and the whole Church.

#### *R. Praise to the heart of Jesus, our Savior and our God*

We promise faithfully that by your grace we shall make reparation for our own sins and for those of others by a strong faith, by holy living, and by obedience to the law of the Gospel, whose greatest commandment is that of charity.

#### *R. Praise to the heart of Jesus, our Savior and our God*

We also promise to do our best to discourage others from insulting you and bring those we can to follow you.

#### *R. Praise to the heart of Jesus, our Savior and our God*

Jesus, Lord, receive this loving act of homage together with the prayers of our Lady, who stood by the cross, our model in reparation. Keep us faithful, even to the point of death, give us the gift of perseverance and lead us all to our promised land in heaven, where you, with the Father and the Holy Spirit, live and reign for ever and ever. Amen

#### *R. Praise to the heart of Jesus, our Savior and our God*

## Finance Report - at a glance...

Gifts to the Parish	June 2019	
	Week	24
Offerings for the Week:	11-June-19	17-June-19
	Last Week	YTD
<b>General Collections:</b>		
Collections	15,739	278,206
Operating Cost	14,300	343,200
Over / (Shortfall) YTD Operating Cost	1,439	(64,994)
<b>Central Fund Loan (Mortgage):</b>		
Building Fund Collections	12,983	257,739
2019 Pledges	8,253	42,165
Weekly Loan Payment	12,400	275,550
Over / (Shortfall) YTD Loan Payment	8,836	24,354
<b>Diocesan Annual Campaign:</b>		
Together In Action		
2019 Collections	655	23,613
2019 Target		57,093
Remaining towards 2019 Goal		33,480
<b>Collections in our Diocese:</b>		
Holy Childhood	229	5,531

## Parish Staff

- Pastor: **Fr. Avinash Colaco**
- Associates:  
**Fr. Rodel Abanto**  
**Fr. Adrian Martens**
- Secretary: **Nancy Mitchell**
- Receptionist: **Angelina Ling**
- Sacraments: **Monica Purnama**
- Baptisms: **Jenn Pashula**
- Youth: **Vicki Hayles**
- Bookkeeper: **Nora Alzamora Torres**
- Custodian: **Jose Gil**
- Evening Staff: **David Cadegan**
- Resource Coordinator: **Sharron Robinson (Volunteer Position)**
- Office Assist (**Volunteer Position**)

## Office Hours

Monday to Friday: 9:30 AM - 4:30 PM

Lunch: 12:30 PM - 1:00 PM

## Sacraments

**Baptism for Infants:** Baptisms are celebrated on the **2nd, 3rd & 4th Sundays** of each month after the 11:00 AM Mass at 12:30 PM. Please call Jenn at 403.275.2240 or email [baptism@ascensionparish.ca](mailto:baptism@ascensionparish.ca) to register.

**Baptism Preparation Class:** Preparation classes take place on the **1st Saturday** of each month at 10:00 AM in the Sanctuary. Parents are to attend the class at least 3 weeks prior to the Baptism Celebration. Please call Jenn at 403.275.2240 or email [baptism@ascensionparish.ca](mailto:baptism@ascensionparish.ca) to register.

**First Holy Communion (Gr. 2 & up):** Registration is closed. Please register your child in September, 2019.

**First Reconciliation (Gr. 2 & up):** Registration is closed. Please register your child in September, 2019.

**Confirmation (Gr. 6 & up):** Registration is closed. Please register your child in November, 2019.

**Marriage:** By appointment, 6 months in advance. Call the office.

**Marriage Preparation Class: 3rd Saturday of each month** (some exceptions apply). Registration fee is \$100 per couple and includes course materials, snacks and lunch. To register please email Ferdie: [marriageprepatascension@gmail.com](mailto:marriageprepatascension@gmail.com)

### RCIA: The Rite of Christian Initiation of Adults

For more information contact the Church office.

**RCIA SPONSORS:** We are seeking sponsors to assist RCIA catechumens as they become familiar with the Christian way of life. Contact Rob at [robkehrig@gmail.com](mailto:robkehrig@gmail.com) for information.

**Anointing of the Sick & Dying: Call the Parish office at 403.275.2240**

Outside of the office hours, please call 403.275.2240.

When prompted, press 2 for Fr. Avinash, press 3 for Fr. Rodel, press 4 for Fr. Adrian (Thursdays & Fridays).

Please leave a detailed message. The priest will return your call.

## Ministry Contacts

### Sacraments

Baptism Preparation: Jenn Pashula | [baptism@ascensionparish.ca](mailto:baptism@ascensionparish.ca)  
 Marriage Preparation: Ferdie Gayos | [marriageprepatascension@gmail.com](mailto:marriageprepatascension@gmail.com)  
 RCIA: Rob Kehrig | [robkehrig@gmail.com](mailto:robkehrig@gmail.com)  
 Sacramental Preparation: Monica Purnama | [sacraments@ascensionparish.ca](mailto:sacraments@ascensionparish.ca)

### Parish Ministries

Ascension Renovations Committee: John Arbeau | [jarbeau@telus.net](mailto:jarbeau@telus.net)  
 Capital Campaign: Mark Holland | [markholland@shaw.ca](mailto:markholland@shaw.ca)  
 Collection Counters: DeeDee Hedley | [ddhedley@shaw.ca](mailto:ddhedley@shaw.ca)  
 Finance Council: Christina Dao | [c\\_dc\\_d@hotmail.com](mailto:c_dc_d@hotmail.com)  
 Funeral Mass Coordinator: Jocelyn Mugleston | [gimug@shaw.ca](mailto:gimug@shaw.ca)  
 Funeral Lunch Committee: Irene Woytas | [office@ascensionparish.ca](mailto:office@ascensionparish.ca)  
 Kitchen Ministry Coordinator: Twila Tayfel | [mtayfel@yahoo.com](mailto:mtayfel@yahoo.com)  
 Parish Pastoral Council: Sandra Will-Krile | [samandrafo@shaw.ca](mailto:samandrafo@shaw.ca)  
 Pastoral Care: Virginia Rappel | [virginia.rappel@gmail.com](mailto:virginia.rappel@gmail.com)  
 R.S.V.P.: Lucy Reyes | [lucy.reyes@me.com](mailto:lucy.reyes@me.com)  
 Youth Ministry: Vicki Hayles | [youth@ascensionparish.ca](mailto:youth@ascensionparish.ca)  
 Volunteer Resource: Sharron Robinson | [resource@ascensionparish.ca](mailto:resource@ascensionparish.ca)

### Liturgy

Altar Servers: Jehan Esguerra & Brooklyn Kerner | [server@ascensionparish.ca](mailto:server@ascensionparish.ca)  
 Art & Environment: Maria San Miguel | [let@shaw.ca](mailto:let@shaw.ca)  
 Ex-ord. Ministers of Holy Communion: Nadia Oliverio | [nadia.oliverio@shaw.ca](mailto:nadia.oliverio@shaw.ca)  
 Greeters: Eneyo Eyo | [eneyo\\_eyo@yahoo.com](mailto:eneyo_eyo@yahoo.com)  
 Lectors: Andrew Harich | [harich0307@gmail.com](mailto:harich0307@gmail.com)  
 Liturgy Committee: Holly Davidson | [hollyd@telus.net](mailto:hollyd@telus.net)  
 Liturgical Mentor: Casey Plettell | [ckc13@hotmail.ca](mailto:ckc13@hotmail.ca)  
 Music Ministry: Gwen Raymundo | [gwen.raymundo@gmail.com](mailto:gwen.raymundo@gmail.com)  
 Sacristans: Holly Davidson | [hollyd@telus.net](mailto:hollyd@telus.net)  
 Sacristy Care: James Chuah | [jameschuah10248@gmail.com](mailto:jameschuah10248@gmail.com)  
 Ushers: Jonathan Dixon | [jonathandixon1@mac.com](mailto:jonathandixon1@mac.com)  
 Weekday Masses: Connie Raz | [connieraz@gmail.com](mailto:connieraz@gmail.com)

### Lay Ministries

Bible Study: Murray Britt | [britmur127@gmail.com](mailto:britmur127@gmail.com)  
 Catholic Women's League: Sheena Koett | [cwl.ascension@gmail.com](mailto:cwl.ascension@gmail.com)  
 Knights of Columbus: Phil Fitzgerald | [gk10065@kofc.ab.ca](mailto:gk10065@kofc.ab.ca)  
 Legion of Mary: Garry Bahen | [gbahen03@shaw.ca](mailto:gbahen03@shaw.ca)  
 Prayer Warriors: Mary Keizer | [mary.c.keizer999@gmail.com](mailto:mary.c.keizer999@gmail.com)  
 St. Vincent de Paul Society: Hamper Request | 587.755.3855  
 St. Vincent de Paul Society: Davina Janssens | [davinamj@telus.net](mailto:davinamj@telus.net)